

JCC Adult Courses

The Adult Program committee is pleased to announce a Spring program bursting with energy and new ideas.

For the health and figure conscious adult, the very latest exercise is being offered. **Racquetball** for both men and women will be held at the Sports Illustrated Racquet Club with lessons and round robin tournaments featured. For **Yoga** enthusiasts, Millie Fuerstman will return in March to continue her **Intermediate Yoga** class. **Disco Roller Skating**, including lessons and skate rental, is being offered at bargain rates and will be held at Kate's Skating Rink. **Tennis** lessons, both beginning and intermediate, will begin in March and **New Reflections** returns with their unique form of dance-exercise known as **Easy Moving**. Ann Colvin will again offer **Disco** lessons for both beginners and intermediate advanced. And for those interested in muscle relaxation and body awareness, **New Reflections** will offer **Body Massage** - but please bring your own partner!

Other new classes at the JCC this Spring semester include **Dough Re Me**, breadmaking made easy, taught by Mildred Siderman. Mildred started baking bread in 1952 in the Catskill Mountains and has been doing it ever since. Her class will feature the making of Old Country breads, sour doughs and specialties and sweet breads and quiche breads. Don't miss this mouth-watering 3-session class.

Another new class is **Kitchen Wizardry** taught by Paula Welch of the Pot Roast. Paula will demonstrate the versatility of the food processor, microwave oven and wok. Everyone will have a chance to prepare part of a meal and recipes will be provided. The JCC is fortunate to have Paula coming to the "J". Not only is it a gas saver for members of the "J", but Paula comes with a professional background and has taught in Chapel Hill and Greensboro, as well as Charlotte.

For the traveler the JCC is offering **Speak-Easy-Spanish**. It is a conversational approach designed to help the traveler feel more comfortable in a Spanish-speaking country. Yvonne Beato, the instructor, has just returned to Charlotte after living 15 years in Spain. This course will be offered twice a week in order to provide continuity for the program.

For the investor, Steve Kane will teach a 3-session course entitled **INVESTING: DOLLARS AND SENSE IN THE 80's**. Steve, a stockbroker with Wheat First Securities, works with both individuals and corporations and is interested in combating the myth that to invest in the market means losing one's money. He will respond to the needs and interests of the class and will dis-

cuss how high interest rates can work for the individual investor.

The JCC will again offer **Calligraphy** and **Batik**, both taught by Judy Klein. Dean Butckovitz will teach **Life-Drawing** and Beverly Howard will teach **Painting** (thru CPCC).

Ceramics will be taught by Cathy Siderman and will give the adults an opportunity to be creative with clay and to experience the use of the kick wheel.

Beginning and Intermediate Bridge classes will return with Jean Oliver. Abe Luski will also return with **Yiddish** and Eddie Leighton will teach **CPR** in the Spring.

UNCC will again sponsor **Great Decisions**, a nationwide foreign policy lecture discussion series at the JCC.

For registration or more information concerning any of these classes, please call Bobbi Bernstein at the JCC, 366-0357.

A Gala Affair

Over 100 ushered in the New Year at Temple Beth El with exuberance. The party hosted by the newly reorganized Men's Club was alive with the sound of music from Murray Rosen's band. Allen Gordon served as M.C. during the presentation of the lovely door prizes which ranged from small kitchen appliances to luggage.

The many chefs plied their culinary skills to such an extent that everyone was asking for the recipes for the delicious hot and cold hors d'oeuvres and the various dips served all evening. At midnight a sumptuous buffet was served; this including whole turkeys carved by chef Bob Prior. The tables looked especially attractive and a special touch was the colorful printed handmade napkins created by Estelle Rosen.

At midnight the fellowship hall rang out with the sounds of the noisemakers and the toasting with champagne. All who attended could not go home without expressing their feeling that this should be an annual affair and are looking forward to getting together next year.

All the men and women who gave so much of their time for this special occasion are to be complimented on an elegant evening. For those who could not join the celebration we recommend that you get your reservations in early for next New Year's eve; it promises to be a sell-out!

AMSTERDAM (JTA) - Israel's Ambassador to Holland, Eytan Ronn, presented 95 Yad Vashem Awards to Dutch individuals and couples who saved Jewish lives during the Nazi occupation in World War II.

Academy Notes

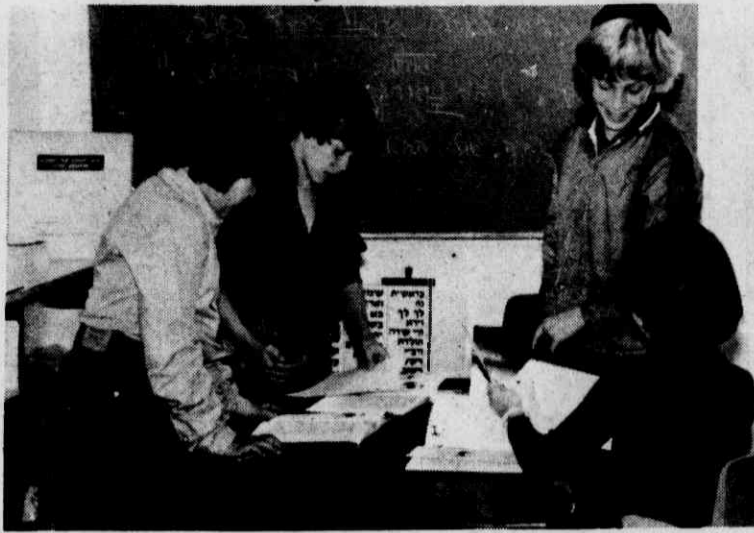


photo by Mike Shapiro

The Hebrew Academy is pleased to announce the addition of a new staff member. **Sharon Apfel** comes to the school with an abundance of teaching experience and will be assisting Ruth Goldberg in the K-1 group.

A color T.V. has been donated to the school by **Doris and Barry Bernstein**. This is a most welcomed and needed gift.

Rabbi Sanford Tucker, director of the Academy, has planned an excellent opportunity for parents and children to get together to talk and learn more about each other. This will be done through a series of **Values Seminars**, and will include students in grades 2-5 at the Academy, depending on the subject matter. The series is part of the Judaica studies program, currently concentrating on the Torah and Talmud. The first of the Seminars was held in December for grades 4 and 5. A cassette tape was viewed, entitled "My Life or Yours?" A good deal of interaction followed by both students and their parents which resulted in a rewarding experience for all who attended. Future topics scheduled are: Male-Female

Relationships, Social Responsibilities, and Group Processes.

The annual "Tax-Break" Raffle time is here again. Drawing will take place on March 20th. Raffles are selling for \$1 each or \$10 for a book of 10 tickets. This is a major fundraiser for the Academy so when contacted please avail yourself of the opportunity of winning \$1000 CASH! Raffles may also be purchased by calling Phyllis Shier- 366-7301.

Small Cities SE Conference

A small cities conference will be held in Savannah, Georgia from February 15-17 under the auspices of the CJF, JWB, AAJE and NJCRAC. The theme of the conference is "The Agenda of Jewish Concern: Planning for a Healthy Jewish Community."

Dr. Bernard Reisman, of Brandeis University, is the scholar-in-residence. Sessions will include the following: Criteria and selection of leadership, small group discussions on Jewish family, Jewish identity, implications of demographic change, planning for cooperative services/role of Federation and beneficiary agencies, and the role of Jewish education: the place of the day school and supplementary school.

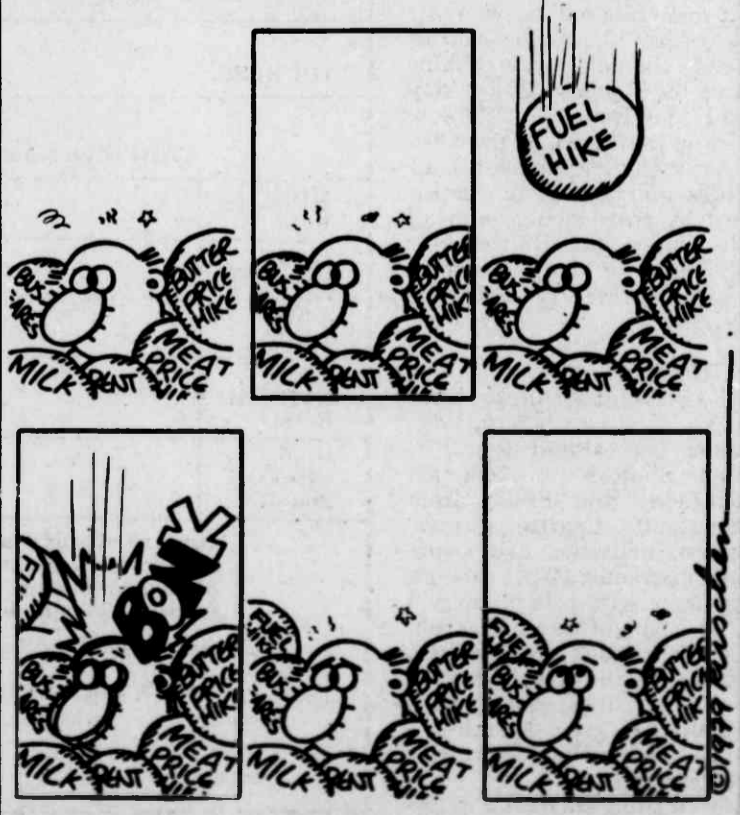
All officers, board members, committee chairmen and members of day schools, community schools and congregational schools, JCCs, synagogues, federations, and Jewish educators are invited to attend.

It Pays to Advertise in The NEWS

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...and on the second day



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