

ASS SCHEDULE

COURSE	TIME	FEE	INSTRUCTOR	COURSE DESCRIPTION
FUNDAMENTALS OF MODERN DANCE 10 Sessions, Begins Oct. 10th	10:45-11:45 a.m.	\$25/M \$35/NM	New Reflections Staff	Focus on fundamental movement concepts using improvisational techniques. (No previous training necessary)
CALLIGRAPHY 8 Sessions, Begins Oct. 10th	7:00-8:30 p.m.	\$12/M \$18/NM	Judy Klein	Learn the graceful styles of calligraphic lettering. Call JCC for materials needed.
EXPLORATIONS WITH PINHOLE PHOTOGRAPHY 8 Sessions, Begins Oct. 10th	7:00-8:30 p.m.	\$12/M \$18/NM	Fred Fiss	Pursues creative & technical aspects of photography. For the novice or professional. Camera will be constructed by student. Minimal material fee.
INTERMEDIATE BRIDGE 8 Sessions, Begins Oct. 10th	7:30-9:30 p.m.	\$16/M \$24/NM	Jean Oliver	Course for people who have played bridge. Course will use SILVERMAN'S FIVE CARD MAJOR, INTERMEDIATE as the text. Available at the JCC for \$1.75.
CO-ED CONDITIONING 8 Sessions, Begins Oct. 10th	7:30-8:30 p.m.	\$8/M \$12/NM	Moshe Straz	1st time offered at the JCC. Work together to promote good physical condition while losing inches.
MAKE-OVER MAGIC 4 Sessions, Begins Oct. 10th Co-sponsored by Charlotte B'nai B'rith Women	8:00-9:30 p.m.	\$6/M \$9/NM	Bill Duane	Emphasis will be on make-up, skin care, hair care & dressing on a budget.
DISCUSSION SERIES: POLITICAL ISSUES TODAY 4 Sessions - Nov. 7th & 14th, Dec. 5th & 12th	8:00-10:00 p.m.	\$8/M \$12/NM	UNCC Professors	Discussion of the most pressing political issues of the day: Inflation, Energy, Salt II, Political Leadership. The issues for the 1980 election. Presentations by experts in each field & followed by questions & answers. Moderated by Heinz Jaffe & will not conflict with Wednesday's Symphony series.
THURSDAY				
BEGINNING CAKE DECORATING 8 Sessions, Begins Sept. 13th	9:00-11:30 a.m.	\$13.50/M \$20/NM	Maxine Van Diver	Learn the art of cake-decorating taught by a professional. Create beautiful flowers, borders & designs. Own supplies necessary.
WOMEN'S EXERCISE 8 Sessions, Begins Oct. 11th	9:30-10:30 a.m.	\$8/M \$12/NM	Betsy Bonomo	Designed to reduce body inches & promote overall physical condition thru regular program of fitness exercises.
INTERMEDIATE BRIDGE 8 Sessions, Begins Oct. 11th	9:30-11:30 a.m.	\$16/M \$24/NM	Caroline Stone	For people who have played bridge. Will use SILVERMAN'S FIVE CARD MAJOR, INTERMEDIATE as the text. Available at the JCC for \$1.75.
ALIVE II Begins Sept. 20th Co-sponsored by Ha Lailah, B'nai B'rith Women	9:30-11:30 a.m.	\$80/Year	UNCC - College of Human Development & Learning	Continuation & expansion of last year's Alive I class. For information call: Sally Winokuer - 366-5707.
THE MIDDLE YEARS: GETTING IT ALL TOGETHER 3 Sessions, Begins Oct. 11th	9:30-11:00 a.m.	\$8/M \$12/NM	Mary Williams	Middle years: when more options are open & yet it often seems difficult to see them. Workshop to focus on ways to redirect one's life more effectively for one's self & one's family.
USING ONE'S PERSONAL POWER 3 Sessions, Nov. 1, 8, 15	10:00-11:30 a.m.	\$8/M \$12/NM	Mary Williams	A look at the power we have to change our lives & the ways we choose to use this power to reveal ourselves to others.
CALLIGRAPHY 8 Sessions, Begins Oct. 11th	10:00-11:30 a.m.	\$12/M \$18/NM	Judy Klein	Learn the graceful styles of calligraphic lettering. Call the JCC for materials needed.
PAINTING 8 Sessions, Begins Oct. 11th	1:30-3:00 p.m.	\$12/M \$18/NM	Beverly Howard	Painting in oils & acrylics. It consists of individual projects as well as classroom techniques.
BEGINNER'S CAKE DECORATING 8 Sessions, Begins Sept. 13th	7:00-9:30 p.m.	\$13.50/M \$20/NM	Maxine Van Diver	Learn the art of cake-decorating taught by a professional. Create beautiful flowers, borders & designs. Own supplies necessary.
BEGINNING MODERN DANCE 10 Sessions, Begins Oct. 11th	7:30-8:30 p.m.	\$25/M \$35/NM	New Reflections Staff	Focus on dance as an art form with specific warm-ups. Special attention will be paid to movement qualities & improvisations on an individual basis. (One year previous training)
ALIVE I Begins Sept. 20th Co-sponsored by Charlotte B'nai B'rith Women	7:30-9:30 p.m.	\$80/Year	UNCC - College of Human Development & Learning	An introductory seminar dealing with personal & interpersonal topics. For information call: Loretta Bodner - 525-6807.
DEEP-MUSCLE THERAPY 6 Sessions, Begins Oct. 11th	7:30-9:00 p.m.	\$25/M \$35/NM	New Reflections Staff	This systematic massage concept is designed for the total body orientated toward muscle-relaxation, body-awareness & stimulation of blood circulation. Bring your own partner, 3 towels & body oil.
INTERIOR DESIGN 8 Sessions, Begins Oct. 11th	7:30-9:00 p.m.	\$12/M \$18/NM	Betty Coyne	Total coverage of design concepts for home & office.
YIDDISH 8 Sessions, Begins Oct. 11th	8:00-9:00 p.m.	\$8/M \$12/NM	Abe Luski	Rediscover the joys of the Yiddish language.
FRIDAY				
MAH JONGG 8 Sessions, Begins Oct. 12th	10:00-11:00 a.m.	\$8/M \$12/NM	Sharon Katz	Learn the basic rules & how to play the standard hands from the National Mah Jongg League. 1979-80 card (available at JCC for \$1.50).
LIFE-DRAWING 8 Sessions, Begins Oct. 12th	10 a.m.-12 p.m.	\$25/M \$37.50/NM	Dean Butckovitz	Instruction in figure drawing from live models. Bring large newsprint pads & sanguine conte crayons.
EASY MOVING 10 Sessions, Begins Oct. 12th	10:45-11:45 a.m.	\$25/M \$35/NM	New Reflections Staff	A unique approach to exercise using elements of dance to stimulate awareness of body movement & to maintain a flexible body.

REGISTRATION FORM

NAME	ACTIVITY	FEE	DAY OF WEEK	TIME
_____	_____	_____	_____	_____
ADDRESS _____	_____	_____	_____	_____
TEL. NO. _____	_____	_____	_____	_____
MEMBER/NON-MEMBER _____	_____	_____	_____	_____