

Adult Classes

COURSE	TIME/PLACE	FEE	INSTRUCTOR	DESCRIPTION
MONDAY				
CHAI GROUP Ongoing	10 a.m. - 1:15 p.m. Randolph Park Apts. Clubhouse	Free to JCC Members	CPCC Instructors	Variety of topics. Mar. 18, 25, Apr. 15: Nutrition & Cooking Techniques; Apr. 22, 29, May 5: Personal Finance.
TUESDAY				
CPR Mar. 19, 26, Apr. 12	7 - 10 p.m. Armstrong House	\$11.75M/\$15NM	TBA	At completion of this 9-hour course, participants will be able to recognize heart attacks & provide emergency care for cardiac arrest, choking & air-way obstruction in adults, children & infants.
STAINED GLASS Mar. 19, 26, Apr. 2, 16	7:30 - 9:30 p.m. Armstrong House	\$30M/\$42NM	C. Shafranek	Students will learn basic skills of cutting, soldering & finishing techniques. Finished projects may include window ornament or decorative box.
WEDNESDAY				
ALIVE CLASS The Shaping of Political Persuasion	9:30 - 11:30 a.m. Armstrong House	\$35 plus materials-\$10.50	S. Lyons	Call JCC for further details.
BAKING BREAD March 20	9:30 - 12 noon 8722 Lorraine Dr.	\$6M/\$9NM	P. Eisenberg	Learn basic techniques of bread making using food processor. Breads demonstrated (& eaten) include sour rye, oatmeal & pumpernickel.
INTERNATIONAL PASSOVER COOKING March 27	7:30 - 9:30 p.m. Location TBA	\$10M/\$15NM	F. Greenwood	Delightful selection of around the world favorites sure to enhance your Passover meal. Recipes include fruit haroset, vegetable kugel, spinach souffle, apple blintzes & almond macaroons.
THE WORLD OF PASTA April 17	10:00 a.m. - 1:00 p.m. 8722 Lorraine Dr.	\$10M/\$15NM	P. Eisenberg	Learn technique involved in making tomato-basil, fettuccine alfredo, spinach ravioli in a red sauce, & sweet orange lasagna (dessert). At end of class, students will enjoy the above along with caesar salad.
THURSDAY				
WHAT DO YOU DO WHEN YOUR TEA KETTLE BOILS OVER, OR HOW DO YOU LET OFF STEAM? May 2, 9, 16	1:00 - 3:00 p.m. Armstrong House	\$24M/\$32NM	D. Ellis	This workshop will deal with stress; focus on how to make it manageable for you.
YOURS TRULY NEEDLEPOINT & SWEATERS BY PATTY Ongoing	9:00 a.m. - 5:00 p.m. Lynn Lerner's Home 3802 Columbine Cir. Sweater Instruction 1:00 - 5:00 p.m.	Free	L. Lerner & P. Gorelick	Instruction for needlepoint enthusiasts of all ages. Materials available for purchase. See page 21 on "Sweaters By Patty." All proceeds go to charity.
SATURDAY				
BICYCLE WORKSHOP March 23	1:00 p.m. Armstrong House	\$8M/\$12NM	J. Chamberlin	Introduction to art of cycling & basics of bicycle repair. Areas covered: comparison of various types of bicycles, strategy of riding, your rights as cyclist, clothing & equipment. Gain better understanding of how your bike works & how to repair it when it doesn't. Bring your bicycle for hands-on practice. Wrap-up: discussion on local cyclist clubs & suggestions in routing trips.

Registration Information

This schedule of activities presents information on programs for the period beginning March 1985.

HOW TO REGISTER

1. Review these pages with your family and decide which activities you and your children wish to participate in.
2. Since registration begins immediately, complete and mail in the registration form on the next page, or bring it to the Center office, with the specified fee.
3. Registration must be accompanied by the FULL FEE and telephone registration will be accepted for all classes.
4. Classes begin as each is indicated.
5. Payment will not be accepted after the first class, unless prior arrangements are made.

CANCELLATIONS AND REFUNDS

All activities are scheduled on a minimum number of participants. We regret that should a class not register sufficient numbers, it will be cancelled and all fees will be refunded.

Because classes are based on a limited enrollment, activity fees are not refundable upon cancellation by a participant unless the place can be filled.

YOUR SUGGESTIONS ARE ENCOURAGED

The Center's activities are based upon the interests and concerns of our members. We hope to be flexible enough to change and expand services where physically and financially possible. Therefore, your suggestions and ideas are appreciated.

You are cordially invited to serve on any of the numerous or administrative committees of the Center, and to thereby assist in its growth and development.

COMPLAINTS & SUGGESTIONS

Our Center is only as good as our knowledge of the growing and changing needs of our members. We know that we make mistakes, and we want to correct them as quickly as possible. Please communicate your complaint to any member of the Center's program staff, Board of Directors, the Executive Director, or the President.

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