

Fitness & Wellness

Speech Screening

Mon. Feb. 5th, By appointment

SpeechSouth can help determine if your child is talking and understanding at an age appropriate level (ages 18 months & up)
 Contact SpeechSouth to schedule your free screening @ 704-370-2767.
 For more information contact Anji Paumier @ 704-366-5007 or anji.paumier@charlottejcc.org.

Meditation Workshop

Sun. Feb. 18th, 12:30 - 3:30 pm

Join our resident "yogi" and learn techniques to quiet your mind and reduce stress. Bring a blanket and/or towel and dress comfortably. We will meet in the upstairs dance studio.

LJCC \$35 Ben/Sil \$20 Non \$40

Karoke Kardio/Sing N' Sculpt

Wed. Feb. 7th, 10 - 11:30 am

We'll be scoping out the next American Idol-worthy fitness enthusiast in this fun, unique, and uplifting 90 minute cardio/sculpt class. We'll begin with an MTV warm-up, continue with an upbeat cardio/sculpting session and top it off with a yoga style cool-down. Song selections will reflect the format...so bring a clear voice, and adventurous spirit and enthusiastic attitude! Join us in lieu of "Buffed Babes" class in the large dance studio. For more information, contact Thea Winick-Turnbull @ 704-366-5007 or thea.winick-turnbull@charlottejcc.org. Cost: **FREE**

Fine Arts

JCC Maccabi ArtsFest

Registration begins Thu. Feb. 15th

Calling all rising 8th-12th graders interested in the arts! Spend a week (Agu. 12th-17th) at the JCC in Deal Park, NJ learning from Jewish, master-artists in your specialty area while making life long friendships with other Jewish teens from across the country. For more information, contact Aree Pearlman @ 704-366-5007 or aree.pearlman@charlottejcc.org. Or visit the JCC website at www.jccmaccabiartsfest.org for more details.

Israeli Art Show & Sale

Volunteers Needed! Save the date!

Event runs from Sun. Apr. 22nd to Sun. Apr. 29th

Sun.-Thu: 9 am-9 pm; Fri: 9 am-3 pm & Sat: 12-9 pm

Volunteers needed to monitor Lerner Hall and to help host the Israeli Coordinator in a variety of opportunities. For more information, contact Aree Pearlman @ 704-366-5007 or aree.pearlman@charlottejcc.org.

Miriam's Cup Workshops

Must Register by Feb. 5th

Wed. Feb. 21st, 1 - 3 pm; Thu. Feb. 22nd, 9 - 11 am

Come join Corine Guseman for this very popular and very special workshop creating an heirloom goblet in time for Passover. Meeting at the Ceramic studio, price is \$25 per goblet. For more information, contact Aree Pearlman @ 704-366-5007 or aree.pearlman@charlottejcc.org.

Social

Adult Cooking at the LJCC!

Mon. Feb 12th, begins at 7 pm

Taste of Thai featuring Chef Sara Bradley of Johnson & Wales. Let her teach you everything you would want to know about authentic Thai cuisine. Step-by-step recipes and Thai cooking techniques. Kitchen is kosher-style. For more information, contact Jodi Valenstein @ 704-366-5007 or jodi.valenstein@charlottejcc.org.

LJCC \$50 Ben/Sil \$30 Non \$60

Book Club @ Joseph Beth Booksellers

Tue. Feb 20th, begins at 10:30 am

This month's book selection is *Sarah* by Orson Scott Card. Scott uses his fertile imagination and uncanny insight into human nature to flesh out a unique woman. Sarah - desirable to kings, devoted wife, and a faithful follower of the G-d of Abraham. Book club members receive a 20% bookstore discount. RSVP to Jodi Valenstein @ 704-366-5007 or jodi.valenstein@charlottejcc.org.

Jammin' @ the J

Sat. Feb. 24th, 7 - 11 pm, 6th - 8th GRADE ONLY!

Limited Space, Tickets on Sale One Week Prior to Event!

Dancing, basketball, inflatables, snacks, raffle, and FUN!! For more information contact Eddie Gluck @ 704-366-5007 or eddie.gluck@charlottejcc.org. **Tickets are \$10/pp**

Patchwork Tales-Storytelling Festival

Thu. Mar. 1st, 11 am - 6 pm

Register by Fri. Feb 16th Limited to the first 22 sign-ups!

Join us for a delightful trip to Rock Hill to experience traditional and contemporary stories told by national storytellers, Robert Kikuchi-Yngogo and Bill Lepp. Enjoy bluegrass music by *The Steep Canyon Rangers* and FREE refreshments after the concert. Van leaves LJCC at 11 am and stops for a (pay your own) lunch at Cracker Barrel in Rock Hill. Concerts start at 2:45 pm with a return back to the LJCC at 6 pm. Cost is \$3 pp and includes transportation and concert! For more information, contact Linda Bass @ 704-366-5007 or linda.bass@charlottejcc.org.

RESCHEDULED!! LJCC Cinema Club

Sun. Feb. 25th date changed to Sun. Mar. 25th, 6:30 pm

Date changed due to Academy Awards. Please join us on Mar. 25th for wine and noshing as we explore *Match Point* (Rated: R) directed by Woody Allen. At a turning point in his life, a former tennis pro falls for a femme-fatal type who happens to be dating his friend and soon-to-be brother-in-law. For more information call Jodi Valenstein @ 704-366-5007.

Room In the Inn

Sat. Feb 10th - Volunteers & Donations Needed!

For more information on how you can help, contact Mitch Ormand @ 704-366-5007 or mitch.ormand@charlottejcc.org.

Snow Tubing Trip - Hawk's Nest, NC

Mon. Feb. 19th, 8 am - 6 pm

Back by popular demand! Extreme fun for 6th -9th graders tubing down a snowy mountainside. For more information, contact Eddie Gluck @ 704-366-5007 or eddie.gluck@charlottejcc.org.

LJCC \$70 Ben/Sil \$42 Non \$80

Teen Bookclubs

Joy of Reading (High Schoolers), Sun. Feb 11th, 1-3 pm

Fahrenheit 451 by Ray Bradbury

College Bound Reading Group, Mon. Feb 12th, 7-9 pm

Lamb by Christopher Moore

