

JEWISH FEDERATION NEWS

Train Your Brain

The Women's Professional Network sponsored by the Jewish Federation of Greater Charlotte will meet on Thursday, May 24 at 6 PM in the Sam Lerner Center at Shalom Park.

Our facilitator, Dr. Vicki Parker, The Brain Trainer, will offer practical solutions and exercises to help women become more organized, better able to solve problems and make decisions more easily. This is brain based information about what works and what doesn't work. Come try out some of the fun ways to practice problem solving.

Dr. Vicki Parker is founder and director of The Brain



Dr. Vicki Parker, "The Brain Trainer"

Trainer. She holds a Ph.D. in speech language pathology with a concentration in neuroscience from Michigan State University. For nearly 30 years, she has worked with children and adults who have learning, speech, language, behavior, and reading disorders.

Dr. Parker has been interviewed and featured in major media outlets, including The New York Daily News,

The Charlotte Observer, South Charlotte Weekly, The Charlotte Business Journal, Charlotte Talks with Mike Collins - NPR - 90.7, News 14 Carolinas, Fox Charlotte, WBT, and MomsCharlotte.com. She's been a reoccurring guest on You Aut To Know, a national radio pro-

gram about autism. Dr. Parker is the 2011 winner of the Rising Star Award from the Charlotte Chapter of the National Association of Women Business Owners.

Along with years of clinical expertise in her field, Dr. Parker understands learning from the perspective of a mother whose child needed help. Her daughter Sally struggled with learning and reading in first grade. After extensively researching options, Dr. Parker chose brain training and speech therapy for her own daughter. Today, Sally is a seventh grader who reads above grade level and is an independent learner.

WPN offers women the opportunity to engage socially and connect with a cause. It meets five times a year and is open to all professional women who contribute a minimum of \$180 to the Annual Campaign. For more information about the Women's Professional Network, or to RSVP, please contact Sue Littauer at sue.littauer@jewishcharlotte.org. ☆

How Do We Keep Them Safe?

WPN Focus on Social Action

"I had just given birth and found out it was a baby girl", said the speaker to the 15 women gathered at a workshop on a Sunday morning at the LJCC. "My first thought was, how was I going to keep her safe?"

For the next two hours, the attendees, most members of Women's Professional Network of the Jewish Federation, found answers to that question and many more at a workshop on domestic abuse and healthy relationships sponsored by WPN and Shalom Bayit-NC.

"WPN has adopted domestic abuse as its social action platform," said WPN Chair Kelly Gaines. "For our women to be effective advocates and make a difference in our Jewish community, we knew the first step would be to get some education," she continued.

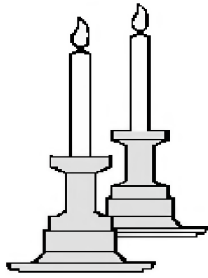


Workshop speaker Kelly Coyne (left) with attendees Susan Mayo and Elaine Moody.

Led by professional educator and trainer Kelly Coyne, Director of Residential Victim Services for United Family Services, the workshop was held on March 18. Also featured were speakers from Shalom Bayit-NC, the local volunteer group which focuses on domestic abuse in our Jewish community. For more information on domestic abuse visit their website at www.shalombayit-nc.org. For information on getting involved with WPN and social action efforts, contact sue.littauer@jewishcharlotte.org. ☆

SHABBAT AND HOLIDAY CANDLE LIGHTING FOR MAY 2012

- Friday, May 4, 7:53 PM
- Friday, May 11, 7:59 PM
- Friday, May 18, 8:04 PM
- Friday, May 25, 8:10 PM
- Saturday, May 26, Erev Shavuot, after 9:12 PM
- Sunday, May 27, 2nd night Shavuot, after 9:12 PM



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