

Hungry Hearts — A View of the Lower East Side

Be whisked back in time and see real footage of New York's Lower East Side in the 20s. The Jewish Film Society of Charlotte is proud to present this bitter-sweet, classic film that so beautifully captures the hopes and hardships of Jewish immigrants in the New World. Based on the short stories of Anzia Yeziarska, the first writer to bring stories of American Jewish women to a mainstream audience, *Hungry Hearts* focuses on the Levine family who emigrate from Eastern Europe. While Abraham, the pious father, has difficulty making a living and adjusting to life in

America, his daughter Sara scrubs floors in the tenement in order to earn money and become "a somebody."

The 1922, black-and-white film *Hungry Hearts* was directed by E. Mason Hopper and was filmed all on location on the Lower East Side. While this newly restored film is silent, live musical accompaniment will be featured for our Charlotte screening. Ethan Uslan, award-winning ragtime pianist, will provide the live music arranged solely for our viewing audience. This unique cultural experience is one that you won't want to miss.

The Jewish Film Society of Charlotte is brought to you by the Levine-Sklut Judaic Library and the Charlotte Jewish Film Festival. For more information, please contact Debby Block at 704-944-6763.

Date: Sunday, November 11 at 5 PM

Place: Sam Lerner Center for Cultural Arts in Shalom Park

Cost: \$5 per person. Tickets are available at the door.

Length: 80 minutes. ✪



"Hungry Hearts" depicts early 20th century life on the Lower East Side.



Ethan Uslan will accompany the showing of "Hungry Hearts" with original arrangements.



JEWISH FAMILY SERVICES



Sign Up for the November 11 Friends Run

Run the chip-timed 5k or the one mile fun run, enjoy treats and activities, or earn community service hours by volunteering. Sign up at www.FriendsRun.com.

* Splash in the LJCC bubble pool - Free for all race participants and their families.

* Enjoy our Kid Zone sponsored by Your Event Source.

* Work out your kinks in the LJCC stretch zone - post race yoga and chair massages for participants.

* Race participants receive a free day pass to the LJCC good for six months.

* Babysitting at the LJCC (eight weeks-six years) for a small fee. Limited space; reserve by November 4: 704-366-5007.



Please Help Your Jewish Community

One in nine members of our Jewish community will come to JFS for help this year. Your donation to the Family-to-Family Annual Campaign allows them to receive the help they need when they need it, and the skills to move forward. Your gift:

* provides counseling to a family grieving the loss of their wife and mother, even when they don't have insurance.

* helps the single mother diagnosed with cancer receive benefits and financial assistance from DSS, United Family Services, and Social Security.

* ensures that every homebound Jewish senior remains connected to the Jewish community.

* gives free help to the newly unemployed couple to set up a budget and fill out food stamp applications.

If you have not yet made your pledge, call 704-364-6594 or visit www.jfscharlotte.org. Payments are 100% tax-deductible.

Hanukkah Gift Drive

Hanukkah starts December 7. JFS and the LJCC are partnering to bring gifts to the families in our community who might otherwise



go without. Beginning October 15, visit the LJCC entrance and pick up a dreidel and fulfill someone's wish. All gifts need to be delivered to JFS by November 19 for distribution.

Fall Programming Love & Logic Workshops

* Raising the captain of the debate team?

* Wondering if your kids will ever listen to you?

* Feel exhausted at the end of the day?

Join JFS and Wendy Petricoff for fun and easy-to-use parenting techniques to help put the fun back into parenting. You will learn practical tips and skills to avoid arguments with your children, discover ways to share control, and arm yourself with all the tools you need to be an effective parent. Multiple workshops offered beginning in November-full schedule online.

Peer Group for Tween and Teen Girls

New curriculum: JFS clinical therapists use a peer-centric curriculum to build participants' knowledge and skills for resisting negative peer pressure by empowering them to identify what they are being pressured to do and the consequences. Participants then determine healthy alternatives and invite peers to join them in acting on their smarter choices. Contact 704-364-6594 or info@jfscharlotte.org for more information.

Wednesdays through November 17, 4-4:45 PM at JFS.

New Programs Related to Grieving and Loss

In correlation with Grief Awareness Month in November, JFS introduces several new programs for people experiencing grief and loss, and those around them. All programs are open to all members of the community, regardless of age, income, or religious background.

Bereavement Support Group

First and third Monday of each

month, starting November 4, 4-5:30 PM, JFS Conference Room

Our bereavement support group allows you to share your feelings with others who have experienced similar losses and are facing the same challenges. Led by JFS Clinical Therapist Lynda Woodburn, this new group is open to adults 18 and older who have experienced grief as a result of the death of a loved one. Through discussion topics and educational materials, you will have the opportunity to share your story in a safe and non-judgmental environment, and learn ways to understand your grief and explore avenues for growth and healing.

Caregiver Support Group

Now twice/month, the second Tuesday of each month at 6 PM and the fourth Tuesday at 10 AM (November 13 at 6 PM and November 27 at 10 AM).

Taking care of yourself is just as vital as taking care of your loved ones. JFS Clinical Therapist Nicole Levine and Director of Senior Adult Outreach Services Natalie Tunney lead caregivers for these confidential, safe meetings to explore your feelings and concerns.

Acknowledgements

Thank you to the following individuals and organizations who contributed their time in August. Your support and generosity allow us to provide quality services and programming to our community:

JFS Matters of the Heart Volunteers: Ben Aizenman, Susan Aizenman, Bob Abroms, Ira Bukzin, Bobby Damsky, Myra Diuguid, Simon Estroff, Robert Friedman, Gail Halverson, Hanah Hawkins, Frada Mozentner, Baila Pransky, Jenny Rosenthal, Bill Schwartz, Jeff Strauch, Amalia Warshenbrot, Ronnie Zevon

JFS Behind the Scenes Volunteers: Susan Aizenman, Phyllis Berlin, Ellen Bottner, Sharon Cavanaugh, Lynne Cojac, Aileen Epstein, Alexis Fish, Sandy Hoagland, Sari Hochberg, Karen Kantrowitz, Judy Kaufmann, Penny Krieger, Sharel Persin, Helene Rosen, Gail Samber, Roz Snyder, Hagit Stav, Joyce Stoll, Nancy Tarbis

Thank you to everyone who participated in the Chase Giving Facebook Contest - your support raised \$10,000 for JFS. ✪

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