



Daisy Coleman loves dance and the theater, and her late husband was a musician and sculptor. But now Daisy is alone. She has arthritis and moving can be painful, but she loves life and is determined to stay active. Thanks to the federation, she can. She takes writing and drama classes, visits an exercise center for fragile seniors, and eats at the kosher kitchen three times a week. "I feel blessed that I get out every day and do some interesting things."

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