

# **Federation News**

**JEWISH** FEDERATION OF GREATER CHARLOTTE

## Dr. Ruth Westheimer Will Speak at Federation's Main Event

Be sure to make plans to attend "Sex and the Queen City - A Conversation with Dr. Ruth" on Tuesday, February 5, 2002. To kick-off the Jewish Federation's kick-off the Jewish Federation's 2002 Annual Campaign, Dr. Ruth Westheimer, the psychosexual therapist who helped pioneer the field of media psychology, will speak at 7:45 PM at Temple Israel. According to event co-chair Stacy Gorelick, "We are anticipating a sell-out for this event. Dr. Ruth spoke engagingly on behalf of the Memphis Federation in October

Memphis Federation in October on a Monday evening to a 'standing room only' crowd."

Dr. Ruth Westheimer's radio program, Sexually Speaking, began in September of 1980 as a fifteen minute, taped show that aired Sundays after midnight on NBC in New York. One year later the same a live one-hour show it became a live, one-hour show airing at 10 PM on which Dr. Ruth, as she became known, answered call-in questions from listeners. Soon distributing Dr. Westheimer's expertise became part of a communication network, which includes television, books, newspapers, games, home video, computer software and a page on the Worldwide Web.

Born in Germany in 1928, Dr. Westheimer was sent at the age of ten to a school in Switzerland, which became an orphanage for

most of the German Jewish students who had been sent there to escape the Holocaust. At 16 she went to Israel, where she fought for that country's independence as a member of the Haganah, the Jewish freedom fighters. She then moved to Paris where she studied at the Sorbonne and taught kindergarten. She immigrated to the United States in 1956 where she United States in 1956 where she obtained her Masters Degree in Sociology from the Graduate Faculty of the New School of Social Research. In 1970, she received a Doctorate of Education in the Interdisciplinary Study of the Family from Columbia University University.

worked for Planned She Parenthood for a time, and it was that experience that prompted her to further her education in human sexuality by studying under Dr. Helen Singer Kaplan at New York Hospital-Cornell University Medical Center. She later partici-Medical Center. She later participated in the program for five years as Adjunct Associate Professor. She has also taught at Lehman College, Brooklyn College, Adelphi Unviersity, Columbia Unviersity and West Point.

Currently Dr. Westheimer is an Adjunct Description of the Professor Sh. VII. She is

Adjunct Professor at N.Y.U. She is a fellow of the New York Academy of Medicine and in addition to having her own private



Dr. Ruth Westheimer

practice, Dr. Westheimer leads regular seminars on adolescent sexuality for residents and interns. She frequently lectures at universities across the country and has twice been named "College Lecturer of the Year."

During her days as a college professor, Dr. Westheimer never envisaged that one day she would be making such wide use of the mass media to help spread what she has labeled "sexual literacy."
However, with her unique style, she has been able to communicate effectively through almost every avenue available. In addition to radio, her television career has

spanned both broadcast and cable, in the United States and in Europe. She even donned the title of Executive Producer for a documentary on Ethiopian Jews titled "Surviving Salvation," aired nationally on PBS.

Her syndicated newspaper col-umn Ask Dr. Ruth circles the globe, and she is the author of nineteen books. A book signing will follow the February 5 program, during which time Dr. Ruth will sign three of her books - Rekindling Romance for Dummies, Grandparenthood, and Heavenly Sex, which describes sex in the Jewish tradition. These books will be available in the Federation office for anyone wishing to purchase them in advance.

Dr. Ruth has two children and

three grandchildren, and was named "Mother of the Year" by the National Mother's Day Committee. She has been awarded numerous medals for her achieve-ments, and in May 2000, she received an Honorary Doctorate from Hebrew Union College -Jewish Institute of Religion for her work in Human Sexuality and for her commitment to the Jewish People, Israel and Religion.

To purchase tickets, which cost \$36.00 each, please call the Federation office at 704-944-6757. Attendees will have the

opportunity to make their 2002 





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### Abracadabra

The time to create magic and have our voices heard is fast approaching.

What: The United Jewish Communities Washington 13 National Young Leadership Conference (aka Washington 13).

When: February 10-12, 2002.
Where: The Washington Hilton, Washington, D.C.
Who: 3000 young Jewish Leaders, ages 25-45 from all communities across North America.

Why: Come to Washington 13 to learn, to be inspired by some of

to learn, to be inspired by some of the best Jewish rabbis and scholars of our time, to hear from some of the leading political figures in the United States and in Israel, to meet and mingle with new friends from around the country and around the world, and to energize your Jewish

The time is now. We must stand and create magic together, 3000

After the tragedy of September 11, it is imperative that we stand united in support of the United States and of the people of Israel. Now is the time to be counted and have our voices heard.

How: Sign up polline at

How: Sign up online at http://ujc.org/washington13.
For more information, please call Marnie Moskowitz, Director of Program Development, in the Federation office at 704-944-6764 \$\Delta\$ 6764. \$

JEWISH FEDERATION OF GREATER CHARLOTTE

#### **HEALTH ALERT FOR** YOUNG ADULTS

SAVE THIS DATE!

Getting married? Pregnant?
Tested for Jewish genetic disorders? It's critical that you do. Find out why on Thursday evening, April 18 - It's in your genes. Questions? Call Sheila Peltzer, 704-540-8555.

Women's Division Shalom Y'all Newcomers Committee and the JCC Member Services Department Host

### ewish Charlotte's Winter Wonderland

Please join us at this event for Charlotte's newcomers

Sunday, January 13, 2002 3:00-5:00 PM Camp Mindy FUN. MUSIC AND MORE

JEWISH FEDERATION OF GREATER CHARLOTTE

For more information, please call Marnie Moskowitz in the Federation office at 704-944-6764.



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