JFS and Oasis Senior Enrichment Program Team Up for **Seniors and Caregivers**

households are involved in caring for elderly family members. With the National Jewish Population Survey finding that 19% of American Jews are aged 65 or older an increased number of American Jews are experiencing the emotional and financial challenges of care giving. In Mecklenburg County the senior population is expected to grow by more than 1.5 percentage points from 2005-2010. Oasis Senior Enrichment Program and Jewish Family Services are excited about

cational workshops and a network of supportive services that offer caregivers easy access to resources and information.

The first workshop will be entitled "Navigating the System" and will explore some of the choices available for senior living including assisted and independent living facilities as well as area home care agencies and the various levels of services they offer. The workshop will be led by Bea Gibbs, the Senior Outreach Specialist at Jewish Family

Date: Tuesday, April 21, 12

Place: Weinberg Senior Center at Shalom Park in the Levine JCC A free box lunch will be provid-

RSVP to Linda Bass, Senior Adult Program Director at linda.bass@charlottejcc.org or call 704-944-6735

A Caregivers' Support Group will also meet monthly.

The first Caregivers' Support Group will meet on April 6 at 6:30 at Jewish Family Services in

Shalom Park.

For more information or to RSVP, please contact Nicole Vagnone at nicole.vagnone @jfscharlotte.org or call 704-364Mitzvah Maker Cooks for February 2009

Vera Mendel, Temple Beth El



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Donations to Jewish Family Services

(Continued from previous page)

Our good friend, Selma Melasky, mother of Jane Diamond, from Helga and Hugo Rosenberger, Virginia Holtzman, Jules Buxbaum, Werner and Margo Moritz

Randy Sperling's beloved mother, Allene, from Audrey Madans, Marilyn and Mike Tuckman mother

Ruth and Bernie Eisenberg, beloved parents of Carl Eisenberg, Ethel and Allen Gordon

Susie Bruck's sister-in-law from Irene and David Share, Barbie and Steve Weiner, Sonny and Ralph Besnoy

The beloved mother of Elena Zilber from Audrey Madans

The brother of Phillip Widis from Marshall and Barbara Rosenfeld

The father of Alan Mann from Jeff and Karen Turk

The father of Jeffrey Saul from Evelyn Berger

The father of Judith Fain from Bernice and Nat Roberts

The grandfather of Stacey Selkin from the Kagan Family

Valerie Rubin from Marissa and Adam Brooks

The father of Judy Shulman and family from Helaine Stone

The father of Mr. and Mrs. Harvey Smith from Linda and Ira

The father of Susan Webber from Linda and Ira Bass

TO THE JFS PARENTING **PLACE**

In honor of the Roochvarg Family Bar and Bat Mitzvah from Dana and Andrew Kapustin

In memory of Harry Levine, grandfather of Stacey Selkin from Dana and Andrew Kapustin

HAPPY CHANUKAH TO

Eugene and Amy Marx from Walter and Lee Marx ♥

I *Schools* I

CJDS Tu B'Shevat Celebration Becomes a **Community Event**

Through the generosity of two organizations might be able to Fresh Market and Foster-Caviness, Charlotte Jewish Day School became the "Fruit Basket of Shalom Park" for the holiday of Tu B'Shevat, the New Year for the Trees. Since this holiday is often celebrated by eating fruits that are in season at this time in Israel, CJDS middle school students turned the event into a mitzvah project by preparing fruit baskets for distribution to elderly members of our community.



Frannie Cohen displays baskets to be pre- our community who are less

Making this project a reality left the students in a quandary

about the expense of the fruit,

since their goal was to fill twenty baskets. Vicky Hirschmann,

Program Director for CJDS, con-

tacted Deborah Cramer of Fresh Market and Scott Gorelick of

Foster-Caviness and asked if their

help with this project. Both agreed, but little did we know the extent of their generosity until the boxes of fruit began arriving at our school: tangerines, apples, grapes, bananas, and oranges—enough fruit to fill 20 large baskets with enough left over to provide a generous supply to Jewish Family

The middle school students prepared beautifully wrapped baskets and transported them to some of

Charlotte's lesser well-known nursing and retirement facilities, including the Dorchester and The Laurels in Pineville. Many of the residents do not have families nearby, and while they were thrilled to receive the baskets, they were also deeply moved by the students' willingness to spend time visiting with them.

We are very grateful to Fresh Market and Foster-Caviness for their benevolence and for allowing us to provide the "gift of giving" to those in





Rachael Hall and Yakira Oudmayer prepare fruit baskets in honor of Tu

ISN'T IT TIME FOR A CONVERSATION **ABOUT YOUR ESTATE?**

Without an estate plan in place, federal and state laws dictate how property, personal items and assets are divided. Family conflicts and legal problems may result. Talk to Scott for expert guidance in estate analysis and a network of specialists to help get you closer to all of your financial goals.



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