

Youth Visions

Hebrew High – Creating Jewish Leaders

It's time to check out all of the new and exciting programs at Hebrew High for 5772. Our theme for the first session is "Becoming Jewish Leaders." All of our electives this session will focus on leadership development and Jewish growth. There will be great new electives, amazing special programs and outstanding retreats. Here are just a few of the elective highlights:

Jewish Souls/Jewish Soles

Students will explore their Jewish identities and hopes for their lives as Jewish adults in this art class with soul. They will then decorate a pair of canvas shoes to reflect their hopes, dreams and ambitions for their Jewish future. The results are sure to be dazzling, dynamic and fun.



Last session's art class yielded these two colorful quilts of the 12 Tribes.

Manhegut-Leadership Israeli Style

Ever wonder why Israelis seem so capable in the economic, scientific and political arenas? Join Mor Green, our Shlichah from Israel and explore leadership from an Israeli point of view. Discuss positive and negative leadership qualities. Learn about actual leaders in Israel and Judaism. Have frank conversations about Israeli politics and how a system with 32 political parties functions.

Rising From the Ashes-Resistance in the Holocaust

During the Holocaust, there were individuals and groups that tried to help the Jewish population of Europe. In this class, we will hear about the brave individuals who were part of the resistance and partisan movements. The class will start with a brief history of the Holocaust and then talk about some of the famous events and individuals who were part of the resistance. Students will be journaling to reflect their feelings about the subjects discussed.

Jewtopia

What if Jews colonized outer space? What kind of world would we create? Who would we accept or

want in Jewtopia? What laws would we follow? What language would we speak? How would we dress? What kind of buildings would we need? The students in this class will answer these and many more thought provoking questions as they create the perfect Jewish society.

Warriors and Rebels

Jews have a long history of suf-

fering anti-Semitism, but there is a misconception that as a group, we have submitted to the discrimination and violence meted out to us. That is not altogether true. Meet the warriors and rebels who have railed against the status quo. Sometimes they won, sometimes they lost. But you'll see with the likes of Bar Kochba, the Warsaw Ghetto Uprising, Mickey Marcus, and more that Jews have fought valiantly against those who would wish to destroy us.

Enroll your 8th through 12th grade students today. Classes begin on September 14. Don't let them miss out on the Hebrew High experience. For more information call Roz at 704-944-6782 or email rooper@shalomcharlotte.org.

Hebrew High! It's the place to be on Wednesday nights!

Find the Hebrew High registration forms at www.hebrewhigh.org.

CONSOLIDATED HIGH SCHOOL OF JEWISH STUDIES OF CHARLOTTE		STUDENT REGISTRATION FORM 2011-2012	
Please return to our office or mail box at the JCC - NOT Temple Beth El or Temple Israel!			
Student Name			
Student Address (city, state and zip)			
Phone Numbers	Home	Student Cell	Parent Cell
Date of Birth			
School Attending and Grade Entering	School	Grade	
Mother's Name			
Father's Name			
Temple Affiliation			
Parent's address if different from student or you require documents sent to two households			
Parent's Email			
Student's Email			
Shalom Park can use my email address	Yes	No	
Are there any special medical concerns— allergies, medications, etc.	Yes	No (Please attach separate sheet)	
Does your child receive any special education services at school?	Yes	No (Please attach separate sheet)	
Does your child have an IEP (Individual Education Plan) at his/her school? Would you provide us with a copy of the IEP?	Yes	No (Please attach separate sheet)	
PARENT PERMISSION FORM		DO NOT give permission for my child to:	
I GIVE permission for my child to:		I DO NOT give permission for my child to:	
Child's Name: _____		Child's Name: _____	
Attend all field trips relating to Hebrew High for the school year 2011/2012		YES _____ NO _____	
Have their picture taken at Hebrew High Events (may be used in CJN or CHS materials)		YES _____ NO _____	
Drive with other Hebrew High parents/teachers on field trips		YES _____ NO _____	
Early Bird Special! Coupon for free pizza on any pizza night if registration forms are in before July 1st			
PAYMENT OPTIONS —Tuition includes fees for retreats, art class, cooking class, etc.		WE ARE MEMBERS IN GOOD STANDING AT OUR TEMPLE <input type="checkbox"/>	
Payment Option #1 - \$450.00	Payment Option #2 - \$450.00	Payment Option #3 - \$450.00	
Payment in Full by Check—	Credit Card—	Special Financial Arrangement—	
Check made out to Temple Beth El or Temple Israel must accompany this form. Please put Hebrew High in the memo. \$50.00 is non-refundable.	One time payment 2 payments of \$250 each (Sept 1st & Oct 1st) 6 payments of \$75 each (Sept 1st through Feb 1st) Name as it appears on credit card: _____ Via _____ MasterCard _____ Amount _____ Card Number: _____ Expiration Date: _____ Signature: _____ Date: _____ \$50.00 is non-refundable.	Enclosed is my \$50.00 refundable deposit and I have contacted the Executive Director of my temple to complete my financial arrangement class.	
Tuition (all checks for tuition are made out to your temple—please put Hebrew High in the memo)			
<input type="checkbox"/> Payment in full—enclosed is my check			
<input type="checkbox"/> Credit Card Option			
<input type="checkbox"/> One time payment			
<input type="checkbox"/> 2 payments (Sept & Oct)			
<input type="checkbox"/> 6 payments (Sept through Feb)			
<input type="checkbox"/> \$50 deposit and special arrangements will be made with my Temple			
PTO			
<input type="checkbox"/> Enclosed is my \$25 check (check made out to Consolidated High School of Jewish Studies)			
Contribution to Emergency Fund			
<input type="checkbox"/> Enclosed is my check in the amount of \$_____ to be used to help a family who can not afford to send their child to Hebrew High (check made out to Consolidated High School of Jewish Studies)			
Contribution to Endowment Fund			
<input type="checkbox"/> Enclosed is my check in the amount of \$_____ to Hebrew High's Endowment Fund (check made out to Consolidated High School of Jewish Studies)			
* Hebrew High's tuition is \$425 plus a \$25 processing fee to be retained by your Temple.			
* Confirmation students—additional fees will apply per your Temple			
No Tuition Refund after November 1, 2011. If withdrawing before November 1st, 2011 your tuition will be returned minus \$50.00.			
Students may not select classes unless all registration paperwork is turned in to Hebrew High			
Please MAIL to our office or drop off at our office at the JCC—Do not send forms to the temples!			
5007 Providence Road, Suite 108, Charlotte, NC 28226 / 704-944-6782			
www.hebrewhigh.org / become our friend on facebook - www.facebook.com/CHSCharlotte			

Schools

Healthy and Kosher Eating with CJDS Catering and Kosher Charlotte

Most school cafeterias are just that - kitchens that provide lunch to their students. But the cafeteria at the Charlotte Jewish Day School is so much more. In addition to following the latest "healthy plate" standard set by the USDA, the CJDS kitchen is the home of CJDS Catering and Kosher Charlotte.

Back in 2004, when CJDS moved into its new building at Shalom Park, students and faculty were excited about having a real cafeteria. For the first time they were offered hot lunches, sandwiches, soups and a salad bar. Rabbi Menachem Vorst, more commonly referred to by students as "The Kosher Police," is the cafeteria manager. He realized that the Kosher cafeteria



Serving a healthy and kosher lunch in the CJDS cafeteria.

whole affair was very professionally handled. Platters of smoked salmon, trout, kugels, a variety of cream cheeses and all the necessary side dishes were all delicious and of the highest quality." Mr. Rusgo went on to say that "... excellent quality matters to us. We always receive that when we deal with CJDS catering."

could be used to do more than just serve CJDS student lunches - it could be used to provide Kosher food to the community. In addition, it would be an ongoing fundraiser for CJDS.

A project of CJDS Catering is Kosher Charlotte. CJDS Catering also operates out of the CJDS cafeteria, and as with CJDS Catering, all income goes to the Day School. Bakery items, such as cupcakes and poppy seed cakes, a large variety of kosher soups, and fresh fish can all be purchased through Kosher Charlotte. Log onto www.kosher-charlotte.com for more information.

And on a daily basis the CJDS cafeteria continues to provide lunches to its students. Exciting changes are happening there, as well. Charlotte Jewish Day School students are going to benefit from a new initiative focusing on creating a Healthy Community, guidelines for which were developed by the USDA. Day School parents have organized a Healthy School Committee, chaired by Nancy Felder. "After brainstorming with the committee, we realized that we should focus our energies on three areas, Health Education, Physical



Education, and Food and Nutrition. For 2011-2012, we will prioritize Food and Nutrition," Nancy explained.

Changes will include establishing the highest nutritional standards for lunches served in the CJDS cafeteria. These standards have been laid out by the USDA in www.choosemyplate.gov. Instead of using the traditional food pyramid to determine the balance of each meal, CJDS will be using the idea of "the healthy plate." Nancy went on to explain that "...we will use healthy portion sizes, and each plate will include a protein, a healthy starch, a fruit and/or vegetable and a dairy item (on non-meat plates). Students will receive all of the food items, because studies show that in order for kids to be healthy eaters, we need to consistently expose them to healthy food options." Other programs will attempt to limit or do away with water bottles, encourage the students to bring healthy snacks from home, and offer nutrition education or "lunch and learn" activities, all in an effort to promote a Healthy Community. ☆

www.CustomDesignCatering.com

Gourmet Kosher Catering

Personal Chef Services

Kiddush Specials

Corporate Gifts

Designer Cakes & Custom Cookies

Unique Party Favours & Gift Baskets

Cooking Classes

Private Parties

Preferred Caterer at Charlotte's most desirable venues!

Call Today! 704-972-8037