

Meichels

By Norma Barach
(JTA)

Now that winter is here, there is nothing like a hot bowl of soup to begin a meal, or to accompany a sandwich for lunch.



BEEF-BARLEY SOUP

1 lb. short ribs
2 soup bones
8 cups water
½ cup lima beans
1 cup barley

2 carrots, scraped & sliced
1 stalk celery, sliced
1 large onion, whole
2 potatoes, diced
salt & pepper to taste

Put short ribs, bones, and water in a 4-quart pot. Bring to boil and skim off the top. Add the remaining ingredients. Cover and simmer 2½ hours. Add more salt and pepper if desired. Can be frozen. Excellent reheated. Serves 6.

In the kosher kitchen, one can prepare either a dairy lasagna or one made with meat. Try both to see which best pleases your family. Serve either with vegetable soup and cole slaw to make a complete meal.

DAIRY LASAGNA

8 oz. lasagna noodles
1 16 oz. can tomato sauce
1 tbsp. vegetable oil

2 tbsp. water
2 cups cottage cheese
½ tsp. oregano
½ lb. muenster cheese, grated

Cook noodles according to package directions. Mix tomato sauce with oil and water. Grease a 9 x 13-inch pan. Layer noodles, cottage cheese, tomato sauce, grated cheese and oregano, and repeat until all ingredients are used up. Bake at 375 degrees for 25 minutes. Serves 5-6.

BEEF LASAGNA

8 oz. lasagna noodles
1 lb. ground beef
1 clove garlic, minced
1 green pepper, cut into thin strips
¼ lb. mushrooms, sliced

1 medium onion, diced oil
16 oz. tomato sauce
¼ cup water
oregano
pinch of basil

Cook noodles according to package directions. Brown meat, onions, garlic, peppers and mushrooms in oil. Add tomato sauce, water, oregano and basil. Simmer for 5 minutes. In a greased 9 x 13-inch pan, layer noodles and sauce, ending with sauce. Bake at 375 degrees for 30 minutes.

Library Lines

By Lenora Stein

The line most often heard when people visit the Speizman Jewish Library at Shalom Park is, "My goodness, it's beginning to look like a library!" Gone are the empty shelves and in their place is a growing Jewish book and periodical collection for children and adults. The new library equipment (special shelving, card catalog, etc.) is being delivered. The myriad of boxes of books are getting unpacked and a quality, current Jewish selection of wonderful reading materials is emerging.

The library regularly receives more than twenty of the most popular Jewish magazines which includes those for children. Most of these are unavailable elsewhere in Charlotte. Stop by and catch up on the very latest going on in the Jewish world.

The book collection is shaping up so that there is a wide choice of Jewish holiday books for children, always a highly requested and in-demand item.

A successful Jewish Book Month celebration and Library dedication took place on Nov. 15. The classroom library visit program has begun in all the schools which use Shalom Park. Students are partici-

pating in the Great National Jewish Read-In for the benefit of the Jewish Braille Institute, a tzedakah project that assists the Jewish blind and encourages Judaic (and other) reading for sighted children. A bibliography of children's books in the Speizman library has been developed in conjunction with the I.D. Blumenthal Scholar-In-Residence weekend on January 15-16 at Temple Israel in Charlotte. Copies of this bibliography, "My Jewish Family History," are available in the library.

Donations to the Library Tribute Fund of the Foundation are, of course, always gratefully accepted.

College Catalog Library

Over 200 college catalogs are in the Speizman Library for your convenience. Come in and browse through them or check one out for 2 weeks. Also, school tour information and sample applications are available.

Note to Advertisers

Due to another increase this month from our publisher because of the rise in cost of paper, advertising costs will go up in Feb. 5-10%. All contracts prior to Feb. will be honored as written. We hope that this will be the only increase in '88. We appreciate your understanding and support.

CAJE Delivers

The Carolina Agency for Jewish Education (CAJE) is a multi-media Jewish education resource center located at 1727 Providence Rd., Charlotte, NC 28207. CAJE is a unique pioneering, Jewish educational venture, serving schools, congregations and individuals throughout the Carolinas and southern Virginia and West Virginia. CAJE is a project of the N.C. Association of Jewish Men, funded through a grant from the Blumenthal Foundation and is member supported.

The CAJE Resource Center has an extensive media library (including videotapes, audiotapes, filmstrips, slides, games, software, posters, etc.) in addition to print materials representing 150 quality publishers of Jewish educational materials.

CAJE has over 30 schools, congregations and individuals who have joined the agency for 1987-88, including all Charlotte Jewish schools and congregations. Membership in CAJE provides, on loan, the best and the brightest in Jewish educational materials for use in the classroom and other settings, to enrich the Jewish educational experience. Also, CAJE offers consultation, curriculum, teacher training, workshops, model projects, outreach and a newsletter, the CAJE PAGE, published 6 times a year.

On Feb. 27 and 28, CAJE, in partnership with Temple Beth El V'Shalom, Temple Israel and The Consolidated Jewish High School in Charlotte, and Temple Emanuel in Greensboro will present for Jewish youth and teachers from throughout the Carolinas, a state-of-the-art Jewish educational experience entitled "Rock 'N Roll 'N Religion: The Missing Link." The creator of this dynamic program, Aley Sheer, a Florida youth worker and musician, will be our special guest for the weekend. Shalom Park will be rockin' and rollin' like it never has before — and Jewishly!

Many parents of young children have heard about "Shalom Sesame," the Israeli version of Sesame Street produced by the Children's Television Workshop. CAJE is now the local distributor for "Shalom Sesame" videotapes. We can offer them at significant savings to you over regular retail (over \$30 savings on the complete set of 5 videotapes.) Contact CAJE to place your prepaid order.

CAJE may be reached at (704) 366-1948.

Lenora Stein is the Resource Center Director. Rabbi Robert A. Seigel is the Educational Consultant.

Community Calendar

Courtesy of Charlotte Chapter BBW

JANUARY

- 3 - BBYO
- 4 - Hadassah Board Meeting
- 11 - Charlotte BBW Board Meeting
Chai-Lites
JCC Board Meeting
- 12 - Charlotte BBW Older Adult Luncheon
Federation Executive Committee
HaLailah BBW Board Meeting
- 13 - B'nai B'rith Lodge Meeting
- 14 - Federation Women's Division Event
Jewish Family Services
- 16 - Charlotte BBW New Member Social
- 18 - Chai-Lites
Federation Board Meeting
- 19 - HaLailah BBW Meeting
- 20 - Dorothy Gutmann Hadassah Meeting
Jewish Day School Board Meeting
- 21 - Health & P.E. Meeting
- 23 - HaLailah BBW Social
- 24 - Federation Women's Division Atlanta Trip
Federation Leadership Development Program
- 25 - President Council Meeting
Foundation Board Meeting
Chai-Lites
- 26 - Community Relations Committee Meeting
- 27 - Charlotte BBW Meeting
B'nai B'rith Lodge Meeting
- 28 - Avodah Council Meeting
- 29 - BBYO MIT/AIT Convention (thru 1/31)

FEBRUARY

- 1 - Hadassah Board Meeting
Chai-Lites
- 3 - Yiddish Vinkl

To ensure that all of our organizations have maximum participation at monthly meetings and special events, use the Community Calendar. To place your events on the Community Calendar call Marcia Stern, 366-0167.

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