

# - More In and Around the JCC -

## Aerobics

Monday, Wednesday, Friday 9:15 - 10:15 a.m.  
 Monday, Wednesday, Thursday 5:45 - 6:45 p.m.  
 Monday, Wednesday, Thursday 7:00 - 8:00 p.m.

6 Weeks begins April 11

Dance your way to fitness with easy steps and upbeat music. It is the most fun you will have while getting in shape. Bring a towel or mat and wear good tennis shoes.

Instructors:  
 Mornings Ene Harbin  
 Evenings Marilyn Hedgpath

Fees:  
 2 times per week Members \$29  
 Non-members \$33  
 3 times per week Members \$44  
 Non-members \$48

### AEROBICS REGISTRATION FORM

Name \_\_\_\_\_ Phone \_\_\_\_\_  
 Address \_\_\_\_\_ Mem/Non-mem \_\_\_\_\_  
 Days \_\_\_\_\_ Time \_\_\_\_\_  
 Amount Enclosed \_\_\_\_\_

Please fill out and return to the JCC or mail to P.O. Box 220188, Charlotte, N. C. 28222.

## Passover Women's Day

On March 17, 10 a.m. to 2 p.m., the JCC will sponsor the annual Passover Women's Day program. This will be led by a panel of women and will include cooking traditional Passover foods, lunch and a discussion on everything you always wanted to know about preparing for Passover. Fee: \$8M/\$12 NM

### JCC 50+

Are you age 50 plus? If you are, watch for JCC programming especially for you.

This month a committee is forming to collect ideas and begin planning. The JCC encourages and appreciates any energy and input you may have to contribute. Anyone interested in either serving on the committee or becoming involved in activities, please call Abby Hoffman at 366-0357.

## Creative Sewing

A new addition to the lobby of the JCC is an exquisite quilted work by Sue Alvarez, one of the community's finest artists. This spring Sue will again teach workshops for adults at the JCC. Anyone who wishes to reserve a slot in upcoming creative sewing classes is invited to call the JCC at 366-0357.

## Bodyworks By Trim Dance

Tuesdays and Thursdays 9:15-10:15 a.m.

4 Weeks beginning April 7  
 Combines aerobics, yoga and calisthenics to improve coordination, stamina, and cardiovascular health.  
 Fee: \$16M/\$20MN  
 Instructor: Robin Clay

## CHARLOTTE YIDDISH INSTITUTE AT WILDACRES

Little Switzerland, North Carolina  
 Sponsored by the Jewish Community Center of Charlotte, N.C.  
 Dedicated to the Memory of I.D. Blumenthal

CELEBRATING OUR FIFTH YEAR  
 May 19 - 22, 1983

"What makes Yiddish so distinctive a tongue, so intriguing, is its color and inventiveness, warmth and wisdom." ...L.M. Feinsilver

We proudly announce the fifth annual Charlotte Yiddish Institute at Wildacres. Wildacres is a mountaintop retreat of 1,400 acres in the heart of the Blue Ridge Mountains of Western North Carolina. The Institute is open to women and men interested in increasing their knowledge of Yiddish and in enriching their cultural ties with a language that carries within it the spirit of human individuality.

### Institute Faculty:

Diane Cypkin - Actress, singer, lecturer, Jewish Theatre Curator for the Museum of the City of New York  
 S.L. Shneiderman - Author, lecturer, war correspondent, writer for the Forward newspaper and Midstream magazine.

### Features:

Lectures, workshops, theatre, daily and Shabbat services, gift shop, nature walks, and a warm glow of Yiddishkeit! Covering tuition, room, meals and gratuities: \$100.00 per person (double occupancy only; rooms located in two main lodges)

### Fees:

A deposit of \$30.00 must accompany each reservation. No refund of deposit unless cancellation is made prior to May 5. Balance of tuition must be paid in full by May 12, 1983.

### Opening Schedule:

Thursday, May 19, 1983  
 2 - 5 p.m. - Arrival and Check-in  
 5:45 p.m. - Shavuos Mincha Service (Yizkor will be recited)  
 6:30 p.m. - Dinner  
 7:45 p.m. - Maariv Service  
 8:15 p.m. - Evening Program  
 Institute will be in session until Sunday, May 22, 11:00 a.m.

### For Further Information:

Contact Baila Pransky, Coordinator, 704-366-5564 or Bobbie Pollard, Reservations and Transportation, 704-366-7846.

### RESERVATION APPLICATION

1983 Charlotte Yiddish Institute at Wildacres

Please enter reservations for \_\_\_\_\_ persons listed below, for the 1983 Charlotte Yiddish Institute at Wildacres, May 19-22.

I enclose deposit of \$ \_\_\_\_\_ (\$30.00 per person, balance to be paid by May 12)  
 I enclose full payment of \$ \_\_\_\_\_ (\$100.00 per person)

NAMES: ENGLISH YIDDISH ADDRESSES

Make checks payable to: Charlotte Yiddish Institute-Jewish Community Center. Mail checks and reservations to: Charlotte Yiddish Institute, JCC, Box 220188, Charlotte, NC 28222.

PLAY BINGO at the JCC  
 Tuesdays - 7:30 p.m. Early Bird Special

B	I	N	C	O
5	18	35	49	68
7	24	33	55	63
11	19	Free	51	69
2	27	39	57	62
1	21	32	34	70

## Queen City Tennis

The Jewish Community Center is once again preparing for the up and coming Queen City Tennis Season. Matches will begin during the middle of March.

As in past years, the Center will have two Men's and two Women's teams entered. Any member wishing to participate or having questions, is asked to call the Center 366-0357.

## Gardeners

The JCC is looking for community green thumbs to work the garden space behind the building. It's a great cooperative opportunity for those who like to work in the dirt and then watch the fruits of their labor ripen to harvest. Call Abby Hoffman, Director of Adult Activities, (366-0357) if interested.

*Happy Passover to All*

## ONCE IS NOT ENOUGH

A New Specialty Consignment Shop

## MATERNITY CLOTHES and BABY ITEMS

Now accepting your "Like New" maternity apparel and all baby items such as clothes, blankets, cribs, car seats, strollers, etc.

Don't miss our Joan Walsh Anglund dolls, Ida Bohatta Musical Wallpictures, Children's Prints, Susan Perf's Stuffed Animals & Books, Handmade Quilts, Tooth Fairy Pillows.

Mon-Fri. 10-5; Sat. 10-3

342 Circle Avenue 376-5624  
 2 1/2 Blocks from Manor Theatre  
 off Providence Rd. Turn Beside  
 New World Records. 1st house on left.



## The Cuttery

uptown salon

WENDY YUDELL  
 Stylist

328 S. Church Street  
 Charlotte, N.C. 28202

372-7000