

Jewish Community Center

Many Attend Annual "Memberfest"

On June 15 the Jewish Community Center held its third annual "Memberfest." Approximately 200 members and guests enjoyed an evening under the stars. They were able to try out our fitness center, swim in the pools, or play a game of racquetball or tennis. Everyone came back for seconds of the hamburgers and hot dogs prepared by a wonderful crew of volun-

teers. The highlight of the evening was a performance by our own "Blue Moons."

We extend a warm welcome to the over 70 new members who joined during "Memberfest" and hope that we see a lot of them in the months and years ahead. Thanks go to all the volunteers and staff who helped make the evening a huge success.

— Debby Rosenberger

"Meals on Wheels" Program Starts

"The "Meals on Wheels" program is off and rolling. We have been delivering meals for two months now to those unable to get out to our Hot Lunch Nutrition Program. It has been well received with inquiries weekly about future deliveries. Many thanks to Frank Rothschild for delivering the meals to

the participants. To quote a family member, "My grandmother eats a lot of prepared foods and sometimes doesn't eat at all, so the meal that you deliver really makes a difference." Anyone in need of this service should call Marcia Stern, director of Sr. Adult Programs, 366-5007.

Hot Lunch Program is Successful

The Senior Adult Hot Lunch Program, which started in February, 1990, has been well received by the Jewish and the non-Jewish community. The no-salt/low-cholesterol Kosher meals will be served on Mondays and Thursdays following a full morning of activities. In addition, the JCC will be offering a Friday "Shabbat Sharing" luncheon at which the Seniors and the four-year-old and Pre-K classes from the Charlotte Jewish Preschool enjoy a beautiful luncheon complete with challah and Shabbat candlelighting.

The program has been well supported by volunteers in the community. These volunteers set the tables, serve and clear the tables. We couldn't serve the meals "piping hot" without them. A special thanks to volunteer coordinators Elaine Schefflin, Helga Rosenberger and Hushie Silverstein. If you would like to become a volunteer or would like to donate candles, wine or challah please call the coordinators, Evelyn Berger, Sr. Adult Committee Chair or Marcia Stern, director of Sr. Adult Programs.

Sr. Adult Hot Lunch Program

Aug. 5 - Lasagna Roll
Aug. 12 - Meat Loaf

Aug. 19 - Baked Fish
Aug. 26 - Baked Chicken

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Singles Symposium Weekend Held at Wildacres



The 3rd Annual Singles Symposium Weekend was a tremendous success. Held at beautiful Wildacres, in the heart of the Blue Ridge Mountains, 96 singles from throughout the southeast participated in a fun and thought provoking Memorial Day Weekend.

Workshops were facilitated by Wilma Asrael, Psychotherapist Sexuality Counselor. There was a Saturday night mountain music and dance; Friday night and Havdalah services, local tours of art studios; Crab Tree Falls and Mt. Mitchell hiking were offered. The mountain

setting was breathtaking, food was delicious and abundant, but best of all warm, friendly and non-pressured environment provided for developing lifetime friendships.

— Fran Rosenberg

Sr. Adult Program Calendar

- Aug. 5 - BINGO for terrific prizes, 11 a.m., Chai Lounge
 - Aug. 6 - Day trip to "Museum of the Alphabet" in Waxhaw. Lunch following. Van leaves JCC at 10:15 a.m.
 - Aug. 12 - Travel Talk by Bill Burton, 11 a.m., Chai Lounge
 - Aug. 15 - Day trip to lunch at Landmark Diner; tour of the Phillip Morris Art Exhibit featuring original artwork & photographs by N.C. artists, 200 pieces of handmade pottery, etc. Van leaves JCC at noon.
 - Aug. 19 - Speaker: Peggy Polito, licensed Esthetician at JCC, 11 a.m., Chai Lounge.
 - Aug. 20 - Visit with friends at Sardis Nursing Home. Van leaves JCC, 10:30 a.m.
 - Aug. 26 - Grab your apron — we are baking honey cake for Rosh Hashanah, 11 a.m., Chai Lounge. Of course we will have samples!
 - Aug. 29 - "Out to Lunch Bunch": Lunch and Movie Day.
- (Please note that due to holiday closings, the program differs)
- Sept. 3 - Visit with friends at Sardis Nursing Home. We will be delivering holiday cheer. Van leaves JCC, 10 a.m.
 - Sept. 12 - Bagel Brunch and Movie Morning, 10:30 a.m., Chai Lounge. Cost: \$2
 - Sept. 16 - Cook-out at Hornets Nest Park. Enjoy the lovely lake, petting zoo, bingo and hamburgers with all the trimmings. Cost: \$2.50.
 - Sept. 22 - "The Great Succahrama" Family Succoth Program at JCC, 12:30-3 p.m.
 - Sept. 26 - "Mall Crawl" shopping trip to Carolina Mall; lunch following. Van leaves JCC, 10 a.m.

Transportation provided to all programs for all JCC members. Call Marcia Stern, director of Sr. Adult Programs, 366-5007, for information.

Visiting Friends Outreach Program

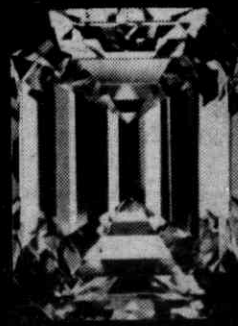
The Jewish Community Center has begun an outreach program to help meet the needs of members of our community who are now residing in local nursing homes. This program began with a wonderful Passover Seder at the Sardis Nursing Home conducted by Marcia Stern, director of Sr. Adult Programs. Thanks to the generosity of HaLailah B'nai B'rith Women, members of the Chai Group and residents and family members (30 people in all) enjoyed the traditional Passover symbols and foods. It was a heartwarming afternoon that has grown into a visiting and holiday celebration project.

Special thanks go to Zava Rosenberg, Gene and DeeDee Daumit, and Prudential Greater Charlotte Realty for their generous donations to this program.

The Chai group will be delivering home-made honeycake and other seasonal items on September 3.

If you would like to be a volunteer for this project or would like to make a donation to the Sr. Adult Outreach Fund you may contact Marcia Stern, 366-5007.

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