

Chai-Lites Are Very Active

The Chai-Lites were very involved in a number of activities inspite of some unfavorable weather conditions in February. On Feb. 8, the HaLailah Chapter of BBW sponsored a Senior Adult Luncheon for the Chai members. The monthly Senior Adult Activity Day, sponsored by Charlotte BBW Chapter, was held at Randolph Park Apartments on Feb. 10. A hot lunch was provided and persons who attended made hand puppets for the Howell Center. The monthly Sunday brunch was held on Feb. 15 and a feature film was shown on the VCR. Sue McFarland from BodyWorks has been leading the seniors in exercise class every week. The Chai-Lites also visited Discovery Place to view the exhibit: "India: A Festival of Science."

In March, a number of informative speakers from the Presbyterian Hospital Speakers Bureau spoke on a variety of health related topics. On March 30 the first of a series, "Nutrition for Wellness," began. Diana Renfro, a registered dietician, who teaches a number of classes for



(L to R) Ethel Rudman, Mickye Greenberg, Sam Jaffe. Instructor Sue McFarland is facing them. Photo/Bruce Gillenwater

the American Heart Association, is the instructor for this course. Merle Gottheim, a registered nurse, will check blood pressure and pulse and will also be available to answer medical questions on the second and fourth Monday of each month. Records will be maintained on those participating in the program. She has thirteen years of experience and presently is a nurse both at the Methodist Home and Wesley Nursing Home.

Many thanks to Shirley Levine and Hushie Silverstein who have volunteered to coordinate the Sunday Brunch and movies once a month along with Ilse Bergen who will be accompanying the Chai-Lites on their Luncheon Club on a monthly basis. At this time a volunteer is needed to coordinate a local field trip once a month for the Chai Group. Interested persons should contact Jane Abel, 366-5007, about this specific issue or any other concerns.

Senior Health Clinic Offered

Community Health Services held its first Senior Health Clinic at the JCC for persons over 55 in January. Blood pressure and pulse were checked and a urinalysis was given. The next clinic will be held on Wed., April 29 from 10 a.m. until noon. On this date, a glaucoma test will be ad-

ministered as well as a blood pressure and pulse check. In July, hemoglobin and blood sugar will be tested followed by flu vaccines in October. There is a \$5 annual fee for the four clinics. Please call Jane Abel, 366-5007, if you have any questions or concerns.

Free Tax Assistance

The AARP is sponsoring a free tax counseling clinic at the "J" in the Chai lounge every Wednesday from 2 to 7 p.m. through April 15. Volunteers trained by the IRS and AARP will assist individuals of all ages in preparing their tax returns. There is no charge for this service. Call 366-5007 to make an appointment.

Aqua-Fit Class Rescheduled

Aqua-Fit, non-stressful water exercises specifically designed for Seniors, has been rescheduled for Wednesdays from 9:30 a.m. to 10:15 a.m. There is no charge for this

class. Come join Diane Burkhalter in the water. Transportation is available if needed. Please call Jane Abel, at 366-5007, to register.

PIZAZZ

Sun., Apr. 26 - BRUNCH—12:30 p.m. at the "J"
Sat., May 9 - Volleyball at the "J", 3:30-5:30 p.m.
Dinner afterwards. Location TBA
Sat., May 30 - PARTY. Information in next issue of "CJN"

To get on mailing list and/or more information call: 366-5007 (day) or 366-1815 (eve).



Welcome Aboard

New JCC Members

M/M Issac Ashendorf	M/M John Kaneday
Olga Berczeller	M/M Fred Kummer
M/M Vic Bergelson	Vivian Leibowitz
M/M George Bixler	Eileen McConnell
M/M Vincent Calebrese	M/M Fred Marsh
M/M Lane Charles	M/M Solley Mescon
M/M L.D.T. Cox, Jr.	Jo Mulraney
M/M Donald Daniels	M/M David Oberman
M/M Kenneth DuBroff	Michael Richman
M/M Charles Eaton	David Ransenberg
M/M Rex Fulks	M/M Earle Roberts
Sandra Grey	M/M Sam Siegel
M/M Steven Haas	Nancy Silverstein
M/M Luke Hill	John Smith
Lesia Hudson	Dr/M Vincent Voci

Silver Members

M/M John Phillips

In And Around

Youth Basketball

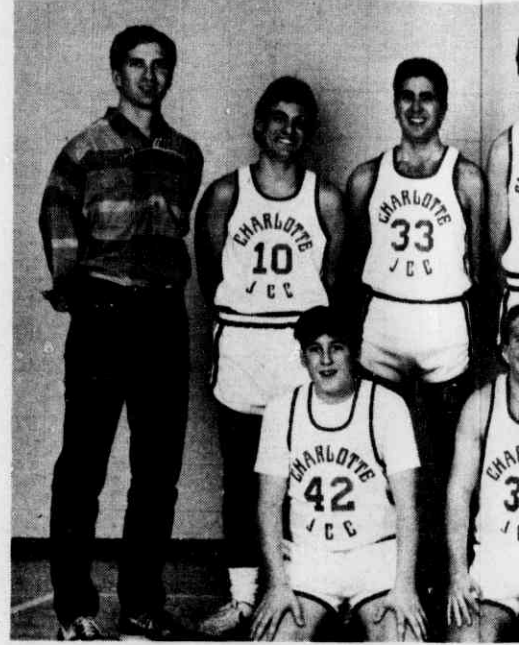
By Phil Smith

The Charlotte Jewish Community Center High School Basketball team traveled to Miami, FL on Feb. 27-Mar. 1 to participate in the 18th Annual Marvin Blumenthal Southeastern Tournament where they finished 4th out of a JCC field of 12 teams.

On Friday morning, the Charlotte JCC defeated the defending champions of last year's tournament, the Kansas City JCC by a score of 51 to 45. The Charlotte team was led by senior forward Gerry Ceuvorst with 21 points. The team advanced to Round 2 to face the Savannah JCC. With a good all around team effort and performance by Gerry Ceuvorst's 20 points, we defeated our opponents 51 to 36.

On Saturday, the team faced a tournament favored for the Atlanta JCC. While both teams played hard, the lead exchanged hands several times. In the final minutes of the game the Atlanta JCC pulled off a close 4 point win, sending Charlotte to the final round against powerhouse Memphis JCC.

At Sunday morning's game against a big Memphis team, the Charlotte team hung close with a good all around team hustle and good inside play from Senior forwards Gerry Ceuvorst and Al Mauceri. But the Memphis team muscled its way to victory, sending them



The 1987 JCC Basketball Team. Top row (L to R) Ceuvorst, Seth Somerstein, Marc Gentile, Coach S. Michael Stein, David Rosen, Andy Gainey (not p

into the Championship game and the Charlotte team to a tournament surprise 4th place finish.

The Charlotte JCC Senior forward Gerry Ceuvorst was picked for the All-Tournament 1st Team. Gerry led the tournament in scoring with a 23.5 point average. Also playing well for the Charlotte team were Senior Al Mauceri and Juniors David Rosen and David Asrael.

In closer to home action, the Charlotte JCC High School team played in the CYO League Tournament March 4-8. After a win in the opening

Contributions to JCC's Special

General Fund

In Honor Of:

Marvin Bienstock's successful future
Mr. and Mrs. Michael Simon
Leonard Madan's 75th birthday
Mr. and Mrs. Walter Finkelstein
Rabbi Robert Seigel's speedy recovery
Mr. and Mrs. Michael Simon
David Levine born to Mr. and Mrs. Miles Levine
Mr. and Mrs. Jack Mendel
Twins born to Mr. and Mrs. Mitch Rifkin
Mr. and Mrs. Jack Mendel

In Memory Of:

Elsa Multer's mother
Mr. and Mrs. Stuart Hennes
Rose Rosenfeld, grandmother of Lisa Vernon
Mr. and Mrs. Barry Hantman
Mr. and Mrs. Michael Simon
Tillie Nathanson, mother of Saul Nathanson
Dr. and Mrs. Gary Waldman
Murray Blank, father of Susan Klein
Mr. and Mrs. Barry Hantman
Mary Ann Schoen, mother of Walter Schoen
Mr. and Mrs. Donald Katz
Irving Kaufman, father of Louise Bernstein
Dr. and Mrs. Marvin Shapiro

For information on contribution cards call the JCC office, 366-5007.

Andrew & Robert Musler

In Honor Of:

Norman Musler's speedy recovery
Dr. and Mrs. Edwin Newman
Mr. and Mrs. Simon Wojnowi
Mr. and Mrs. David Rouso
Marie Parsons
Mr. and Mrs. Steve Weiner
G. G. Kosch
Terry Feldman's speedy recovery
Mr. and Mrs. David Kronovet
David Levine born to Mr. and Mrs.
Mr. and Mrs. David Rouso
Jason Ackerman born to Mr. and M
Mr. and Mrs. David Rouso

In Memory Of:

Orrin Nelson, husband of Jane Nels
Mr. and Mrs. Steve Weiner
Irving Kaufman, father of Louise B
Mr. and Mrs. Simon Wojnowi
Benjamin Jason Putterman, son of L
Mr. and Mrs. David Rouso
Murray Blank, father of Susan Klei
Mr. and Mrs. Dick Zelickson
Steven Steinberger, son of Norman
Mr. and Mrs. David Kronovet
Robert Winton, son of Mr. and Mrs.
Mr. and Mrs. Norman Musler
Rose Rosenfeld, grandmother of Lis
Mr. and Mrs. Dick Zelickson