

****MEMBERSHIP RATE INCREASE
MARCH 2007****

Please be advised that our 2007 membership rates will increase by approximately 3% effective March 1, 2007. This increase will be reflected in your monthly dues. Thank you for your continued support. Please contact our membership office at 704-366-5007 if you have any questions or if we can be of assistance to you in anyway.

Wellness

Meditation Workshop

Sun. Mar. 25th, 12:30 - 3:30 pm

Join our resident "yogi" and learn techniques to quiet your mind and reduce stress. Bring a blanket and/or towel and dress comfortably. We will meet in the upstairs dance studio. For more information, contact Anji Paumier at 704-944-6746.

LJCC \$35 Ben/Sil \$20 Non \$40

10 Minute Seated Massages

Mon. Mar. 5th, 9:00 am - 12 noon

Location: Front of David Silverman Fitness Center

A seated massage is a great way to test out our massage services. Work out those aches and pains for just \$5!

Aquatics

JCC Jaws Summer Swim Team

Tues. and Thurs. April 30th - June 30th, 6pm

Now is the time to sign up if you have been thinking about joining the swim team. Our summer swim team competes in the Queen City Swim League. For more information, contact Peter Perers 704-944-6745 or peter.perers@charlottejcc.org. *Registration deadline is May 31st.*

Fine Arts

JCC Maccabi ArtsFest

Aug. 12th -17th. *Registration has begun

Calling all rising 8th-12th graders interested in the arts!

Spend a week (Aug. 12th-17th) at the JCC in Deal Park, NJ learning from Jewish, master-artists in your specialty area while making life long friendships with other Jewish teens from across the country. For more information, contact Aree Pearlman 704-944-6792 or aree.pearlman@charlottejcc.org, or visit the JCC website at www.jccmaccabiartsfest.org for more details.

Social

School's Out / J's In

Fri. March 2nd (9am-4pm) Ray's Splash Planet (CJDS)

Fri. March 23rd (9am-4pm) Carolina Raptor Center (CMS)

K-5 join us as we go on exciting field trips or bring in special activities planned just for you. Bring a bathing suit, towel and lunch. Sign up early before all the spots are gone. AM & PM care also available. For more information and price, call Mark Di Donato 704-944-6738.

Weekday Gourmet at the J

Fri. March 16th, 10:30am

Weekday Gourmet meets at 901 South Kings Drive. Come join us as we prepare our dinners for the month ahead. Pick six meals, assemble them, bring them home to your freezer, and defrost when you are ready to cook. A delicious, nutritious, home cooked meal and you have no clean-up! Kosher-style.

LJCC \$115 Ben/Sil \$103 Non \$127

Jammin' @ the J

Sat. March 17th, 7:00-11:00 pm, 6th - 8th GRADE ONLY! Limited Space, Tickets on Sale One Week Prior to Event!

Dancing, basketball, inflatables, snacks, raffle, and FUN!! For more information contact Eddie Gluck 704-944-6739 or eddie.gluck@charlottejcc.org.

Tickets are \$10/pp

9th Annual Women's Seder

Sun. March 18th, 5pm, Gorelick Hall

Women's Seder gives all women an opportunity to join one another in celebration of Passover, the Jewish festival of liberation. This Seder is designed to speak to women of all faiths in a unique and warm way. For more information contact Jodi Valenstein 704-944-6730 or jodi.valenstein@charlottejcc.org.

General \$36 Seniors (65+) \$25 Ben/Sil \$20

LJCC Book Club

Tues. March 20th, 10:30am

Joesph Beth Booksellers

Book choice to be announced and discussed. Book Club members receive a 20% discount. RSVP to Jodi Valenstein 704-944-6730 or jodi.valenstein@charlottejcc.org.

Red Cross Babysitting

Fri. March 23rd, 9am - 3pm

Teens, get certified to babysit. Learn first aid tips and more! For more information, contact Eddie Gluck 704-944-6739 or eddie.gluck@charlottejcc.org.

LJCC \$50 Ben/Sil \$30 Non \$55

NASCAR Speedway - Concord Mills

Fri. March 23rd, 9:00am - 4:00pm

Drive in the fast lane at Concord Mills! Experience the thrill of driving FAST. Ages 12 and up. For more information, contact Eddie Gluck 704-944-6739 or eddie.gluck@charlottejcc.org.

LJCC \$50 Ben/Sil \$30 Non \$55

Kid's Night Out

Sat. March 24th, 7:00 - 10:30pm

Join your friends for the fun at Kid's Night Out, a program designed for 3rd, 4th & 5th graders to facilitate Jewish friendships. Please register prior to the day of the event. For more information call Mark Di Donato@704-944-6738.

Members only: LJCC \$20/night Ben/Sil \$12/night

LJCC Cinema Club

Sun. Mar. 25th, 6:30 pm

Please join us for wine and noshing as we explore *Match Point* (Rated: R) directed by Woody Allen. At a turning point in his life, a former tennis pro falls for a femme-fatal type who happens to be dating his friend and soon-to-be brother-in-law. For more information call Jodi Valenstein 704-944-6730.



It's All Here.

It's All Here!

