

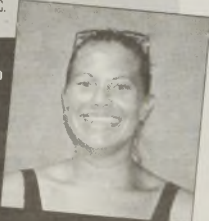


The Jewish Community Center

MEMBERSHIP CORNER

"Sharing Our Stories"

This month, the Jewish Community Center of Charlotte, interviewed **Sharon Lintz** about "growing up" at the JCC.



"Some people come into our lives and quickly go, others stay for a while, leaving footprints on our hearts and we are never quite the same."

So maybe the Jewish Community Center does not exactly fall under the "people" category, but the JCC has undoubtedly helped shape me into the college-bound young lady I am today. Maybe it was the Mothers Morning Out program? Maybe it was my wonderful experience at the Charlotte Jewish preschool? It was obviously not one event, but the experience of growing up and finding my Jewish identity with the help of the JCC.

I still remember attending "Bagels and Lox" events with my dad and running around with the same group of girls who are still my best friends today, thousands of miles since I was five for the good old JCC swim team, and my endless summers as a camper at the former Camp Shalom. Having the reputation of a pool rat says something about my dedication to our aquatic staff. Art classes, soccer, basketball, and "Schools out, J's in" programs kept my calendar full.

While I have grown up (depending on who you ask) the J continues to keep my calendar jam-packed, although my activities have slightly changed. Instead of taking swim lessons, I am teaching them; instead of being led in youth groups, I am leading the younger members; instead of attending Jammin' at the J, I help plan them. It is not only strange, but also overwhelming to see other children participating in the very activities that made my childhood as complete as it was. Seeing this cycle brings me to the realization that I graduate in less than six months, and the option of spending my idle time in the snack bar will soon no longer exist. The adjustment of college life will be hard: being unable to drive myself to the J whenever I need a work out, have flyers that must be urgently run off, or need advice from one of my many mentors on the Jewish Community Center Staff.

The friends I have made over the past years through the J span the classes - and the generations, which has made my experience even more unique and even harder to let go. So this is the story of my life as a JCC-aholic, and I am appreciative of everything it has had to offer me, good or bad. It is because of the Jewish community of Charlotte that I had all the leadership opportunities I was given, the chances to explore my creativity, and the break to find out what truly interests me. Uhm, and I guess I owe some credit to my parents too!

Oasis Enrichment Programs Supports Cultural Diversity in February

Read over the Oasis Connection newsletter, and you will notice a wonderful variety of visitors representing a diversity of cultures for the month of February! Friday, February 1st, Emily Seelbinder, Ph.D. from Queens College spoke on "The Harlem Renaissance: An Explosion of African-American Creativity." Wednesday, February 6th, from 2 to 3pm, Oasis will have a Mah Jongg Tea and Nosh for any player interested in organizing a regular players club. Monday, February 11th, from 1 to 2pm, Yu Ito from the Japan-American Society will demonstrate and teach the art of Origami. Monday, February 18th, from 1 to 2pm, The Senior African Drumming and Percussion Ensemble will demonstrate how to maintain dexterity and flexibility through drumming. Come join the fun! Call Nicole Kome at 704-944-6730 for more information.

FREE OASIS PROGRAMS OPEN TO THE PUBLIC

Exercise with Ease Enhanced - Every Friday 11-12 noon
Gorelick Hall at the JCC with Suzi Rosen, Licensed Physical Therapist

Tom Haselden with the Council on Aging
Senior Issues will be discussed Friday, February 15th from 1 to 2pm

Diabetes Screening



Thanks to Metrolina Medical Research, our Wellness Department was able to offer a FREE diabetes screening to all of our members and to our Cardiac Maintenance participants. MMR was able to catch several people at risk for diabetes and referred them on to their physicians for further testing. The symptoms for diabetes are not always evident, therefore screenings like this are extremely valuable.

Look for more screenings in the future. If you have any questions or concerns about diabetes, health screenings, or to get involved in a medical study at MMR, please call our Wellness Director, Kim Veith at 704-944-6750.



SAVE THE DATE!

The 15th Annual Maccabiah Sports for Israel Jewish Community Center of Charlotte Golf Tournament



Monday, April 29th, 2002
12:30pm Tee Off Time
Raintree Country Club

For details, call Barry Schumer at 704-944-6744 or email to bschumer@shalomcharlotte.org

Volunteers Needed for Room in the Inn @ the JCC!

Anyone interested in donating their time for this meaningful experience February 9th and March 9th. Call Anna Gunsher at 704-944-6729 if interested.

Grizzlies Win Championship!



The Men's Basketball League for the fall was won by the Grizzlies. After finishing the season tied for first with a record of 6-4, the Grizzlies swept through the playoffs and the championship game by beating the Kings 63-53. Pictured (top row, l to r) Magic Johnson, Len Kure, Roger Ash, (bottom row, l to r) Steve Kalick, Andy Pruce and Troy Simko. Not pictured, Michael Gross.

camp min·dy (kamp mindē), *n.* 1. a place where campers can have fun! 2. a place where all kids are welcome! 3. a summer camp that offers a variety of programs for pre-schoolers thru teens!

Come tour our camp facility and see why it's the best kept secret in Charlotte. Call 704-944-6728 for more information.

