

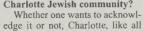
JEWISH FAMILY SERVICES



What JFS Means to Me...

Lori Jackowitz, board member What does JFS mean to you? JFS is an organization that will be there for you. No matter where you are in your stage of life, you never have to feel alone.

Why is JFS important to the Charlotte Jewish community?





other communities, is a place where people go through many life transitions. has the capacity to lend the support one

may need when going through those life transitions

Why do you help?

As I grew up, I was inspired by my grandfather's generosity and became aware of what one individual could do for others. I help because it makes me feel good. I have always tried to live a life where Tikkun Olam has been an important part of who I am. If I "repair the world" in can help some small way, I feel I have lived a life in which I can be proud. I also hope that as I was inspired by my grandfather, I can also be that

role model for my children.

How does JFS make a differ-

I look at JFS as a gateway for individuals in the Jewish community. JFS is here for you when you want to give or you need to receive at any stage of one's life. At anytime of life, we could all be on either side of this equation. JFS bridges our community so there are people helping other people.

Of all the organizations that you could choose to be involved with, why did you choose JFS?

I was aware of JFS while living in South Florida. My sister-in-law is the Clinical Director of JFS in West Palm Beach, and I was able to witness what an incredible organization it is. No matter what your life circumstance may be, JFS is there to lend a warm heart and a helping hand. I was honored when I moved to Charlotte and asked to be a Board member of this incredible organization.

Nancy Tarbis, Volunteer Extraordinaire

What does JFS mean to you?

IFS means helping Jews other Jews who need special support at a difficult



time in their life.

Why is JFS important to the Charlotte Jewish community?

JFS is a place that anyone in the Jewish community can confide in and know they will receive unconditional help and support.

Why do you help?

I began helping many years ago when I was asked to drive a person to the grocery and doctor's appointments. This person didn't drive, lived alone and needed friendship. Now, many years later, I still take her places along with several other people. I do this because there are a lot of people who need that service. But, in the process of helping, I have learned so much from each person that I help. The feeling they give me, when they thank me for doing for them, is indescribable. Just to know that you have helped someone in such a valuable way is just one way to feel very good about yourself. And it is such an easy thing to do. We all take for grant-ed the things in life that we do every day; that many of these people are not able to do. If each one would help one what a wonderful world this would be.

How does JFS make a differ-

JFS makes a difference in each person's life that they help. They either provide a meal; transportation, help finding a job, help while out of work, mental health help, or companionship for a lonely person. That can be the difference between a person getting back on their feet or perhaps becoming homeless

Of all the organizations that you could choose to be involved with, why did you choose JFS?

It was a way for me to help in the Jewish community as I learned from my family and follow in my family's footsteps. \$\phi\$

Did you know the right office chair can take 2000 hours of stress out of your life each year?

Relax the Back specializes in ergonomic solutions for your busy life. Our store features office chairs that support your body, increase your circulation and enhance your productivity. Our selection of office chairs adjust to fit your body and your task with fully adjustable arms, back rests, lumbar supports and seat cushions for maximum relief.

Visit us today and have one of our trained staff members custom fit the perfect office chair for you.



HE BACK

PARK TOWNE VILLAGE 4435 PARK ROAD Between Montford & Woodlawn Near Starbuck 704-523-3377 relaxtheback.com Open: Mon-Sat 10-6pm, Sun. 12-4pm

"Chapel in the Oaks' Harry and Bryant Co. FUNERAL DIRECTORS

500 Providence Road Telephone 704-332-7133

ANNIVERSARY

Maid Brigade

704-568-0028

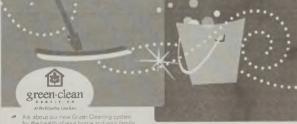
• Reliable & Secure

• Every Cleaning is Inspected & Guaranteed

Uniformed, Bonded

One-time, Weekly, Bi-Weekly or Monthly

The cleaner your hime, better you feel.



Save \$25 On a Winter - Early Spring Cleaning

SAVE

On your initial cleaning with our **Preferred Customer** Program.

Call for details!

With this coupon when scheduling regular service.

Not valid with any other offers.

Coupon expires 2/29/08

Save \$50

Save \$25.00 on your 1st visit,

Save \$15.00 on your 2nd visit,

Save \$10.00 on your 3rd visit.

With this coupon when scheduling regular service. Not valid with any other offers Coupon expires 2/29/08

JFS Volunteer Shout-Out

JFS Needs

- Volunteer with IT expertise in the implementation of database system.
- Volunteers interested in assisting with administrative functions several days per week for 2-3 hours at a time, for various duties including telephone coverage during lunch, etc.
- Volunteers interested in assisting with Mitzvah Baskets (putting together, shopping for items, delivery, etc).

Please contact Susan Proctor, JFS Volunteer Coordinator, 704-944-6849

Please check-out the JFS website for more volunteer opportunities

www.jfscharlotte.org