



Jewish Family Services



JFS DIRECTORY WHO TO CALL FOR ASSISTANCE

- Adolescent Problems.....Elise Rosenberg*
- Employment or Career Issues.....Elise Rosenberg
- Financial Assistance.....Adrienne Rosenberg*
- General Counseling.....Elise Rosenberg
- Senior Concerns.....Lauri Gordon Harris*
- Volunteering to Help Others.....Laurie Gordon Harris
- General Counseling.....Adrienne Rosenberg
- All Other Concerns.....Adrienne Rosenberg

ALL CAN BE REACHED BY CALLING JEWISH FAMILY SERVICES

All Services are Confidential and Are Provided by
Professional Masters-Level Counselors.
AT 364-6594 or 364-6596

Adrienne Rosenberg - MSW, ACSW*
Elise Rosenberg - MSW, CCSW*
Laurie Gordon Harris - MSW, CCSW *

Thoughts From Adrienne



Adrienne Rosenberg

I was sitting next to someone at a senior luncheon when she commented on the articles I write each month. We spoke of the variety of topics I have written about over the years. The one topic she said she had not seen was about SEX. I promised her that I would mention SEX in my next article. So, here goes—

It is not that the subject of SEX does not come up at JFS from those we see. Certainly when we see marital couples, sex being a form of communication, this is discussed. Unfortunately, sexual abuse is also something that has been discussed by some clients.

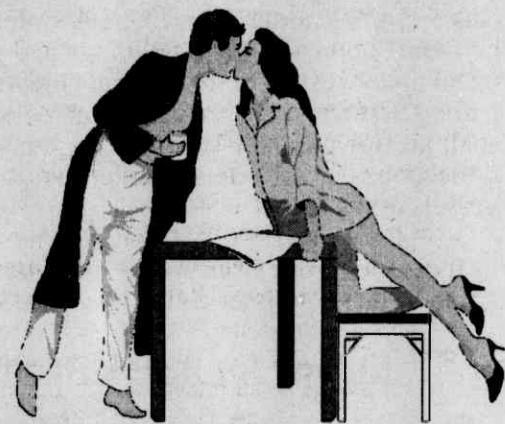
But rather than write about sex and sexual problems which I believe are better off left to the confines of the therapist's office, I would rather stress that when I think of the reasons people call on JFS (and yes, we only serve the Jewish community) none are sexy. Rather, people

usually approach us when feeling vulnerable, unhappy, scared, lonely, or in trouble. We are not the agency most people call when they are having a good day or merely to say hello.

The highly trained professional social work staff must be prepared on any given day to handle questions, concerns and problems of a varied nature. The presenting problems or reasons why most persons call JFS does not have to do with SEX as a titillating, exciting part of a relationship, but rather that life has changed and one needs help to deal with it. This is the agency where people can go and talk in confidence about any topic and seek support and counseling.

So what are some of the reasons people come or call on JFS? From January through October 1995, the list I compiled, which is too long to print, comprised more than one hundred different types of problems. While the following list does not include

all the different types, it will give you an idea of what JFS is called upon to deal with throughout the year: home health needed; bereavement and loss issues; child rearing problems; adoption inquiry; woman reporting abusive situation, fearful for life; homeless person needing help; depression; information on employing Russians; senior housing needed; marital/couple relationship and many, many others including sexual problems.



SEX as exciting...maybe not. But as a topic that JFS deals with in a variety of forms when people turn to us for what they want to work on in their lives to make things different.

Jewish Family Services would like you to be aware of their needs and their current "WISH LIST"

- Friendly Visitors for the Frail Elderly
- Electronic Menorahs
- Administratively Gifted Volunteer
- Items Needed for JFS Food Pantry
 - Beans & Rice
 - Hot Cereal
 - Canned Fruit/Jello
 - Canned Juice
 - Dry Milk, Tea & Coffee
 - Pasta & Sauce
 - Oil
 - Paper Towels/Kleenex
 - Crackers & Soup

Charlotte Care Services, Inc.

Caring is our ONLY Business
Personal Care For Those You Love
Infants to Elderly
Pets and Plants too.
When You Need It
Home • Traveling • Hospital
The Way You Want It
"Caring for others with compassion, understanding, honesty and dependability is the purpose of Charlotte Care Services."
—Jonnie Shelton, President

(704) 335-0501

An Instant Way to Help JFS

We have an easier, quicker way for you to make donations in honor or memory of loved ones or of special events.

All you have to do is pick up the phone and call Jewish Family Services. We'll mail a lovely tribute card within 24 hours of your call for a minimum donation of \$5 per card. You can also charge it to your credit card (minimum \$10). That's an instant way to acknowledge special occasions or people and to help the Agency.

Call in your Instant Tribute today.

Our number is 364-6594.

Mitzvah Maker Volunteers Needed!
Jewish Family Services needs your help. The demand for services in the community is ever increasing. Please call Laurie Gordon Harris, MSW, Jewish Family Services
364-6594

with the following information about your availability:

- Which days are you available
- How often are you available
- What time(s) are you available

Also, please call if you want more information on the ways you can help:

- Weekly Phone reassurance
- Drive to Medical Appointment
- Friendly Visitation, Respite
- Grocery Shop Assistance

Someone Needs You Right Now!
Call Today!
364-6594

Celebrating Our Donors

The following individuals purchased donation cards in October through Jewish Family Services

IN MEMORY OF:

Manley Green
Father of Phil Levine
Father of Ken & Tammy Colder
Avonelle McVey
Avonelle McVey
Hyman Levine
Brother of Sydney Rakatansky
Martin Eskin
Husband of Estelle Goozner
Mother of Paula Leff
Mother of DeeDee Daumit
Aunt of Allan Gxman
Martin Jankowitz
George Levey

FROM:

Marc and Ruth Ben-Joseph
Marc and Ruth Ben-Joseph
Debby Block
Marlene and Jay Jacoby
Stanley and Elkie Tulman
Ira H. and Dorothy Schulman
Joyce Mabel
Roni and Glenn Fishkin
Martha Kessler
Marilyn and Mike Tuckman
Marilyn and Mike Tuckman
Marilyn and Mike Tuckman
Sandy and Lois Benjamin
Sandy and Lois Benjamin

IN HONOR OF:

Marilyn Swimmer
(Happiness for Recovery)
David Kronovet
(Happiness for Recovery)
Rose Weisman
(Speedy Recovery)
Mr. and Mrs. Adolph Melasky
(Happy Anniversary)
Sonny Melasky
(Get Well Soon)
Bonny Melasky
(Get Well Soon)
Micha Aaron Monosoff
(Bar Mitzvah)
Linda Spil
(Happy Birthday)
Marlene and Jay Jacoby
(Appreciation & Friendship)
Harry Mendelson
(Quick Recovery)

FROM:

Morton and Shirley Silverstein
Morton and Shirley Silverstein
Ira H. and Dorothy Schulman
Ida Smith
Micki Schiffman
Helga and Hugo Rosenherger
Leon and Flora Benveniste
Jeff and Karen Turk
Stanley and Elkie Tulman
Sandy and Lois Benjamin

Berrybrook Farm Natural Food Pantry



COMPLETE LINE OF NATURAL
FOODS & VITAMINS

Juice Bar • Sandwiches, Salads &
Soup Made Fresh Daily To Go 11-4
Organically Grown Produce
Nutritional Books • Birkenstock Sandals
Cruelty Free Natural Cosmetics
Champion Juicers
Vitamin & Senior Citizens Discounts
Personalized Service

1257 East Boulevard 334-6528
M-Sat 9:30-6