

**Fitness & Wellness**

PreSeason Football Prep (13-16 year olds)

**Tuesdays, April 17th- May 22nd, 4:30 – 6:00pm**

Are you ready for some football? Join former NFL and Pro-Bowl Defensive End Renaldo Turnbull and 11 year veteran and former Carolina Panther Tight End Walter Rasby in this 6-week class aimed at accelerating your performance on the field. Sharpen your football skills and techniques while having lots of fun in a challenging, but non-competitive environment. Contact Thea Winick-Turnbull at 704-944-6750, or thea.winick-turnbull@charlottejcc.org

Seated Massages

**Monday, April 16, 9:00am - 12:00pm**

David Silverman Fitness and Wellness Center  
\$5 for a 10 minute massage. For more information, contact Stephanie Garner at 704-944-6743, or stephanie.garner@charlottejcc.org.

**Aquatics & Sports**

Spring Swim School

**Begins April 11th!**

**SIGN UP NOW!** Contact Peter Perers at 704-944-6745, or peter.perers@charlottejcc.org.

Batting Cage Rentals

**By appointment**

The following equipment is now available for rental by JCC Members 18 years old or older:

- Batting Cage Rental with L-Screen included  
**Rates: 1/2 Hour \$20      1 Hour \$30**
- Batting Cage Rental w/ L-Screen AND Pitching Machine included  
**Rates: 1/2 Hour \$35      1 Hour \$55**  
**Team Rate: 1/2 Hour \$75      1 Hour \$100**

Contact Dan Vizzini at 704-944-6773, or dan.vizzini@charlottejcc.org

**Fine Arts**

Spotlight Charlotte: Performing and Visual Arts Showcase

**Monday, April 23rd, 5:00-7:00 pm, Gorelick Hall**

*Co-chairs Lisa Frick and Gwen Orland*

\$5 minimum suggested donation to benefit JCC Maccabi ArtsFest participants. Pizza and drinks will be available for sale. Get a \$1 off your meal coupon when you register ahead of time. Snazz up your dress - Jazz club atmosphere - all ages welcome. Check out the Israeli Expressions Art Exhibit down the hall while you are there - doors close at 9pm.

Travel Through the Vineyards of Israel - Wine Tasting

**Wednesday, April 25th, 8:00-9:00 p.m., Lerner Center**

Travel through Israel by visiting its regional wineries. The Israeli wine industry is known for its vibrancy, with wineries numbering in the hundreds. Taste a selection of these wines while learning about what makes them each special. Distributor information will also be available so that you may continue to enjoy your favorite wines after the evening ends. Contact the LJCC front desk at 704 366-5007, or Aree Pearlman at 704-944-6792 for more information.

**LJCC Member \$10      Benefactor \$5      Non-Member \$15**

**Social**

Spring Break Camp

**April 2nd - Lazy Five Ranch (no p.m. care)**

**April 5th - Zuma Fun Center**

**April 6th - IMAX**

For more information call Mark DiDonato at 704-944-6738.

Spring Break Baseball Camp

**April 5th-6th from 9:00am-4:00pm**

Directed by Keith Glauber, Former Cincinnati Reds Pitcher. For more information call Stephanie Garner 704-944-6743.

Conquer the Spring Chaos

**Begins Tuesday April 17th-May 8th, 7:00-8:00pm**

Conquer your Spring Chaos with Carson Tate of Living Simply! This is a 4 week class that works on organizing a cluttered room in your home! Last class field trips to an organization store! For more information call Jodi Valenstein 704-944-6730.

Jammin'@ the J!

**Saturday, April 21st, 7:00-11:00pm, 6th-8th Grade ONLY!**

*Limited Space, Tickets on Sale One Week Prior to Event!*

Come and join your friends to dance the night away in a safe place. We'll have a DJ with a movie screen, basketball in the gym & awesome inflatables to play on. Contact Eddie Gluck at 704-944-6739.

**Tickets \$10/pp.**

Unity in the Community - Teen Community Service Project

**Sunday, April 22nd, 1:00-7:00pm, Dinner Included**

*7th Grade and up; FREE.*

Join teams from the local Islamic center and the local YMCAs to give something back to the greater Charlotte Community. Contact Barry Schumer at 704-944-6744, or Eddie Gluck at 704-944-6739.

30 Minute Meals!

**Monday, April 23rd, 7:00 pm.**

Come learn how to create dinner in this hectic world we live in! Chef Instructor Bobby Brenner of Johnson and Wales will create 3 fabulous meals and send you home with tips and recipes! Don't miss out!

**LJCC Member \$45      Benefactor \$27      Non-member \$55**

Girls Just Want to Have Fun Club

**Saturday, April 28th, 7:00-10:00pm**

Girls! Come and join your friends and make some new ones.

This is a program designed for girl's from 3rd through 5th grades, to enhance existing friendships, and make new ones through various activities: arts & crafts, jewelry making, cooking, and more. Contact Micki Knop, 704-944-6736, or micki.knop@charlottejcc.org

**Pre-registration required prior to day of event.**

**LJCC Member \$20/event**

**Benefactor \$12/event**

Kid's Night Out

**Saturday, April 28th, 7:00-10:00pm**

Join your friends for great fun everybody has at Kid's Night Out, a program designed for 3rd, 4th and 5th grades to facilitate Jewish friendships. Contact Mark DiDonato at 704-944-6738, or mark.didonato@charlottejcc.org

**Pre-registration required prior to day of event.**

**LJCC Member \$20/event**

**Benefactor \$12/event**

