

Adult Classes

Pasta! Pasta! Pasta!

Wednesdays, May 2 & 9
7:00 p.m. thru dinner
Thursdays, May 3 & 10
9:30 a.m. thru lunch
At the home of Penny Eisenberg

1st Class - Basic techniques of making Pasta by hand and by machine. Shaped and filled pasta including spinach roll, ravioli, tortellini and capaletti.
2nd Class - Make flavored pasta creations including tomato-basil pasta with an Alfredo sauce, spinach pasta and orange flavored noodle pudding. Bring an apron and come ready to cook and eat a meal.
FEE: \$8 M/\$12NM
INSTRUCTOR: Penny Eisenberg - Penny is a self-made baker and cook who has been at it for three years. She loves to work with pasta because the possibilities are endless.

Bodyworks

Tuesdays & Thursdays - 4 Weeks begins May 8
3:45 - 4:45 p.m.
Rama Rd. Elementary School
The JCC fitness class that combines aerobics, yoga and calisthenics to improve coordination, flexibility, stamina and cardiovascular health.
FEE: \$16M/\$20NM
INSTRUCTOR: Robin Clay - Robin is constantly getting new training for work. She is certified to do mousercise and has an exercise segment on TV weekdays.

Self-Protection

Wednesday, April 25 7:30 - 9:30 p.m.
Held at Temple Beth El
A Mecklenburg County Police Department program for women and girls 14 years and over. Participants will learn security in the home, care, and street. Attack prevention and action alternatives during an attack, are presented. Mothers and daughters are encouraged to come together to the evening program.
FEE: Free. Call the JCC at 366-0357 to register.

Color Slide Photography

Wednesdays - 5 Weeks begins April 25
7:30 - 9:30 p.m.
Perhaps you've just purchased a 35mm camera or have had a camera for a while and haven't known what to do with all those numbered settings. This course will teach participants basic camera techniques and the use of filters and lighting in various environments. Students will go on outings and will utilize critiques to hone their photographic skills.
FEE: \$13M/\$19NM (Does not include film or processing)
INSTRUCTOR: Carl Bergman - Carl has exhibited his photographs regionally and is an instructor for "The Light Factory."

Raft Trip

Sunday, June 3
6:00 a.m. - 8:00 p.m. (approx.)
This all day rafting adventure will take participants thru the clear cold waters of the Nantahala gorge. Even the inexperienced paddler can enjoy this rushing river in the Nantahala Outdoor Center's heavy-duty rafts. Experienced guides accompany each trip, teaching paddling technique and whitewater safety. Trips go rain or shine. Transportation will be by carpool.
FEE: \$16M/\$22NM - Registration Fee MUST BE PAID BY MONDAY, MAY 21.

Yours Truly

Thursdays - Ongoing 9:00 a.m. - 5:00 p.m.
At the home of Lynn Lerner, 3802 Columbine Circle
Instruction for needlepoint enthusiasts at all levels. Materials are available for purchase right inside the door.
FEE: FREE
INSTRUCTOR: Lynn Lerner

Recipe For A Super Summer Treat

TAKE: Lots of children, staff and counselors who care about kids, 16 acres of wooded land, one 4 week session and one 3 week session.
ADD: Several dashes of ... tennis shoes, socks, jeans, t-shirts, bathing suits, towels, arts and crafts supplies, sports equipment, canoes, frisbees, balls of all kinds, Judaic programming. Lots of ... basketballs, tennis courts, swimming pools, bows and arrows, music, drama, nature crafts, tents, gardening, animals. TWO ... overnights.
ONE ... Israeli Shaliach.
Many, many ... smiling and friendly faces.
BLEND: All of these ingredients and mix carefully. Add an extra dash of smiles and love. Place the mixture gently at the JCC and let it sit 4 to 7 weeks, depending on your taste. This simple easy recipe can be tried by all by filling out the application below and sending in a non-refundable \$25.00 deposit.
Call Dana Klein at the JCC at 366-0357 from more recipe information.

	Session I	Session II
3 Year olds	\$92M/\$135NM	\$70M/\$105NM
4 year olds	\$125M/\$175NM	\$95M/\$135NM
K - 6	\$175M/\$250NM	\$135M/\$190MN

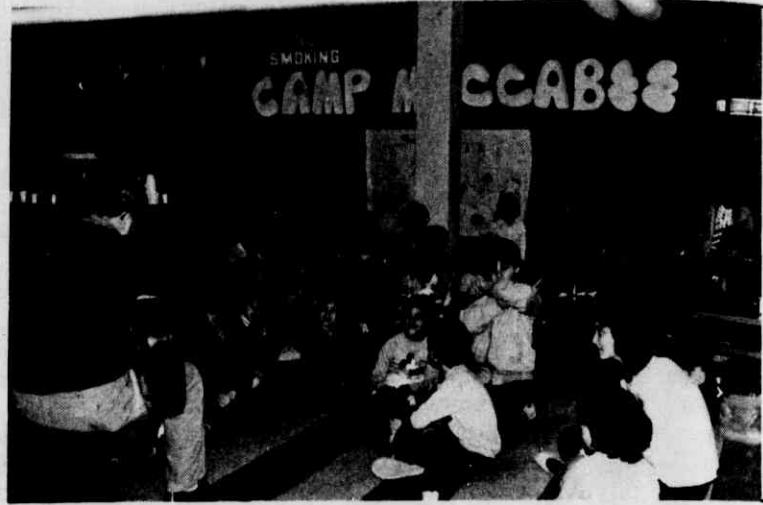
The camp day is MWF 9 a.m. - 1 p.m. for 3's
M-F 9 a.m. - 1 p.m. for 4's
M-F 9 a.m. - 4 p.m. for other campers

Pre-camp care 8:00-9:00 a.m. is available for \$6.00 per week
Post-camp care 4:00-5:30 p.m. is available for \$9.00 per week

CAMP MACCABEE REGISTRATION FORM SUMMER 1984

CHILD'S NAME _____ CHILD'S NAME _____
DATE OF BIRTH _____ SEX _____ DATE OF BIRTH _____ SEX _____
Grade entering Sept. '84 _____ Grade entering Sept. '84 _____
ADDRESS _____ ZIP _____
HOME PHONE _____ EMERGENCY PHONE _____
PLEASE CHECK DATE
Session I June 25-July 20 Pre camp care Post camp care
Session II July 23-August 10 Pre camp care Post camp care

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A very happy reunion - it's great to be together again! Going counterclockwise from the left, Leslie Bernstein, Amy Widis, Amy Cojac, Sara Hopkins and Paul Serepca (center).

Exclusive Free Cultural Series for Members of the JCC

The Jewish Community Center will sponsor a series of three cultural performances for its membership, beginning in April. Each program is offered to the membership at no charge. The three events are made possible by the generosity of the performing group and by grants. Reservations may be made at the JCC, 366-0357 for any or all of the productions.

The schedule of events is as follows:
Thursday, April 5: "Love Rides the Rails" or "Will the Mail Train Run Tonight?" Dress rehearsal of the 1890 melodrama produced by the Mint Museum Golden Circle Theatre. A great family event! 8:00 p.m. at CPCC's Pease Auditorium
Wednesday, May 9: The Charlotte Symphony 7:30 p.m. at Myers Park High School Auditorium
Thursday, June 28: The Charlotte Summer Pops Orchestra 7:30 p.m. at Providence Baptist Church.