

HOLIDAY RECIPES

Ed. Note: The following are taken from a new book, "The Varied Kitchens of India" by Copeland Marks, published by M. Evans & Co., Inc., N.Y. A section in it entitled "Jews of Calcutta," imaginatively combines Middle Eastern & Indian elements. Cuisine of this dwindling community follows the dietary laws.



Pilau Matabak

Old-Fashioned Rice

This is a *pukha* (real!) Jewish rice cooked by the Orthodox Jews of Calcutta on Simchat Torah. Any gala occasion would be a good time to prepare this pilau.

Potatoes

4 small potatoes, cut into 1/4-inch-thick round slices
1 cup sliced onions
1/2 tsp. ground turmeric

1/2 tsp. salt
1 tbsp. oil
1/2 cup water

Rice

1 tbsp. corn or peanut oil
2 cups raw rice, rinsed & well drained
1/2 tsp. ground turmeric

1/2 tsp. salt
2 tsp. garam masala
3 cups water

Fish

1/2 pound fillet of sole, flounder or similar fish, cut into 2-inch cubes

1/4 tsp. salt
1/4 tsp. ground turmeric
2 tsp. corn or peanut oil

- Mix potatoes & onions with turmeric & salt.
- Put tablespoon of oil in large saucepan. Place onion slices in the bottom of pan & cover them with potato slices. Fry mixture slowly over low heat for 5 minutes. Do not stir to disturb the slices. Add water, cover pan, & continue to steam/fry for 15 minutes, or until the water has completely evaporated. Set aside.
- Heat oil for the rice in a saucepan. Over moderate heat lightly brown rice for 3 minutes, adding turmeric, salt & garam masala during process. Add water, stir mixture, bring to a boil, cover pan, & turn heat to low. Cook for 10 minutes.
- Rub fish with salt & turmeric. Heat oil in skillet & lightly fry fish over moderate heat for 2 minutes. Remove fish cubes from oil.
- Spread fish cubes over potatoes in their original pan. Cover fish completely with rice. Cover pan & fry pilau slowly over low heat for 15 minutes. This may also be done in a 350°F. oven for 15 minutes.

Serve warm. Serves 6

Hanse Mukmura

Duck with Almond, Raisin and Spice Sauce

This richly assembled *mukmura* is eaten on festival days such as Simchat Torah and the New Year. Butternut squash, pumpkin or West Indian calabasa are all firm squashes or pumpkins that can be used in this festive preparation. American ducks have a lot of fat and so it is best to prepare the *mukmura* the previous day, refrigerate overnight, and then remove and discard the congealed fat.

1 duck, 4 to 4½ pounds, cut into 8 serving pieces, loose skin and fat discarded
4 cups plus 1 tbsp. water
1/4 cup fresh mint leaves
1 tsp. salt
2 large onions, sliced thin (3/4 cup)
2 tbsp. corn or peanut oil
1/2 teaspoon crushed fresh ginger
1/2 tsp. crushed garlic
1/2 tsp. crushed fresh hot green chili

1/2 tsp. ground turmeric
1 cup chopped ripe tomatoes
2 cups yellow pumpkin cubes
2 tbsp. raisins
2 tbsp. blanched almonds, halved lengthwise
1 bay leaf
1 tbsp. garlic, sliced thin lengthwise
1/4 cup tamarind paste, dissolved in 1/2 cup water & strained
2 tsp. sugar

- Cook duck in 4 cups water with salt over moderate heat for 45 minutes. Reserve 2 cups of liquid.
- In another large pan, brown onions in oil for 2 minutes. Add ginger, garlic, chili & turmeric, & fry for another 2 minutes.
- Add 1 tbsp. water & then tomatoes & cook for 5 minutes to combine flavors & reduce mixture to a puree (hamiss).
- Add pumpkin cubes & mix well. Add cooked duck, raisins, almonds, bay leaf, garlic slices, tamarind liquid & sugar. Stir a few times, add reserved duck liquid, & bring everything to a boil.
- Cook over moderate to low heat for 30 minutes, until duck is tender & flavorings combined. At this time adjust salt & sugar, if you wish, for more intense flavor. Sprinkle in mint leaves & stir a moment. Should the sauce reduce too much, add 1/2 cup water since the *mukmura* should have ample sauce.

Serve warm. Serves 6 to 8.

Community Calendar

Courtesy of Charlotte Chapter BBW

OCTOBER

- 1 - Charlotte BBW Evening with John Rosemond
- 6 - Chai-Lites
- 7 - Federation Leadership Tuesday
- 8 - Yiddish Vinkl
- 9 - HaLailah BBW "Moms & Mavens" Program
B'nai B'rith Lodge Board Meeting
Jewish Social Services
- 14 - HaLailah BBW Board Meeting
Federation Executive Committee
- 15 - Hadassah Education Workshop
Hebrew Academy Board
Hadassah Evening Group
- 16 - "J" Health and P.E. Committee
- 20 - Chai-Lites
Charlotte BBW Board
Federation Board Meeting
- 21 - Lubavitch Sukkot Party
HaLailah BBW Meeting
- 22 - B'nai B'rith Lodge Meeting
- 23 - BBW Avodah Council
- 27 - Chai-Lites
Foundation Board
President's Council
- 28 - Community Relations Committee

NOVEMBER

- 1 - Federation Campaign Kickoff
- 2 - Federation Worker Training
"J" Club 45
- 3 - Chai-Lites
Hadassah Board Meeting
- 4 - Election Day - VOTE
- 5 - Charlotte BBW Meeting
Yiddish Vinkl
- 6 - Hadassah Meeting

To ensure that all of our organizations have maximum participation at monthly meetings and special events use the Community Calendar to clear your dates. To place your events on the Community Calendar call Vicki Hopkins, 554-1324.

CLASSIFIED ADS

Get the Job Done!!!!
3 lines • \$2.50 • 50¢ ea. add. line
Approximately 5 words per line
Send to:
P.O. Box 13369
Charlotte, N.C. 28211

HELP WANTED

Temple Israel Daily School needs Nursery School Teachers and Aides to work full or part-time between 7 a.m. and 6 p.m. Send resume to: Carol Klein, Director
Temple Israel Daily School
Shalom Park - P.O. Box 13369
Charlotte, NC 28211

Mother's Morning Out seeking qualified staff; 9 a.m. - 1 p.m. weekdays. If interested in working with young children call Amy Diamond, 334-3920.

Advertising salesperson. Part-time. 30% commission. Call 366-6632



THINK CJN CLASSIFIED
IT WORKS FOR YOU.
The Fast And
Inexpensive Way
366-6632 or
366-5007

L SHANAH
TOVAH
TIKOSEVU
Blanche & Walter Yarus

World Beat

(cont'd from p. 4)

Since the 1973 Yom Kippur War, the drug problem in Israel has continued to escalate. For the past 10 years the most accessible drugs have been marijuana, hashish and heroin.

Tid-Bits

SANTIAGO (JTA) — In a formal ceremony in the city of Vina del Mar, a central plaza was dedicated as Golda Meir Square. The commemorative plaque describes Meir as "a woman who forged a world of peace and friendship."

JERUSALEM (JTA) — Police have increased their fight against road accidents, which have risen recently at an alarming rate. Leaves of absence for police personnel have been shortened in order to have more of them on traffic and road patrols. Increased preventive activities have also been put into effect.

These steps were taken when the country's 42nd traffic accident victim in 15 days died.

JERUSALEM, (JTA) — Prof. Yosef Singer, chairman of Israel Air Industries and president of the Haifa Technion, recently visited the people's Republic of China. Singer, who is considered a senior scientist in the field of aeronautics, was in China on what was described as a "professional" visit.

COUPON MUST ACCOMPANY ORDER

Silks & Linens
Our Specialty

50% DISCOUNT
ALL DRY CLEANING

Evening Gowns &
Wedding Dresses

Silk & Linen Not Included. Min. \$5.00 ORDER AFTER DISCOUNT

B-KLEEN CLEANERS — SPECIALIZING
IN FASHION ITEMS

DRIVE-THRU
WINDOWS

SEAMSTRESS
ON DUTY
EVERY DAY

Beautiful Shirts - 59¢ each - Southeast Charlotte's Finest

7221 Albemarle Road Location Now Open (next to Quincy's)

COUNTRYSIDE SHOPPING CENTER HWY. 51 PINEVILLE SHOPPING CENTER
SOUTHPARK SHARON
MATTHEWS 9710 MONROE RD.
RAINTREE SHOPPING CENTER

We are geared for performance and bred for quality.

Free Gift!

Bring this coupon into one of our
4 stores in Charlotte and receive
a Special Free Gift

Charlotte

6424 E. Independence Blvd.
Mon. - Thurs. & Sat. 10-6
Fri. 10-9, Sun. 1-6

Starmount Shopping Center
6927 South Boulevard
Mon. - Thurs. & Sat. 10-6
Fri. 10-9, Sun. 1-6

Freedom Village Shopping Ctr.
3053 Freedom Drive
Monday - Thursday 10-6
Fri. 10-9, Sat. 9-6, Sun. 1-6

North Park Mall
101 Eastway Drive
Mon. - Sat. 10-9, Sun. 1-6

Plej's Textile Mill Outlets
"Bargains Are Our Business"