## Hanukkah Kits are Back

information. Kits are available now. Please call to reserve yours today — 704-944-6783 or contact Debby Block at dblock@shalomcharlotte.org. If you would like to give each student in your child's class gelt and a dreidel to keep, we conveniently offer nut-free chocolate gelt and dreidels (in packages of 25) for only \$10.♥







 JEWISH FAMILY SERVICES

 Please Make Your End of the Year

 Donation to the Family to Family Campaign

 One in nine members of our

Jewish community will come to JFS for help this year. For over 30 years, Jewish Family Services has cared for members of our community and worked to make a difference in their lives through counseling, social services, outreach, and educational programs, all inspired by Jewish values. Our team of licensed therapists and professionals provide vital support to everyone from children and their parents to the elderly and families in crisis. When members of our community are in need, they find comfort in having a resource to turn to that is located within the Jewish community.

Over 40% of our budget is derived from your gift to the Family to Family Annual campaign! Your gift:

\* provides counseling to a family grieving the loss of their wife and mother.

\* ensures that every homebound Jewish senior remains connected to the Jewish community.

\* gives free help to the newly unemployed couple to set up a budget and fill out food stamp applications.

\* allows JFS to take care of your friends, your parents, your children ... and everyone in the community.

The 2012 campaign closes December 1, so please make your pledge by calling 704-364-6594 or visiting www.jfscharlotte.org. All gifts are 100% tax-deductible.



Last year's Hanukkah party was a great success.

## Celebrate Our Seniors This Hanukkah

Thursday, December 13, 10:30 AM–1 PM, Gorelick Hall

Celebrate the holiday of Hanukkah and the beauty of being a Jewish senior in Charlotte by joining JFS for our Ninth Annual Hanukkah Party. Every senior in the area is invited.

\* Meet your friends

\* Connect to your community \* Enjoy traditional holiday foods

\* Sing and dance with live up-



Support the Family to Family Annual Compary and be part of the JFS Family!

beat music from Viva Klezmer! \* Light the menorah

\* Play dreidel games

The Jewish Family Services Hanukkah party is one of the few times each year when isolated seniors living on their own or in long term care communities can come together and feel a sense of togetherness and Jewishness.

Reservations required: Thelma Wand, 704-847-0744. The costs for the event are partially provided through a generous donation from Norman Steinberger.

Winter Programming

Support group for families of children with special needs, Monday, November 26, 6-7 PM

When you have a child with a special need, support groups can be a lifeline. Interacting with others with similar issues can offset the feeling that you are the only one in your situation. Plus, other parents can suggest coping strategies and offer tips on useful resources and skilled caregivers.

Love & Logic Workshops Multiple workshops offered-

full schedule online. \* Raising the captain of the debate team?

\* Wondering if your kids will ever listen to you?

\* Feel exhausted at the end of the day?

Join JFS and Wendy Petricoff for fun and easy-to-use parenting techniques to help put the fun back into parenting.

Bereavement Support Group Monday December 3 and 7 4-

5:30 PM, Teen Meeting Room

Share your feelings with others who have experienced similar losses and are facing the same challenges. Led by JFS Clinical Therapist Lynda Woodburn, this new group is open to adults 18+ who have experienced grief as a result of the death of a loved one. Through discussion topics and educational materials, you will have the opportunity to share your story in a safe and non-judgmental environment, and learn ways to understand your grief and explore avenues for growth and healing. *Caregiver Support Group* 

Tuesday, December 11, 6 PM and Tuesday, December 18, 10 AM, JFS

Taking care of yourself is just as vital as taking care of your loved ones. JFS Clinical Therapist Nicole Levine and Director of Senior Adult Outreach Services Natalie Tunney lead caregivers for these confidential, safe meetings to explore your feelings and concerns. *Acknowledgements* 

Acknowleagements

Thank you to the following individuals and organizations who contributed their time in September. Your support and generosity allow JFS to provide quality services and programming to our community:

JFS Matters of the Heart Volunteers: Ben Aizenman, Susan Aizenman, Bob Abroms, Ira Bukzin, Bobby Damsky, Myra Diuguid, Robert Friedman, Gail *(Continued on page 16)*  Image: State State

## Financing Available 704.341.1188

www.malakjewelers.com

In this season of miracles, The Jewish Agency for Israel is proud to partner with Charlotte as we work together to secure the Jewish future for generations.

> Happy Hanukah! חג חנוכה שמח!

> > הסוכנות היהודית וו