

## **OCTOBER** @ The J

Enriching Lives and Building Relationships through Quality Jewish Experiences



#### **October Holiday Hours**

Friday, October 7
Kol Nidre - Erev Yom Kippur
Closes at 3pm

Saturday, October 8 Yom Kippur - CLOSED

Thursday, October 13 & Friday, October 14
Sukkot - CLOSED

Thursday, October 20 Shemini Atzeret - CLOSED

Friday, October 21
Simchat Torah - CLOSED

· ANNOUNCEMENT ·

The Sandra and Leon Levine Jewish Community Center

# Board of Directors 25<sup>th</sup> Annual Meeting

Please Join Us

Tuesday, October 11, 2011
7:00 pm
Sam Lerner Center for Cultural Arts

Election of Officers & Directors
 Awards Recognizing the Contributions
 of 2010-2011 Volunteers



Shellie Barer 704-944-6724 shellie.barer@charlottejcc.org

### Youth Basketball Leagues Winter Registration

LJCC Members: Sept. 19 – Oct. 14 Non-members: Oct. 3 – 14

Space is limited; sign up EARLY to avoid being closed out!

- Micro-Basketball (4-5 years)
- Under 8 Hoopsters (6-7 years)
- Under 10 Hoopsters (8-9 years)
- Girls Interfaith Basketball (Grades 3-10)
- Boys Interfaith Basketball (Grades 4-12)

Sign up at LJCC Customer Service Desk, or call 704-366-5007 Questions? 704-944-6773 • dan.vizzini@charlottejcc.org

#### SUNDAY NIGHT DINNERS AT THE J

Bring your friends & family and leave the cooking & cleaning to us! Pre-registration required (LJCC Customer Service Desk).

Sunday, October 16 • 5-6:30pm M/\$5 NM/\$10 Oasis Member/\$5

> 3 Private Sessions

> > \$150

(Save \$45)



# COOKING the Israeli way

#### **ACulinary Connection to Israel!**

Local, hands-on, private Israeli cooking lessons with Israeli Shlicha Mor Green. We will swap recipes, photos and cooking tips with women of Hadera.

Perhaps we can skype with them?

- Classes run November thru March.
  Morning or evening options.
- · Sign up for all 5 sessions or just one.

Watch your email for more information to follow... For further details or to inquire about being a "host kitchen" contact Jen Lahn at jen.lahn@charlottejcc.org

oint program with The Jewish Federation of Greater Charlo

train at the pilates studio in charlotte!

fall/winter special

(thru Jan.1) New clients only

A great first step toward fitness, or the perfect addition to your current cardiovascular &

strength training programs. Our instructors will help you create real results, such as:

- Enhanced Muscle Strength
- Core Conditioning
- Improved Posture & Balance
- Increased Stamina, Flexibility, Range
- Better Athletic Performance
- · Reduced Risk of Injury



#### pilates studio open house

Come try our stateof-the-art equipment, ask questions and meet our instructors.

Sunday, November 6 10-11:30am

Enter to win a FREE Pilates session!

704.944.6756 pilates@charlottejcc.org

Sandra and Leon Levine Jewish Community Center 5007 Providence Road • 704.366.5007 • www.charlottejcc.org

