

- In And Around The JCC -

Children And Adult Classes

MOM - TOT EXERCISE CLASS

Mondays, 10-10:45 a.m. 0-7 Months. \$5M/\$7.50NM
5224 Chinley Ct. - 4 classes per session, begins Feb. 11.



MOTHER'S MORNING OUT

Wednesdays, 9 a.m.-1 p.m. 4 Months-2½ Yrs. \$30M/\$40NM
JCC Child Care Center - 4 mornings per month.

POTPOURRI

Thursdays, 2:30-4:30 p.m. 2-4 Yrs. \$20M/\$30NM
JCC Child Care Center - 4 classes per session, begins Feb. 14.



MORE TRAVELING TYKES

Tuesdays, 2:30-4:30 p.m. 3-4 Yrs. \$20M/\$30NM
JCC Child Care Center - 4 classes per session, begins Feb. 12.

EXERCISE

Sundays, 3:30-5 p.m. \$10M/\$15NM
Temple Beth El Fellowship Hall - 3 classes per session, begins Feb. 17.

GYMNASTICS & EXERCISE

Tuesdays, 4-5 p.m. 5-6 Yrs. \$15M/\$22NM
Lansdowne Elementary Multi-Purpose Room - 4 classes per session, begins Feb. 12.

RECREATIONAL SWIM

Wednesdays, 4:30-6 p.m. 1st-6th Graders. \$7M/\$10NM
Alexander Children's Center (6220 Thermal Rd.) 7 classes begins Feb. 13.

CLUB 23

2nd Sunday, through May, 2:30-4:30 p.m.
JCC Child Care Center - 2nd & 3rd Graders
5 meetings, begins Feb. 10. \$20.



CLUB 46

4th Sunday, through May, 2:30-4:30 p.m.
JCC Child Care Center - 4th, 5th & 6th Graders
5 meetings, begins Feb. 24. \$20.

PARENTS

Systematic Training for Effective Parenting
Thursdays, 7:30-9:30 p.m. 8 classes, begins March 7
Charlotte Drug Ed. Center (1416 Morehead St.)
\$22 Singles; \$30 Couples.

CHAI GROUP

Mondays, 10 a.m.-1:15 p.m. Free to JCC members.
Randolph Park Apts. Clubhouse - Ongoing.

YOGA

Mondays, 9:00-10:00 a.m. \$15M/\$20NM
Armstrong House - Begins Feb. 11 (4 weeks)



ALIVE CLASS

Wednesdays - Begins mid-February.
Call JCC for details.

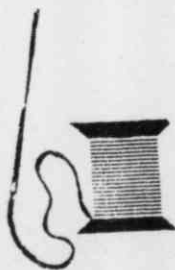


BASIC/INTERMEDIATE WEAVING

Wednesdays, 9:30-11:30 a.m. \$20M/\$28NM
Armstrong House - Begins Feb. 13 (4 weeks).

YOGA

Wednesdays, 7:30-8:30 p.m. \$15M/\$20NM
Armstrong House - Begins Feb. 13 (4 weeks).



YOURS TRULY NEEDLEPOINT

Thursdays, 9:00 a.m.-5:00 p.m. Free
Lynn Lerner's home - 3802 Columbine Cir.
Ongoing.

Chai Group



Some of the Chai group celebrating Chanukah together.

Chanukah was a time of joyous celebration for the Chai Group. The members were treated to a delicious deli lunch, with the all time favorite being what else but corned beef on rye. Members Belle Somerstein, Tobye Hirsh, Alice Miller and Rose Jaffe delighted everyone's tastebuds with mouth watering desserts. What a nice way to celebrate the holidays. The group has an exciting Monday schedule planned.

Some of the topics to be covered are nutrition, exercise, couponing, plant care, current events, religion and the arts. Highlights for the group include an evening at the Charlotte Little Theatre, the dress rehearsal of the opera "Samson & Delilah," and the always popular Senior Adult Luncheon. If you are not a member of the Chai group, call the JCC today (366-0357). Don't be left out in '85!

Teens, Do You Want To Go To Israel?

Calling all teens! Meet on Sunday, February 24, 2:30-5 p.m., to mingle with Jewish youth and learn about trips to Israel at the JCC's Israel Trip Fair.

Youth groups from area temples and representatives from national organizations will be at the JCC for the after-

noon. They will present their organizations' educational packages and sponsored-trips available for teenagers thinking about visiting Israel.

In addition to speakers and audio-visuals, the JCC will provide Israeli snacks and music. This will be an informative and fun afternoon.

Please Pay Your JCC Dues

Sports Corner

Soccer Soon

We're planning now for the Spring Soccer season. Our coed teams of ages 6-8, 9-11, 12-14 will be playing in the Harris YMCA League. We are also looking for volunteer coaches and parents to help with our players. The fees and dates are yet to be decided. Call the JCC today to sign up your youngster or offer your help at 366-0357.

Men's Basketball

Pick-up games of men's basketball are played every Sunday morning from 9 a.m.-noon at A.G. Junior High School gymnasium. Play indoors every weekend through March 15 for \$20 (members).

Tennis, Anyone???

The JCC has 4 adult tennis teams that will participate in the Queen City Tennis League again in the Spring. We are always looking for players who enjoy recreational tennis with a competitive edge. We can use you as a regular or as a substitute player.

Interested? Call the captains:

- Men's A - Marshall Rosenfeld (364-8373)
- Men's B - Jeff Malickson (847-3287)
- Women's A - Judy Perlin (366-7290)
- Women's B - Lee Marx (376-0717)

Registration Form

Name(s) _____
 Class(es) _____ Cost \$ _____
 Address _____
 Phone _____ JCC Member? Yes No