

und The JCC

PREVIEW

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structor; Janet Jaffa, Wendy Kaplan.

Attention Seniors

Aqua-Fit, non-stressful water exercises specifically designed for Seniors, has been rescheduled for Wednesdays from 9:30 a.m. to 10:15 a.m. There is no charge for this class. Come join Diane Burkhalter in the water — you won't even get your hair wet! Transportation available if needed. Please call Jane Abel, 366-5007, to register.

Adult Studies Institute

Session III of the Joint Adult Institute, cosponsored by Temple Beth El V'Shalom, Temple Israel, Federation, Hebrew Academy, Lubavitch of NC and the JCC, meets every Thursday evening at 7 p.m. at Shalom Park. It's not too late to join any of the following classes:

Life Study—Intensive Journal Method
Speak English, but Think Jewish
Intermediate Hebrew
Basic Judaism
The Jewish Life Cycle
Conversational Hebrew

Call Jackie Fishman at the JCC for registration information, 366-5007.

Normally, mud slinging is something people would like to avoid, but in Ceramics Class at the JCC, they just can't stay away! Besides "throwing" on the potter's wheel, students are learning handbuilding, sculpture and glazing. A growing core of students is discovering that ceramics is both stimulating and relaxing, not to mention the satisfaction that comes from seeing one's creative energy captured permanently in clay, the oldest and most enduring form of art. Students range in experience from beginners to accomplished artists with several years' experience. Call the JCC, 366-5007 for class information.

Senior Health Clinics Being Held

Community Health Services held its first Senior Health Clinic at the JCC for persons over 55 on Jan. 19. Blood pressure and pulse were checked and a urinalysis was given. The next clinic will be held on Wed., April 29 from 10 a.m.-noon. On this date, a glaucoma test will be administered as well as a blood pressure and pulse check. In July, hemoglobin and blood sugar will be tested followed by flu vaccines in October. There is a \$5 annual fee for the four clinics. Please call Jane Abel, 366-5007, if you have any questions or concerns.



Mae Goldman (R) having her blood pressure checked.

Photo/Bruce Gallenwater

Tuesday Night at the Movies

Here's a deal! For as little as \$6, you get three movies, free popcorn (courtesy of the Queen Park Theatre), soda and congenial company. The Gorelick Hall Theatre at Shalom Park is the place. Movie dates and times are:
Tuesday, March 24, 7:45 p.m.

"The Frisco Kid" (1979). The story of what happens when the Old West meets the Old World. Gene Wilder stars as a Polish rabbi on his way to a congregation in San Francisco. In his travels, he clashes with different American customs and cultures, emerging from each a little taller.

Tuesday, April 28, 7:45 p.m.

"Lies My Father Told Me" (1975). A warm colorful story about the loving relationship between a 6-year-old boy and his grandfather in the Jewish ghetto of Montreal in the 1920s. Sensitive direction by Jan Kadar and appealing performances by the entire cast. Nominated for Academy Award as Best Original Screenplay.

Tuesday, May 19, 7:45 p.m.

"The mad Adventures of Rabbi Jacob" (1974). A clever, mad-cap French comedy.

Tickets available at the JCC desk.

\$6 M / \$8 NM for the series — \$3 M / \$4 NM per movie.

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Thank You

The Jewish Community Center gratefully acknowledges the generous gift of a new VCR presented to the "J" by the Charlotte Yiddish Institute. This gift will afford us the opportunity to enhance our varied program offerings.



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