

Your Community.

Your Home.

Your J.

## Preschool

### J-Tots Toddler Enrichment Program



13 months old and walking

2, 3 or 5 day options available  
9:15am-12:15pm

A great way to transition from at home to preschool! Just a few spots still available.  
704-944-6891 • ivy.saul@charlottejcc.org

### Put your GroovShooz on!

30 months - 4 years old

Join Miss Lo for a unique class of fun. Let your little one move their body while exercising their imagination. GroovShooz, creative movement for kids, offers a curriculum that develops loco motor steps, sequencing, choreography, musicality, vocabulary, and more.

Tuesdays • 1:15-2pm

October 25-December 6 (no class 11/22)

Luski Hall

M/\$75 B/\$45 NM/\$85

### Got Sukkoth?

Newborns - 2 years



Instructor Miss Patty brings our youngest children and their families together to enjoy Sukkoth songs & blessings. Meet friends, dance, sing and Shake Your Lulav off in the Community Sukkah before having a snack.

Wednesday, October 19

9:15-10:15am

M/\$5 B/\$Free NM/\$7

### Kibbitz About Kids

In collaboration with JFS Parenting Place.

For Parents w/newborns to preschool children.

Enjoy a cup of coffee and make new friends every month in a comfortable LJCC setting. Share, learn and listen about what is important to you. Libby Rains, JFS Parenting Place's child and adolescent therapist will bring her experience and great advice too!

4<sup>th</sup> Wednesday of each Month

11:30am (begins October 26)

Levinson Family Place

M/B/Free NM/\$5

Contact Ivy Saul to reserve your spot:

704-944-6891 • ivy.saul@charlottejcc.org

### PRIVATE Swim Lessons for all Ages

(including Adults!)



Private ½ Hour	M/\$30	NM/\$35
5 Private Lesson Pkg	M/\$135	NM/\$160
Semi-Private ½ Hour	M/\$20	NM/\$25
5 Semi-Private Lesson Pkg	M/\$85	NM/\$110

To schedule or for questions, contact Jessica Myers  
704-944-6797

jessica.myers@charlottejcc.org

## Kids & Teens

### Starry, Starry Night & Cook Out

Grades K-5 & their Families

Step inside the inflatable Star Lab Planetarium and witness the wonder of the universe. Learn how to navigate the night time sky and discover constellations and the stories behind them.

Saturday, October 22

5-6pm Cook Out

6-7pm Planetarium Program

Camp Mindy Recreation Hall

Price per family: M/\$35 B/\$25 NM/\$45

704-944-6738 • mark.didonato@charlottejcc.org

### CMS School's Out/J's In

Grades K-5

Join us as we go on an exciting field trip to Bounce U. Bring a bathing suit & towel. Sign up early before all the spots are gone!!

Friday, October 28 • 9am-4pm

AM Care: 7-9am

PM Care: 4-6pm

Camp Mindy Activity Center #1

M/\$55 B/\$33 NM/\$65 J Team/\$25

AM Care/\$5 and/or PM Care/\$5

704-944-6738 • mark.didonato@charlottejcc.org

### Red Cross Babysitting Class

Ages 11-14

Now is your opportunity to become a Red Cross certified babysitter. Learn safety and First Aid tips, role and responsibilities, diaper changing and how to communicate with parents. Please bring a bag kosher style lunch.

Friday, October 28 (CMS school holiday)

9am-3pm

Teen Lounge

M/\$60 B/\$45 NM/\$75

### Girls' Self-Defense Workshop

Ages 12-16

Covers everything from awareness training to practical self-defense techniques. Prepare to have fun while learning serious material.

Sunday, October 9 • 2-6pm

M/\$25 B/\$20 NM/\$35

### Fitness Isn't Just for Adults!



A fun, small group functional exercise class designed specifically for pre-teens and teens. Develop strength, endurance, flexibility, balance, & friendships!

### JUNIORS Guys/Girls, Age 10-12

Mon OR Wed • 3-3:45pm OR 4-4:45pm

Session 2: Mondays Oct. 17 - Nov. 28

Session 4: Wednesdays Oct. 26 - Nov. 30

Instructor: Patty T. Hartman

Price per time per session: M/B/\$60 NM/\$80



### TEENS Guys/Girls, Age 13-16

Tuesdays • 4:30-5:15pm

Session 2: Oct. 18 - Nov. 15

Instructor: Cathy Bennett

M&B/\$60 NM/\$80



704-944-6744 • barry.schumer@charlottejcc.org

### STUDIO SATURDAYS "TEENS ONLY!"

Get introduced to the LJCC Ceramic Studio! Enjoy an afternoon working together on a clay project that will be glazed, fired & ready to admire!

Saturday, October 15 • 2-4pm

M/\$20 B/\$12 NM/\$30

gwen.orland@charlottejcc.org

704-944-6781

### Jammin @ the J

Grades 6-8



DJ, basketball, awesome inflatables, and a snack bar! Purchase tickets at the LJCC Front Desk starting Monday, Oct. 11.

Saturday, October 15 • 7-11pm

Tickets \$15/ea.

### Teen Extreme - High Ropes Course

Grades 6-8



It's a CMS holiday, so let's have some fun-Teen Style! We are off for a beautiful fall day at the National White Water Center's high ropes course. Bring a packed kosher style lunch. Spaces are limited, so sign up early!

Friday, October 28 • 8am-5:30pm

M/\$55 B/\$50 NM/\$65

## Adults

### Boot Camp

Ages 18+



Put your foot down and prepare for high-intensity training! The workouts will be strenuous and challenging. For inclement weather, we will meet on the 2nd floor of the parking deck.

October 24 - November 18 (4 weeks)

Mon/Wed/Fri • 8-8:45am

M/\$60 B/\$36 NM/\$75

704-944-6870 • lyn.addy@charlottejcc.org



GIVE THE GIFT OF LIFE!

Sunday, November 6<sup>th</sup>  
9am-1:30pm

American Red Cross

## Seniors

### Oasis Monthly Field Trip Visit the Lazy 5 Ranch

Levine JCC & Oasis members only

Join us for a drive through the Lazy 5 Ranch Animal Park in Mooresville, followed by lunch at a nearby restaurant. (Lunch cost on your own)

Wednesday, October 26

9:30am Bus departs

2:30pm Bus returns

\$5 fee (cash only)

RSVP required - Stop by the Weinberg Center or call

704-944-6753 • jodie.iagnocco@charlottejcc.org