Preschool

J-Tots Toddler Enrichment Program

13 months old and walking

2, 3 or 5 day options available 9:15am-12:15pm

A great way to transition from at home to preschool! Just a few spots still available. 704-944-6891 • ivy.saul@charlotteicc.org

Put your GroovShooz on!

30 months - 4 years old

Join Miss Lo for a unique class of fun. Let your little one move their body while exercising their imagination. GroovShooz, creative movement for kids, offers a curriculum that develops loco motor steps, sequencing, choreography, musicality, vocabulary, and more.

Tuesdays • 1:15-2pm October 25-December 6 (no class 11/22) Luski Hall M/\$75 B/\$45 NM/\$85

Got Sukkoth?

Newborns - 2 years Instructor Miss Patty brings our youngest children and their families together to enjoy Sukkoth songs & blessings. Meet friends, dance, sing and Shake Your Lulay off in the Community Sukkah before having a snack.

Wednesday, October 19 9:15-10:15am M/\$5 B/\$Free NM/\$7

Kibbitz About Kids

In collaboration with JFS Parenting Place. For Parents w/newborns to preschool children.

Enjoy a cup of coffee and make new friends every month in a comfortable LJCC setting. Share, learn and listen about what is important to you. Libby Rains, JFS Parenting Place's child and adolescent therapist will bring her experience and great advice too!

4th Wednesday of each Month 11:30am (begins October 26) **Levinson Family Place** M/B/Free NM/\$5 Contact Ivy Saul to reserve your spot: 704-944-6891 • ivy.saul@charlottejcc.org

PRIVATE Swim Lessons for all Ages

(including Adults!)

Private 1/2 Hour 5 Private Lesson Pkg M/\$135 NM/\$160 Semi-Private 1/2 Hour M/\$20 NM/\$25 5 Semi-Private Lesson Pkg M/\$85 NM/\$110

To schedule or for questions. contact Jessica Mvers 704-944-6797 iessica.mvers@charlotteicc.org

Starry, Starry Night & Cook Out

Grades K-5 & their Families

Step inside the inflatable Star Lab Planetarium and witness the wonder of the universe. Learn how to navigate the night time sky and discover constellations and the stories behind them.

Saturday, October 22 5-6pm Cook Out 6-7pm Planetarium Program **Camp Mindy Recreation Hall** Price per family: M/\$35 B/\$25 NM/\$45 704-944-6738 • mark.didonato@charlottejcc.org

CMS School's Out/J's In

Grades K-5

Join us as we go on an exciting field trip to Bounce U. Bring a bathing suit & towel. Sign up early before all the spot are gone!! Friday, October 28 • 9am-4pm

AM Care: 7-9am PM Care: 4-6pm

Camp Mindy Activity Center #1 M/\$55 B/\$33 NM/\$65 J Team/\$25 AM Care/\$5 and/or PM Care/\$5 704-944-6738 • mark.didonato@charlottejcc.org



Red Cross Babysitting Class

Ages 11-14

Now is your opportunity to become a Red Cross certified babysitter. Learn safety and First Aid tips, role and responsibilities, diaper changing and how to communicate with parents. Please bring a bag kosher style lunch. Friday, October 28 (CMS school holiday) 9am-3pm **Teen Lounge** M/\$60 B/\$45 NM/\$75

Girls' Self-Defense Workshop Ages 12-16

Covers everything from awareness training to practical self-defense techniques. Prepare to have fun while learning serious material. Sunday, October 9 • 2-6pm

Fitness Isn't Just for Adults!

endurance, flexibility, balance, & friendships!

M/\$25 B/\$20 NM/\$35

Kids & Teens

STUDIO SATÚRDAYS "TEENS ONLY!"

Get introduced to the LJCC Ceramic Studio! Enjoy an afternoon working together on a clay project that will be glazed, fired & ready to admire!

Saturday, October 15 • 2-4pm

gwen.orland@charlottejcc.org 704-944-6781

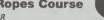
Jammin @ the J

Grades 6-8



DJ, basketball, awesome inflatables, and a snack bar! Purchase tickets at the LJCC Front Desk starting Monday, Oct. 11 Saturday, October 15 • 7-11pm Tickets \$15/ea.

Teen Extreme -High Ropes Course Grades 6-8





It's a CMS holiday, so let's have some fun-Teen Style! We are off for a beautiful fall day at the National White Water Center's high ropes course. Bring a packed kosher style lunch. Spaces are limited, so sign up early! Friday, October 28 • 8am-5:30pm M/\$55 B/\$50 NM/\$65

Adults

Boot Camp

Ages 18+



Put your foot down and prepare for high-intensity training! The workouts will be strenuous and challenging. For inciement weather, we will meet on the 2nd floor of the parking deck

October 24 - November 18 (4 weeks) Mon/Wed/Fri • 8-8:45am M/\$60 B/\$36 NM/\$75 704-944-6870 • lyn.addy@charlottejcc.org

jcc Blood Drive

Sunday, November 6th 9am-1:30pm

JUNIORS Guys/Girls, Age 10-12

Mon OR Wed • 3-3:45pm OR 4-4:45pm Session 2: Mondays Oct. 17 - Nov. 28

Session 4: Wednesdays Oct. 26 - Nov. 30 Instructor: Patty T. Hartman

Price per time per session: M/B/\$60 NM/\$80



TEENS Guys/Girls, Age 13-16

Tuesdays • 4:30-5:15pm Session 2: Oct. 18 - Nov. 15 Instructor: Cathy Bennett M&B/\$60 NM/\$80

A fun, small group functional

and teens. Develop strength,

exercise class designed specifically for pre-teens

704-944-6744 • barry.schumer@charlottejcc.org

Seniors

Oasis Monthly Field Trip Visit the Lazy 5 Ranch

Levine JCC & Oasis members only Join us for a drive through the Lazy 5 Ranch Animal Park in Mooresviiie, followed by lunch at a nearby restaurant. (Lunch cost on your own) Wednesday, October 26

9:30am Bus departs 2:30pm Bus returns

\$5 fee (cash only)

RSVP required - Stop by the Weinberg Center or call 704-944-6753 • iodie.iagnocco@charlotteicc.org