

Youth Visions

Hebrew Highlights

Hebrew High students prepared for the High Holidays in an all school program entitled "Tzedakah, Teshuvah and Tefillah." For their tzedakah projects, the students created "Comfort Pillow Cases" to send to the victims of hurricane Katrina and Rita. Each pillowcase was hand decorated with cheery designs and good wishes for brighter days in the future. In addition, some students sewed tiny fleece caps for preemies in the Emory Crawford Long Hospital in Atlanta nursery. Nurse Rayna Bernstein accepted the gift and assured us that the "awesome" little hats would be put to good use.

Small group discussions centered on the concept of Teshuvah, or return. The groups read several quotations from our sacred texts

and discussed their relevance to life in 21st century America. They easily understood that this special time of reflection in the Jewish year is a great gift to all who take the task seriously.

Finally, the students were challenged to write their own heartfelt



J. Jay Heiden, Jessica Wernikoff and Matthew Lepow.

tefillot (prayers). Below are several examples of their work.

Samantha Berinsky and Lindsay London:

Thanking God for helping us.

Everything deserves a prayer.

Forgiveness being asked for.

Inside ourselves prayer always tells us who we are.

Love in an answer to prayers.

Live life knowing we prayed and God is watching over us.

Always keep prayer no matter when or where.

Home is always just as good a place to pray as synagogue

Alex Widis:

*Taking time
Earning respect
Forgiveness for our sins
Israel*

*Looking inside ourselves
Learning who we are
A peaceful quiet place
Hope, happiness and honor*



8th grade girls get ready to begin their Hebrew High adventure.



Heather Rouso and Samantha Mandel.

Mandy Epstein and Rachel Sobel:

*Talk about God
Everyone is united
Forgiveness
Israel
Love
Life
A belief
Happiness*

Sharen Eshet and Eva Yaffe:

*Towards me, inward
Ending at infinite
Feeling closer with God
In quiet, almost silent
Living in the heart of the prayer book
Loving poetic scripture
Able to understand hidden meaning
Having deep thoughts you never thought you'd have*

Anna Bobrow:

*Torah
Envelope
Friendship
Intimate
Love
Longing
Appreciation
Happiness*

Jacob Stark:

*Tefillah
Enrichment
For the soul
Instrumental for
Life and
Love
And it's
Helpful for you and those in need*

Debby Farber:

*Teshuva
Emunah
Feeling, fear of Hashem
Into it
Love for Hashem
Learning
Aliyah
Hillel said: "If I am not for myself, who is? And if I am only for myself, what am I? And if not now, when?"*

Anonymous:

*Temple
Energy
Family
Inner self
Love
Laughter
Always give back
Have the time of your life*

Josh, Matt and Katy:

*Take time of on Saturdays
Eat Kosher hood!
Give to tzedakah
Love
Learn about Judaism
After meals, Bench
Holidays*

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