

Meichels

By Norma Barach
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Mushroom Barley Soup

Mushroom barley soup is always a winter favorite. Fresh dill gives it a special flavor. Make it a day ahead of time and skim off the fat before serving.

- 2-3 lbs. short ribs
- 2 1/2 tps. salt
- 3 1/2 qts. water
- 1 cup barley
- 2 large onions, diced
- 1/2 lb. fresh mushrooms, thinly sliced
- 2 carrots, diced
- 2 stalks celery, diced
- 1-2 tps. oil
- pepper to taste
- 3 sprigs of fresh dill

Add beef and salt to water and bring to a boil. Brown vegetables lightly in oil in a small frying pan. Add vegetables, barley and pepper to soup. Cover and simmer for 2 1/2 hours or until meat is tender. Add fresh dill and simmer 10 minutes. Add more salt and pepper to taste. Can be frozen. Add a little water when reheating. (Ed. note: Soak barley in some cold water for about 1/2 hour and then drain before adding to soup. Use medium size barley for better results).

Deep Fried Chicken Drumsticks

Chicken drumsticks are a treat when deep fried. They make a delicious addition to a buffet when entertaining guests.

- 4 tblsps. Sangria wine
- 4 tblsps. soy sauce
- 2 tps. sugar
- 1 tsp. onion powder
- 3 cloves garlic, crushed
- 16 chicken drumstick
- 1/2 cup flour
- 3-4 eggs, beaten
- oil

Make a marinade of the first five ingredients. Place in shallow pan and add drumsticks in a single layer. Let them marinate 1 1/2 hours, turning several times. Remove chicken. Put marinade in a bowl; slowly add to the marinade the flour which already has been mixed with the eggs. Stir and make a smooth paste. Dip the drumsticks in this batter, coating evenly. Heat oil in a deep fryer or deep pot. Fry legs for 15 minutes. Drain on a paper towel. Serve hot on a warming tray.

Green Vegetable Casserole

If you are looking for a side dish for a dairy luncheon, I would recommend this easy-to-prepare nutritious dish.

- 1 10-oz. pkg. frozen chopped spinach
- 2 tblsps. butter
- 1 10-oz. pkg. chopped frozen broccoli
- 1/2 cup bread crumbs
- 1 10-oz. pkg. frozen French-style string beans
- 1 can cream of mushroom soup
- 2 tblsps. grated American cheese

Grease an 8x8-inch square pan. Layer vegetables — broccoli, spinach, string beans. Pour mushroom soup over this. Top with bread crumbs and American cheese and dot with butter.

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Community Calendar

Courtesy of Charlotte Chapter BBW

JANUARY, 1986

- 13 - Chai-Lites
Federation Executive Committee
JCC Board Meeting
- 14 - Ha Lailah BBW Board Meeting
- 15 - Hadassah Meeting
ORT Meeting
- 16 - Charlotte Chapter BBW "Parenting with a Purpose"
- 17 - JCC Building Tours
- 18 - Charlotte Chapter BBW Membership Social
- 20 - Chai-Lites
Charlotte Chapter BBW Board Meeting
Federation Board Meeting
- 21 - Ha Lailah BBW Meeting (Raffle Drawing)
- 23 - BBW Avodah Council
- 24 - JCC Building Tours
- 25 - Special Federation Event
- 27 - Chai-Lites
Foundation Board Meeting
President's Council
- 28 - Community Relations Committee
- 29 - B'nai B'rith Lodge Meeting

FEBRUARY, 1986

- 3 - Chai-Lites
Hadassah Board Meeting
- 4 - Hebrew Academy Board Meeting
- 5 - Hadassah Meeting
- 8 - ORT Social
- 10 - Chai-Lites
Charlotte Chapter BBW Board Meeting
JCC Board Meeting
Federation Executive Committee
- 11 - Ha Lailah BBW Board Meeting
- 12 - Yiddish Vinkl
- 13 - Jewish Social Services Meeting
B'nai B'rith Lodge Meeting
- 16 - ORT Lox Box
- 17 - Chai-Lites
Federation Board Meeting
- 18 - Ha Lailah BBW Meeting
- 19 - Charlotte Chapter BBW "Human Relations Award" Luncheon

If you want your events on the Community Calendar call Vicki Hopkins, 554-1324.

Herzog To Host UJA Israel Mission

Israeli President Chaim Herzog will be the host of the 1986 United Jewish Appeal President's Mission to Israel January 19-24, welcoming American Jewish community leaders from around the country for an intensive four-day visit. There will also be a pre-mission to Morocco, January 15-19, enabling participants to meet with the Jewish community and tour JDC programs and services funded by the UJA/Federation Campaign. Bernard Borine of Philadelphia, a UJA National Vice chairman is the mission Chairman.

Participants in the fifth annual winter mission are expected to be addressed by Prime Minister Shimon Peres and Defense Minister Yitzhak Rabin and will explore the critical needs and issues in the 1986 campaign, including the continuing absorption of Ethiopian Jewry and the special needs of Project Renewal. Highlights of the Israel itinerary include meeting with Ethiopian newcomers, home hospitality in Project Renewal neighborhoods, tours of high-tech industries, a visit to David Ben Gurion's home in Sde Boker, and opportunities to tour a Youth Aliyah village and JDC facilities.

In Morocco, pre-mission participants will meet with Jewish leaders and other key members of the community, visit vital JDC-funded schools and homes for the aged in Casablanca and Marrakesh, as well as tour the latter city's old Jewish quarter. There will also be an overnight stay and program in Paris en route to Israel.

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