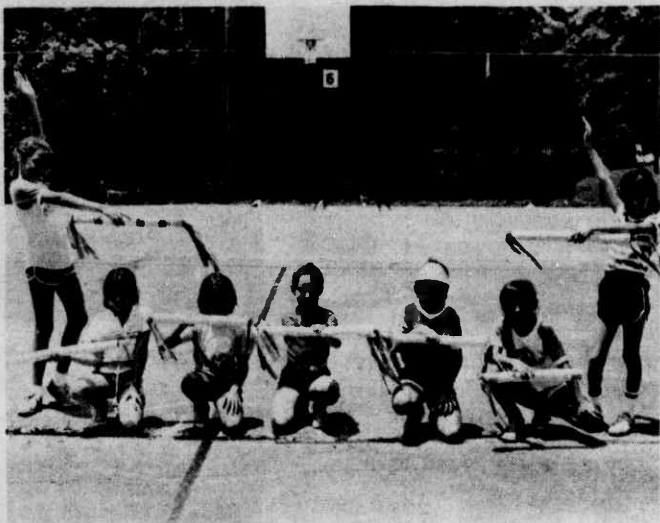


# - In and Around The JCC -

## Day Camp 1983



Only 160 days left until camp begins!

## Tennis News

### Classes

A Beginner Tennis clinic will be held on Mondays for 6 weeks beginning March 7 from 9:15 to 10:15 a.m. The clinic will include skills, scoring and singles game play.

Starting March 7 on Mondays for 6 weeks there will be a clinic for Advanced Beginner - Low Intermediate from 10:15-11:15 a.m. This will be drillwork plus review of stroke production with singles and doubles strategy and play. The fee is \$12 for members; \$18 for non-members. The instructor is Pauline Tulson who has been the tennis instructor at the JCC for the past several years. Pauline is the Providence Day School Tennis Team's Coach and is very active in local tennis leagues.

### Queen City

The 1983 Queen City Tennis League is rapidly approaching its start. Those JCC members interested in participating in Men's or Women's Doubles, should call the Center.

Look for more specific information in the February Keeping Posted and March "CJN".

### Women's Team

WOMEN'S TENNIS CHALLENGES to get on the ladder are now open. The present ladder is posted at the tennis court. Call captains for further information:

"A" Team:	"B" Team:
Betty Jaffe 542-2041	Connie Ostrow 364-2430
Ruth Goldberg 366-8903	Carolyn Hennes 364-2224

## Creative Playgroup

Creative Playgroup is in full swing for the new year. The young children involved are having a wonderful time getting to know "Mr. Snowman" up on our wall. Our mornings are full with music and rhythms, reading stories, and playing with all the toys.

Stop by to see us and come meet June Carson, our new aide. June comes to us from the CPCC Child Development Program. She is full of enthusiasm and most eager to meet all the children.

As always, we are willing to accept donations of toys to enhance our program. We'd especially like to set up a "housekeeping" corner - so a toy stove, sink, refrigerator, pots and pans, and dishes would be appreciated. A rocking chair would be a nice addition also.

Our plans for the after-

noon program are still in the developing stages. Watch the newspaper for further information.

A reminder of our new format: Monday mornings have been eliminated from the schedule. Tuesdays, the age range has been expanded to include those children 4 months through 3 years.

Our regular hours are 9:15am to 1:15pm, Tuesdays through Fridays. Wednesdays through Fridays the age range is 6 months through 3 years. Costs for the morning are \$5 for Center members and \$7.50 for non-members. There is a 10% discount for regular users.

And Remember - Playgroup has a limited number of openings - so call Vicki Hopkins in the mornings (366-1115) and early in the month, week, or day to sign up!

Substitute teachers needed for Creative Playgroup. If interested in getting on the list, call Vicki at 366-1115.

## Special Class Offerings

### Exploring The Myths of Manhood

Wednesday, Feb. 23 - 7:30 - 9:30 PM - \$10M/\$12NM (For men only)



Sherman Burns

Sherman Burns returns to the JCC with a pilot seminar for a new men's course. Following successful workshops on relationships with wife Judith Jackson, Sherman began programs for men in the Charlotte Community. He comes to the JCC with a great deal of expertise as a writer, teacher, and counselor to talk with other men and share human experiences. The topics of the course include:

- 1) How slowing down can be living more,
- 2) Beyond the language barrier...from feminist or housewife/from chauvinist pig or liberated man to human being.
- 3) A new look at men's friendships - moving from competition to cooperation.
- 4) Male sexuality: Beyond "performances" and "peaks"

Volunteers Needed  
For Bingo.  
One time every  
six weeks.  
Call: 366-0357

### Passover Women's Day



Thursday, March 17  
10 AM - 2 PM

For the third consecutive year, the JCC will sponsor a Passover Women's Day program, led by a panel of women. It will include cooking traditional Passover foods, lunch and a discussion on everything you always wanted to know about preparing for Passover.

Fee: \$8M/\$12NM

## CHAI

January 3 was the beginning of a busy month for the Chai Group. After two weeks of winter break, the group returned to the JCC for an exciting new exercise and Pokeno morning. Between activities the group enjoyed fruit, cheese, and date bread.

Then on January 10 and 17 the adult mini-education series continued with a talk by Temple Israel's Rabbi Richard Rocklin. Also Chai registered for CPCC's winter quarter January 10. The course is called Literature of the Bible II: Old Testament.

Chai ventured to the Southpark Morrison's Cafeteria and the movies on January 24 and January 31. They celebrated all of January's birthdays with a party.

## AEROBICS

Monday, Wednesday, Friday 9:15 - 10:15 a.m.  
Monday, Wednesday, Thursday 5:45 - 6:45 p.m.  
Monday, Wednesday, Thursday 7:00 - 8:00 p.m.

6 Weeks begins January 10

Dance your way to fitness with easy steps and upbeat music. It is the most fun you will have while getting in shape. Bring a towel or mat and wear good tennis shoes.

### Instructors:

Mornings Ene Harbin  
Evenings Marilyn Hedgepath

### Fees:

2 times per week Members \$29.00  
Non-members \$33.00  
3 times per week Members \$44.00  
Non-members \$48.00

### AEROBICS REGISTRATION FORM

Name \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_ Mem/Non-mem \_\_\_\_\_  
Days \_\_\_\_\_ Time \_\_\_\_\_  
Amount Enclosed \_\_\_\_\_

Please fill out and return to the JCC or mail to:  
P.O. Box 220188, Charlotte, N.C. 28222 with your fees.

## Art For A Day

Tuesday, February 22 - 11:00 AM - 2:00 PM

Treat yourself to this one day happening at the JCC. You're worth it! Two art programs are featured. Art conservationist Karen Kropp discusses the care of art originals and Cheryl Palmer from the Mint Museum speaks about women's art with a slide show accompaniment. Lunch will be served as part of the program.

Fee: \$5M/\$7.50NM

## First Aid For Moms & Dads

Sunday, March 6 - 10:00 AM - 5:30 PM

A special multi-media first aid course for parents (aunts, uncles, grandparents, babysitters) is featured in a one-day workshop at the JCC. The purpose of the workshop is to train and Red Cross certify persons in basic emergency care for accidents at home. Charlotte Lifesaving and First Aid Crew will teach this valuable course. A box lunch and all instructional materials are included in the cost.

Fee: \$15M/\$20NM

Instructors: Charlotte Lifesaving and First Aid Crew, Inc.

## Older Adult Luncheon

The February Older Adult Luncheon will be held Monday, February 28 at 12:15 pm with the Jewish Community Center as the host organization. All community senior adults are welcome to the lunch and entertainment program at a cost of \$1 per person.

Transportation to the Center will be provided for those needing it. You are asked to RSVP by Wednesday, February 23 by calling the JCC at 366-0357. At this time please indicate if you will need transportation or if you can assist by providing a ride for someone else. If you have specific dietary restrictions for health reasons, let us know when you call.

Natural Foods 617 S. Sharon Amity  
Vitamins 364-3891  
Juice Bar  
Herbs & Spices 1818 Elizabeth Avenue  
Gourmet Coffees 375-8853  
Fresh Produce  
Cosmetics



PEOPLE'S  
NATURAL FOOD  
MARKET