

# and The JCC -

## Notes from Jackie

By Jackie Fishman, Adult Program Director

Talk about your long hot summer! In spite of the weather, we hope you're enjoying the season by taking full advantage of your new JCC — from frequent dips in the pool to enjoyable and productive use of the wide variety of children and adult activities offered.

The Adult Program Department has been pleased with the response to our summer programs. Many of you joined us in late May to hear a significant address from Consul General Yosef Yaakov of the Israeli Embassy in Washington. Our ceramic and bridge programs are off to a great start, and our "Easy but Elegant Cooking" class made (and consumed) some fabulous desserts. "WomanReach at the J" is bringing together a diverse group of women in the community to discuss provocative issues facing contemporary women. In late June, a group of 50 mature adults, our "GoGos," got together to discuss plans for social activities. Mime Eddie Williams performed for our membership cookout on June 8 and our annual ice cream bash with the Charlotte Symphony Pops was held on July 10. The joint JCC-Foundation Visual Arts Committee has hung their second exhibit on the walls of the East and West Galleries of the Blumenthal Education Building — a spectacular group of 23 lithographs called "Elementary Knowledge," depicting the Hebrew Alphabet.

The upcoming fall and winter seasons will be packed full of stimulating and exciting programs. Class offerings will range from basketry, painting and ceramics to photography, modern dance, landscaping and bridge. Charleen Swansea will bring "Mindworks" to the J, a unique series of workshops designed to make you smarter, focusing on memory and thinking skills. "Get Organized" with Ann Steever and Nancy Van Fossen will help you sort out your closets or

your calendar. We're planning a seminar on investments, still more classes for the budding or practiced gourmet cook, as well as CPR training and a stop-smoking clinic.

The jointly sponsored JCC and Charlotte Chapter of B'nai B'rith Women's study group, "Alive" will present its fall class session, "Church-State Relations: Religious Fundamentalism in the World Today," beginning October 1, in conjunction with UNCC's Department of Continuing Education. Look for the Joint Adult Institute's offerings in Jewish studies beginning in September. The Federation's Community Relation Council has joined the JCC in purchasing the striking documentary "Shoah," a controversial film about the Holocaust which will be shown in the community this year. On October 1, the JCC and Ha Lailah Chapter of B'nai B'rith Women will be presenting John Rosemond, noted child psychologist, speaking at the J on the perils and joys of parenting.

Our singles groups, Pizazz and 30+ are gearing up for fall activities, both social and educational. The Chai-Lites, our Monday senior adult group, has a jam-packed schedule of lectures, outings and craft activities underway, with the help of Jane Abel, our new senior adult worker.

The Cultural Arts Committee is at work on some wonderful adventures in the arts for you. A Cultural Sampler, offering a taste of opera, theatre, dance and music will be available. Look for "Viva Klezmer" with our own Gene and Ali Kavadlo in concert at the J, as well as the notable Carolina Brass. Jewish Book Month will be observed and celebrated in November, and plans are in the works for a conference focusing on women and Judaism.

Look for details on these programs in the JCC's fall program brochure or call us at 366-5007. Remember, you're the ones who make things happen at the J!

## Jane Abel Is Working with Chai-Lites

Jane Abel, who is working with the senior adults, received a B. A. in Psychology from UNC-CH and a master's degree in counseling from Boston University.

She has been involved in a number of different professional positions. Jane was employed by the State of Maryland for a number of years where she was director of a unit of developmentally deficient residents of all ages. She was ultimately responsible for the well being of these individuals. She has also worked at a mental health center as a counselor in an out-patient clinic, in-patient clinic and sheltered workshop. In addition, Jane has provided her services as a recreational therapist, instructor and research assistant.

She is very excited about becoming involved with the Chai-Lites and is developing programs to address the

medical, social, recreational, physical, emotional and familial needs of the participants.

A number of new programs will be implemented. On August 4, 11 and 18 Pearl Rohde, a psychologist in the Charlotte area, will have an assertive training workshop for the Chai group. On August 25, Rita Arundell, Executive Director of Charlotte-Mecklenburg Senior Centers Inc., will talk about "Widows on Way," a self help group for widows. Monthly birthday parties and feature films will be shown at the J. Cards and other table games as well as bingo will be on a monthly basis. The Seniors will become involved with the Golden Age Walking Club and will go on regular trips to the library. On Wed., Aug. 27, they will be taken to Eastland Mall where "Mame" with Lucille Ball and Robert Preston will be viewed free of charge. After the movie

they will eat at a local restaurant.

Jane is certainly looking forward to seeing many new faces at the Chai-Lites meetings on Mondays. If you are interested in meeting new friends, reestablishing old friendships or just want to have an enjoyable time, please call Jane at 366-5007 for any details. She would like to hear from you regarding your ideas about programs and activities.

If anyone is interested in donating a piano for the Chai Lounge, it would be greatly appreciated. A record player, old records and magazines are also needed.

The van has been sponsored by Jewish Social Services and can be used by Senior Adults on Thursdays for medical and dental appointments, social visits and shopping. There is a \$1 charge for a one way ride. Please call 366-5007 in advance to schedule a ride.

## Jewish Lithographs on Display in Galleries

By Lina Levine

An exciting group of twenty-three lithographs are on exhibit on the walls of the East and West Galleries of the Charlotte Jewish Community Center; they are titled "ELEMENTARY KNOWLEDGE," depicting the HEBREW ALPHABET in stylized form. The Hebrew alphabet has played an important part in Judaic Art in the past and continues to do so in the present.

The colorful prints are part of a project begun in 1977 by Peter Haden, a native South

African, who now resides in Geneva, Switzerland. This work has been exhibited in Geneva, Washington, D.C. and New York City. The project includes paintings, sculpture, lithographs and a book depicting the Hebrew alphabet. Mr. Haden has also exhibited in London, Paris and Johannesburg.

The "ELEMENTARY KNOWLEDGE" Series, a gift to the Foundation from Joan Nelson, who now lives in Florida, in memory of her mother and uncle, and from Lina and Herman Levine, will be on display through August 15. After that date they will be moved to a permanent location in the complex.

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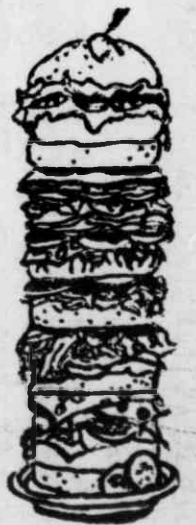
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For Membership Information call:

Barbara Zelickson, membership director 366-5007