

Middle School (Alas)

Grades 6-8

Attention: Actors, Singers, Musicians, Bands, Dancers, Poets -Share your talent & socialize with other Middle School performers.

Saturdays • 6-10pm • Gorelick Hall

\$10 Cover Charge - Pizza & Soda included! Performers are Free - Application required 704-944-6778 • susan.gundersheim@charlottejcc.org

Performing Arts After High School? College Seminar/Audition Workshop

Grades 9-12 and/or Parents

Insightful information about choosing BA or BFA programs, auditions and supporting your child in attaining his/her goals.

Saturdays • 12-5pm

Session 1: October 13 **Session 2: February 9**

Session 3: April 20

M/\$40 1 Session: B/\$24 NM/\$50 M/\$70 B/\$42 NM/\$80 2 Sessions: M/\$115 B/\$69 NM/\$125 3 Sessions:

Perform Audition Package

(miniumum 20 minutes individual coaching): Additional fee M/\$15 B/\$9 NM/\$25

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It's A Girls' Life: "Fitness 101 & the Importance of You"

A 4-week self-discovery program that empowers girls to embrace their bodies and minds while promoting positive thinking, leadership, Jewish values, community service & friendship.

Thursdays • 5-7pm (Oct 18, 25, & Nov 1, 8) M/\$60 B/\$40 NM/\$80

Jammin @ the J Social

Grades 6-8

Saturday, October 20 • 7-11pm

DJ, basketball, awesome inflatables, and an all-night snack bar! Tickets available at the Levine JCC Front Desk.

Members may purchase up to 4 tickets starting two Mondays prior to event; Non-member ticket sales begin one Monday prior.

Ticket per event \$15 • Season Pass/\$120

Red Cross Babysitting Class (Part I)

Become a Red Cross certified babysitter. Learn safety, first aid tips, role and responsibilities, diaper changing and how to communicate with parents. Takes place on a CMS school holiday.

Monday, October 29 • 9am-3pm

M/\$60 B/\$45 NM/\$75



adults



B.I.S.Y. Is learning something "NEW" on your bucket list? Here are two GREAT ways for you to BEGIN....

Tai Chi for Beginners

Learn the basics at a safe and relaxed pace. Improve balance, breathing, circulation & ease arthritis pain. 4 week session.

Tuesdays • 3-4pm (October 2, 9, 16, & 24)

Oasis/M/\$40 B/\$25 NM/\$50 Questions? 704-944-6753 jodie.iagnocco@charlottejcc.org

Mah Jongg Lessons

Learn the basics of how to play this ancient Chinese tile game from an experienced teacher. Session is 4 weeks. To register, call 704-366-5007

Wednesdays • 10am-12pm (Oct 3, 10, 17 & 24)

Oasis/M/\$85 B/\$51 NM/\$95 Questions? 704-944-6753 jodie.iagnocco@charlottejcc.org

Healthy Living, Healthy Aging

Adults 50+

Are you finding it easy to get 'down' and harder and harder to get up?! Many of us are in the same boat! Join us for FREE monthly seminars to learn how to fool Mother Nature and make our adult years the healthiest and best ever! Join us for a light healthy snack. Feel free to bring a dairy/vegetarian lunch.

Tuesday, October 16 • 12-1pm Room A110 • Free

Future Seminar Dates: Nov 15, Dec 18, Jan 17, Feb 19, Mar 21, Apr 16, May 14, Jun 18

Clay Tiles

You will learn how to create a sculpted wall tile in this 4-week course. NO prior clay experience necessary.

Mondays • 10am-12pm (Oct 16, 24, 30 & Nov 5)

M/\$100 B/\$60 NM/\$110 704-944-6781 gwen.orland@charlottejcc.org

Acrylic Painting

Learn elements of composition, color, contrast; no experience necessary. 6 week session.

Thursdays • 9:30am-12pm (Nov 1, 8, 15, 29 & Dec 6, 13) M/\$150 B/\$90 NM/\$160 704-944-6781 gwen.orland@charlottejcc.org

Help Out. Do Good. Feel Good. Social Action = LJCC Cares www.charlottejcc.org/volunteer



Monthly OASIS Field Trip

Sponsored by the "Stan Greenspon Charitable Foundation" Join us for a self-guided tour of the

Daniel Stowe Botanical Gardens, and the **Urchid Conservatory** followed by a "picnic lunch

Wednesday, October 24 9:45am Bus departs LJCC 2:30pm Bus returns

Fieldtrip Cost: \$10/person (paid in advance)

Cost of picnic lunch is on your own (ordered in advance)

Space is limited; reservations are necessary. Sign up in The Weinberg Center, or contact: Ilana Levin @704-944-6735 • ilana.levin@charlottejcc.org

