

## ISN'T IT TIME FOR A CONVERSATION ABOUT YOUR ESTATE?

Without an estate plan in place, federal and state laws dictate how property, personal items and assets are divided. Family conflicts and legal problems may result. Talk to Scott for expert guidance in estate analysis and a network of specialists to help get you closer to all of your financial goals.



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## Shabbat Services at Havurat Tikvah: A Haimisch Affair

A Community Shabbat service at Havurat Tikvah is a *haimisch* affair. Old friends, new acquaintances, and visitors gather to take a break from the hectic routine of the week, to worship together, and to be part of the Havurah "family." The *haimisch* flavor of our service is a result, perhaps, of our participatory tradition: members of the Havurah lead our services. We celebrate the Sabbath in a relaxed atmosphere that makes way for both the contemplative and joyful elements of the Saturday morning prayers. And then we extend the celebration with a pot-luck lunch and the opportunity for long-time members and newcomers alike to relax and enjoy each others' company. This month's service begins at 10 AM on April 16. We invite you to join us. To learn more, check out our website or contact us by phone or e-mail (see information below).

In addition to services, we are always happy to invite participation in our ongoing mitzvah activities:

People are always needed at the Dilworth Soup Kitchen which pro-

vides nourishing meals and a warm welcome to those in need. Visit the kitchen on Facebook: [www.facebook.com/group.php?gid=77134194660](http://www.facebook.com/group.php?gid=77134194660) for more information about this vibrant community resource.

And helping hands are welcome at "Project Linus" where Havurah members and friends meet to produce hand-made "security-blankets" for children who are seriously ill, traumatized, or otherwise in need. No experience is needed and there's a job for everyone.

We also invite teens to become part of our newly formed Havurat Tikvah Teen Group. Last month's "Challah Making! Movie! More!" was a BYOB (bring your own bowl ... and wooden spoon) activity that was enjoyed by all who attended.

And although our Purim celebrations are behind us, we want to extend a warm thank you to Rabbi Marc Wilson, who joined us for the holiday. Rabbi Wilson's wisdom, wit, and warmth delighted us and made our celebration all the more memorable.

Havurat Tikvah is an affiliate of



**Jewish Reconstructionist Federation**

the Jewish Reconstructionist Federation, providing a comfortable, family atmosphere where all Jews can feel welcome. Our Sunday School, with its exciting curriculum and opportunities for B'nai Mitzvah preparation, is open to Havurat Tikvah member families. We invite you to visit, get to know us, and become part of our growing congregation of nearly 60 households.

For an updated calendar or to find out more about Havurat Tikvah, our worship services, Sunday School program, and community activities - please visit our website at [www.havurattikvah.org](http://www.havurattikvah.org) or contact new member chair, Brian Feinglass, at [bcfein1@gmail.com](mailto:bcfein1@gmail.com) or at 1-877-203-5848. ☆

## Oasis in Time: The Gift of Shabbat in a 24/7 World

We currently live in an age when checking of e-mail, tweets and alerts can be compulsive and the thought of unplugging for any length of time feels terrifying. In the past, the workday ended when we left the workplace to return home. Now, thanks to our Blackberries, iPads and other ubiquitous wireless connections, our work follows us wherever we go.

As the boundaries between professional and personal life disintegrate, and what is important is being replaced by what is thought to be urgent, the concept of a day of rest has never been more outdated, and more necessary.

If you had the will and the means to "get away from it all," what might you gain? Might you be more productive if, instead of multi-tasking, you turned off all distractions and focused on what mattered most? Might the quality of your living be deeper, richer, if you incorporated sufficient time for rest and restoration?

It is against this backdrop that Charlotte's Jewish Learning Institute unveils a new course, "Oasis in Time: The Gift of

Shabbat in a 24/7 World." Over six weeks, students will have the opportunity to examine essential dilemmas of modern life, and discover remedies in the age-old paradigm of Shabbat. Through the lens of "Oasis in Time," students will be provided with the opportunity to reclaim a sense of serenity in their lives and make their days more fulfilled and meaningful.

The course will familiarize students with the traditions and rituals of Shabbat and explore the ways in which they provide a refreshing perspective on such fundamental concepts as work and rest, peace and love, pleasure and synthesis. Students who have never experienced Shabbat will find stimulating and thought-provoking new perspectives on achieving balance in their lives. Those who observe Shabbat will deepen and enrich their understanding.

"Oasis in Time" will take you on a journey to explore how the institution of Shabbat can create a less pressured, more sociable and wholesome world.

The Jewish Learning Institute invites you to join this six week

class which will unravel the mysteries of Shabbat and provide varying levels of incorporating the psychological, social, and cultural lessons of Shabbat into one's life.

Classes take place at Lubavitch Educational Center, 6619 Sardis Road in Charlotte. Two options are available: Tuesday evenings beginning May 10th from 7:30-9 PM taught by Rabbi Yossi Groner; or Wednesday morning classes are offered from 11 AM-12:30 PM beginning May 11 and are taught by Rabbi Shlomo Cohen. The cost of the course is \$85 per person or \$150 for a couple. Textbooks are included in the fee and PowerPoint presentations accompany each interactive class. Lessons are all recorded and cds may be purchased after the course. To sign up for "Oasis in Time," call 704-366-3984, or email [jli@chabadnc.org](mailto:jli@chabadnc.org). You can also find more information at the JLI website, [www.myjli.org](http://www.myjli.org). It is noteworthy that JLI courses are offered in over 300 cities around the world and are attended by tens of thousands of students each trimester. ☆

## Hebrew School Opening in Ballantyne

A Hebrew School is opening at the Chabad Jewish Center of Ballantyne for 2011-2012.

Imagine a Hebrew School where kids don't want to miss a day. They come in with a smile and leave humming a Hebrew song. Walking through the halls, you can hear the sounds of discussions, singing, laughter and prayer. Imagine a child who feels the warmth and spirit of Judaism and imagine the pride of his/her parents.

Our school's most underlying

approach is for the children to enjoy the time spent at Hebrew School so that they are left with positive feelings and fond memories. Our program is carefully blended with songs, games, incentives, arts/crafts, dramatics, field trips, family celebrations and exciting co-curricular activities.

We encourage you, as a parent to get involved, ask questions and keep in touch with us. You may discover that your child's Hebrew School education at Chabad of Ballantyne will add an enriching

spiritual dimension to the life of your entire family.

No membership or synagogue affiliation is required.

For information contact Rabbi Yisroel and Leah Levin [info@JewishBallantyne.com](mailto:info@JewishBallantyne.com) 704-246-8881 or visit our website [www.JewishBallantyne.com/Hebrewschool](http://www.JewishBallantyne.com/Hebrewschool)

Not sure if you're ready to sign up? Try out our Judaic enrichment classes and see how you like it. Visit our website for more information on upcoming events [www.JewishBallantyne.com](http://www.JewishBallantyne.com). ☆



chabadhebrewschool

## Charlotte Jewish Preschool

# Summer PLAY Days!



Open to all children ages 2-5 years old

Please join  
Charlotte Jewish Preschool  
for all the **fun** of preschool with  
**splash** ground time!

**June 1 - June 17**  
**9am-1pm**

Pick your days! \$30/day (No sessions June 8 & 9 for Shavuot)  
Min. 5 children/day required

Questions? Contact CJP Director, Elka Bernstein  
704-944-6777 • [EBernstein@shalomcharlotte.org](mailto:EBernstein@shalomcharlotte.org)

5007 Providence Rd, Bldg. F • 704-944-6777  
For Registration Forms, please visit the CJP office  
or [www.cjpkids.org](http://www.cjpkids.org)

