

Preview Of Adult Programs At JCC

The Adult Program Committee of the JCC is planning an exciting line-up of fall classes. The physical education and dance department will again offer tennis to both beginners and intermediate players and is pleased to announce the return of Cathy Gleaves as tennis instructor. For those interested in yoga, Millie Fuerstman will be teaching an intermediate yoga class and will introduce a beginners class. A women's exercise class is being formed for both daytime and nighttime students and further details will be announced in the next issue of this newspaper. For the first time at the JCC, men will be given an opportunity to take part in an exercise-conditioning class. A Sunday morning exercise program, for "men only," will be taught by Moshe Straz and will be geared to toning and conditioning the body.

The JCC is delighted to announce that the New Reflections Dance Theater will be offering three types of programs for our adult members. Please see the accompanying article for further details of this exciting program. Disco, taught by Ann Colvin, will again be offered in the fall.

Our fine arts program will include painting classes taught by Beverly Howard, a return of Dean Butchkovitz and life drawing and a new class in batik.

The JCC and B'nai B'rith Women will sponsor the Alive Series with a new Alive class to be held on Thursday evenings.

The ever popular bridge classes will continue with the addition of one daytime bridge class. Cake-decorating will be back, both daytime and nighttime, and Yours Truly Needlepoint will again be held every Tuesday at the home of Lynn Lerner.

An exciting new class sponsored by the JCC and HaLailah Chapter B'nai B'rith Women entitled Make-Over Magic will be taught by local cosmetologist Bill Duane and will emphasize make-up, skin care, hair care and dressing on a budget.

In response to the overwhelming enthusiasm of those who participated in the Yiddish Institute, the JCC is offering Yiddish classes for beginners and those sophisticated in the language.

The JCC is planning a stimulating and thought-provoking adult lecture series with professors from UNCC leading the discussions. For those who took part in Great Decisions '79, this will be another opportunity for participating in an intellectually stimulating series of current concerns. Watch for further details.

Woman's View, a brand new concept in programming for women, will be offered as a series of six one-day programs throughout the year. This series will focus on issues of particular concern to women and will explore the role of women in literature, art and music.

Another innovative class sponsored by the JCC will be Chef's Delight, a cooking demonstration by six chefs of the most famous restaurants in Charlotte. How often have you wanted to know the secrets of your favorite chef? Now you'll have the chance to see and taste great recipes from Charlotte's outstanding restaurants.

Remember: All adult classes will begin the week of October 8th. A complete schedule will appear in the September issue of the Charlotte Jewish News.

New Reflections To Teach At "J"

The JCC is proud to announce that the New Reflections Dance Theater School will be offering children and adult classes this year at the "J". The New Reflections Dance Theater, which has been in existence for six years, was developed to offer Charlotte a school of contemporary dance with an emphasis on dance as an art form. This highly regarded professional modern dance company has its home at Spirit Square. For the first time it has decided to offer its outstanding classes at other locations. The JCC is proud to have been chosen as one of these few select locations.

Adult classes in modern dance fundamentals are an important part of the program providing other members of the community with the opportunity of sharing part of the dance experience. These classes are conducted under the experienced guidance of local and well-known dance artists. Teachers for the classes are performing members of the New Reflections Dance Theater. There will be three types of adult classes given at the "J"; **Fundamentals in Modern Dance** will focus on fundamental movement concepts and body exploration to help the student develop an understanding of his own body. **Easy Moving** will be a combination dance and exercise class designed to help students keep in touch with their bodies through movement. **A Massage Class** will be offered which will teach basic body massage, including 200 different strokes. This will be limited to partners only and will be taught in an atmosphere of privacy. It will be offered one night a week.

The JCC is proud to offer this high level of professionalism as part of its adult programming and looks forward to bringing you many exciting programs throughout the year.

Look for the September issue of the Charlotte Jewish News for exact dates and times.

Make-Up Class Offered At JCC

Are you wearing make-up from the 60's? Do you need help "putting yourself together"? The Jewish Community Center and HaLailah Chapter B'nai B'rith Women are pleased to present an exciting new course called "Make-Over Magic". This class will meet on four Wednesday evenings and will concentrate on make-up, skin-care, hair care and dressing on a budget. Bill Duane, local cosmetologist at Chere' Amie Beauty Salon, will be teaching this series of classes. In addition to being a make-up artist, Bill sews and designs most of his own clothes. He lectures on make-up application and coordinates fashion shows. And, on the weekends Bill can be heard on Radio WPEG "Disco 98" hosting "Charlotte After Dark". We are indeed fortunate to have such a talented and enthusiastic instructor for this unique series. Plan this fall to reserve some time for "Make-Over Magic". You are worth it!

Adult classes will begin the week of October 8th. Please check the September issue of the Charlotte Jewish News for exact scheduling.

"A pretty face is half a dowry"
—Sholom Aleichem

"The mould of the heart is shown in the face"
—Zohar

Bridge

(Continued from Page 1)

full set of cards marked in braille for the use of the sight handicapped people in the Metrolina area. The regular game and a special novice game made up 13 tables of bridge which provided enjoyment, challenging bridge and camaraderie from 1 p.m. until 4 p.m. for the 8 legally blind players as well as the others.

One of the players who is legally blind, **Elias Bernard Johnson**, will celebrate his 93rd birthday in August. Born in Trinidad, Mr. Johnson later moved to New York City and Daytona Beach, Fla. He arrived in Charlotte in 1933 and was employed by Mrs. James W. Cannon for 14 years, after which he was engaged in the area of sales. He and his wife, Clyde, love Charlotte. Mr. Johnson said, "I came to Charlotte to spend one week, and stayed. I'm very happy here." He has been playing bridge for 43 years and loves it. The gift of the braille cards means a great deal to Mr. Johnson and so many others.

The person responsible for the bridge games at the JCC is **Abe Bober**. Mr. Johnson and the other players all thank Abe. The games have been an on-going activity at the JCC for the past 3 to 4 years. The program was begun by the late Irving Richek. After Irving's death Abe Bober took over and began the practice of the double session charity games and included the participation of the blind. Abe Bober is indeed a very caring and dedicated individual.

NETWORKING:

"Holocaust," the superb 9½-hour NBC mini-series about the systematic murder of millions of Jews and other "enemies" by Nazi Germany, has been scheduled for a rerun across four straight nights starting Monday, Sept. 10.

Academy Camping Trip Mixes Fun & Learning

by Rabbi Sanford Tucker, Academy Director

As exciting as our camping trip to Old Salem sounded on paper, in reality it exceeded our expectations. Weeks of preparation before the May 21-22 trip, including staff meetings and in-class activities, laid the foundations. Tents and equipment had to be gathered, schedules prepared and responsibilities for each child and adult assigned. A bus was chartered to take us to our campsite at Tanglewood Park, near Clemmons.

The great day of departure dawned. It had been raining all night. Also, one of our teachers, an experienced camper who had been involved in all the planning, was sick and was unable to go with us. We weighed the alternatives — and weather reports — and decided not to disappoint the children or the adults. We went.

The decision proved to be correct. The rain did not follow us that first day and it only drizzled slightly on the second day, after we had cooked a breakfast of french toast, and folded our tents.

There were two tours at Old Salem, each two hours, one for the older and the other for the younger children; tour guides were excellent. Even our kindergartners were interested for the length of the tour.

The second day of the trip we visited the deer park at Tanglewood, then went into

Winston to the Reynolds Estate to tour the magnificent greenhouses and gardens. While there we also made a stop at the Museum of Man directed by Wake Forest University. An exciting young woman spoke to all the Academy children about Indian artifacts, passing tools among the children to handle and inspect. It was a lively museum visit.

Throughout the trip, there was a wonderful feeling of interdependence among all the children and the adults. All the children worked together, helping each other cook and set up tents and clean up. This provided security which everyone felt. No one fussed about sleeping outside in tents without their parents nearby. After all, their friends were sleeping with them. And there were adults — teams of parents and teachers — sitting a few feet away around a campfire all night long.

We achieved our goals for the trip, chief among them providing an opportunity for growth in independence, self-reliance and personal initiative. Further, we wanted to promote a sense of belonging to a group and responsibility to it. Coupled with these goals, we also sought to reinforce our social studies learning through the visit to Old Salem.

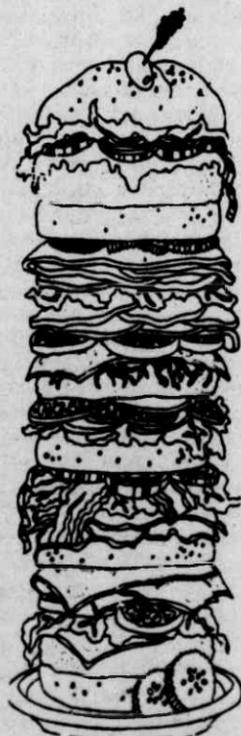
We look forward to a similar but more extensive experience next year.

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