#### Charlotte Jewish Day School



#### Who Disciplines - You or Them?

By Berta Straz

On Wednesday, November 4, at Shalom Park, we held a community outreach program for all young parents. Elaine Cigler led the morning seminar which started at 9:15 a.m. Elaine has worked diligently in the field of child development for the past 22 years. As a social worker, both here in the United States and in South Africa, she has worked with families dealing with problems in discipline and positive growth through discipline. Elaine was in private practice for many years, and associated herself with Jewish Day Schools, both here and abroad.

She spoke about effective ways in raising responsible children. The authoritarian approach was discussed; letting children take their own actions was discussed; hitting, screaming, punching, are there alternatives; if so, what are they?

Many topics were touched upon. The key being misbehavior. What is reasonable? What is realistic? What is appropriate with children? She said that children misbehave because it works. They go through stages and ages. As a famous philosopher said: "Don't aim to be perfect, aim to be good enough"! Elaine gave an interesting analogy by saying "Half of the people were setting up chairs in the front of a boat, and those people were looking ahead to the future, and half of the people



Elaine Cigler answering special concerns of individual mothers.



Parents listening and absorbing as much information as possible.

photos/B. Straz

were setting up chairs in the back of the boat and they were seeing the past, and when called upon, as to how he, Charlie Brown, planned on setting up his chairs, he said, "I don't even know how to unfold them." This story applies to the approach in rearing children too.

The morning ended with a lively question and answer period which was then followed by a repast of bagels and a variety of cream cheese spreads. Babysitting was also available at no charge.

We were delighted to host such a wonderful seminar which was in conjunction with Temple Israel Pre-School and Mother's Morning Out. It was nice to see 75 eager young parents who came out of concern and special interests. So, who disciplines, you or them?

#### Students are Inventors

By Berta Straz

The students in grades 2-6 are entering a National Invention Contest sponsored by Weekly Reader. Teaching thinking skills and encouraging creativity are top priorities in the minds of many of today's educators. A highly motivational way to encourage growth in this area is to exercise these skills on a specific project like an invention contest.

We at the Charlotte Jewish Day School are looking forward to this event. The children are working in the classroom on various skills that will enable and assist them to create and make an invention

of their own. Every child will gain recognition and special participation certificates. Aside from this, every grade level winner will receive a \$250 U.S. Savings Bond from the Weekly Reader. The winning invention will be displayed at the National Inventors Expo in Washington, D.C. in 1988. We will share our ideas and inventions with you as soon as they are entered. In the meantime, our students are having fun and inventing their dreams to the future. They will also be participating in the local Science Fair, which will be held in Mecklenburg County, at UNCC on March 11-12, 1988. Our scientists are on their way!

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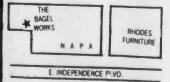
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