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In recognition of the 65th Anniversary of the birth of the State of Israel, the Jewish Federation of Greater Charlotte and the Charlotte Jewish community are offering special Israel programs throughout 2013.

Through speakers, educational workshops, musical and cultural performances, and unique travel opportunities, our community will learn about and be inspired by the enormous accomplishments of this small country.

## ISRAEL@65 Calendar of Events

**APRIL 2013** 

### **LJCC/ Partnership 2Gether Cooking Class**

April 10: Yom Ha'atzmaut

10:00 am, RSVP to ariel.krusch@charlottejcc.org

#### Yom Hazikaron (Israel Memorial Day)

April 15:

6:00 - 7:00 pm, Sam Lerner Center

#### Community Yom Ha'atzmaut Celebration (Israel Independence Day)

April 21: The Fountainheads 5:00 pm, Symphony Park at Southpark

Ticket \$5, www.jewishcharlotte.org

Sifryat Pijama April 28: Bedtime Stories in Hebrew

4:00 pm, Levine-Sklut Judaic Library

#### MAY 2013

**JCRC Speaker** May 8: Featuring Dr. Raiph Nurnburger 7:30 pm, Temple Israel

Topic: Arab Spring: Implications for US and Israell Policies

#### Sifryat Pijama

May 12: Bedtime Stories in Hebrew 4:00 pm, Levine-Sklut Judaic Library

#### LJCC/ Partnership 2Gether Cooking Class

May 13: Shayout

10:00 am, RSVP to ariel.krusch@charlottejcc.org

#### **ISRAEL@65 SPONSORS TO DATE:**

\$2,500

\$1,000

Publix Super Markets, Inc.

Holly and Hal Levinson

Mark and Jennifer Weintraub

Rich Osborne Bernie Sandler

If you would like to be an Israel@65 sponsor, please contact Rachael Levine at 704,944,6751.

If you would like more information about these programs, please contact Rachael Levine, Director of Community Relations and Israel Affairs, at rachael.levine@jewishcharlotte.org or 704.944.6751.

## **Melton School Corner**

Lech Lecha Melton School is Moving Forward

Meet our new Melton Coordinator, Holly Gainsboro. Holly comes to us from just across the park as the previous Temple Beth



Holly Gainsboro

El B'nei Mitzvah Coordinator. She brings a strong connection to the Jewish community as well as passion for Judaism and its teachings. Holly is excited to be a part of this prestigious program and looks forward to engaging with Melton students and staff, as well

as future students. Please join us in welcoming Holly. You may contact Holly at hgainsboro@shalomcharlotte.org and 704-944-6740.

#### Give the Gift of Enlightenment Mother's Day is May 12.

Are you looking for a wonderful inspiring gift for the women in your life? Your search is over. Purchase a Melton school gift certificate — the gift that keeps on giving. All gift certificates may be used towards all classes offered with no expiration date. To purchase your gift certificate, contact Holly.



#### Hungry?

Join us for a Taste of Melton and see what all the excitement is really about. We will not only quench your

thirst for knowledge, but also provide some tasty treats. Join us on Sunday, June 2 from 10 AMnoon. Those attending the taste program who register for a class by June 17 will receive a \$50 tuition discount. Couples discounts and financial assistance available. Questions, contact Holly at 704-944-6740. ❖

Students went home with three

reminders of Sweetheart Day: a

# **Youth Visions**

# Keep It Sweet at Hebrew High

By Marsha Stickler

Most of us may not think we or our friends will ever get in trouble, but you don't have to have a black eye to experience abuse.

That's how Student Council President Emily Ashkin introduced Sweetheart Day to her fellow students the evening of

February 13 at Hebrew High.

Fully aware that Jewish pre-teens

and teens are just as vulnerable as

non-Jewish kids, Hebrew High

acknowledged Teen Dating Vio-

lence Awareness Month with the

special event in coordination with

Shalom Bayit-NC and UNC

Charlotte's LoveSpeaksOut Pro-

Nine students from UNC Char-

lotte spoke with the teens about

the importance of knowing what

they want and what they will and

will not do before entering a relationship. "That is the best guard

against an unhealthy relation-

ship," said LoveSpeaksOut Pro-

gram Coordinator Melissa Siegel, herself a Hebrew High alumna.

"Abusive relationships don't just

happen – they start with little things and by the time the more

obvious signs of abuse begin the

victim feels so trapped and con-

fused and frightened, she or he

doesn't know how to get out," she

explained. "Educating ourselves,

knowing what those red flags are,

always demanding that we be treated with respect - these should

be the goals for our young peo-

Rabbi Noam Raucher of Tem-

ple Israel, who led the opening

ple," she concluded.

prayer, noted that one in three adolescents in the U.S. is a victim of emotional, verbal, sexual, or even physical abuse, with violent behavior typically beginning between the ages of 12 and 18. He encouraged parents to teach their children "that abuse should never be condoned."



(left to right) Emily Ashkin, Lauren Feinstein, David such as slipping Czarlinsky, Aliyah Tuckman, Lee Daniels, and second grades; changes in row (right) Sam Cohen. Next to Sam are UNC Char- mood, activities, or lotte volunteers Melissa Siegel, Jennifer Medrano, and dress; from friends; or making light of a

> behavior. "Parents know their child," said Cooper, "And if they're paying attention, they'll know if something is wrong." She encouraged parents to talk openly about abuse; remove the taboo; encourage the teen to share thoughts and experience; and respect his or her point of view. "If you suspect your teen is being abused," she cautions, "be sure she or he feels safe and supported, not accused or blamed."

boyfriend's or girlfriend's violent

withdrawal

handout of information designed by their Student Council; a sweet to represent the sweetness we all hope for in our relationships; and a purple wristband donated by Eric Lerner of ActionPlusIdeas. On it was written, "ABUSE ... Roz Cooper said she too was concerned that **Resources for Teens** most parents don't and Parents realize how many Jewish children are National at risk or are already www.jwi.org in unhealthy or abusive relationships. www.loveisrespect.org and

### Greater Charlotte Area Women's Commission

Hotline for Teens

1-866-331-9474

(or 8453 TTY)

Text "loveis" to 77054

Chat online with peer

advocates

704-336-3210 Jewish Family Services 704-364-6594 www.shalombayit-nc.org for information and referral and resource listings





# **Temple Israel Youth** News

Mazel Tov to Michael Roochvarg and the new 2013-14 Ein Gedi Sub Regional Presidency.

Pictured: Michael, the new Vice President (center), Sam Book from Charleston (right) and Leah Givarz of Atlanta (left)