SO MANY WAYS TO STAY FIT, ACTIVE + CONNECTED!



preschool

Early Childhood Program Supervisor: Stephanie Freedman • 704-944-6891 stephanie.freedman@charlotteicc.org

Rookie Moms' Group at the J

Newborns – 12 months with parent Come chat about common issues that all new parents go through!

Wednesday, May 8 • 9:15-10:15am **LJCC Family Place**

M/\$5 B/Free NM/\$7

Schmooze 'N Shabbat

Newborns – 2 years Enjoy a playgroup with Shabbat! Friday, May 10 • 9:15-10am (Free!)

Got Shabbat?

Newborns – 2 years Enjoy Shabbat songs and blessings, meet new friends and enjoy some challah!

Friday, May 17 • 9:15-10:15am **Gorelick Hall**

M/\$5 B/Free NM/\$7

J-Tribes

K-5th Graders & their dads A father/child program designed to foster relations between fathers & their kids in fun, exciting ways. Monthly meetings. Price per school year per pair: NM/\$150 (+\$50/add'l child) M/\$100 mitch.ormand@charlottejcc.org • 704.944.6733



Teen Programs Coordinator: Ariel Krusch 704-944-6739 • ariel.krusch@charlottejcc.org

"Saturday Night Take-Over"

Grades 5-8

Rafts in the pool! Basketball & La riche in the gym! Snacks & sodas to enjoy! Video games in the Teen Lounge! Your friends everywhere! The LJCC is your place to HANG for the night!

Saturday, May 4 • 7-10pm M/\$10 B/\$5 NM/\$15

Jammin @ the J

jemmin' Saturday, May 18 • 7-11pm

Tickets \$15 (No refunds)

Teen Leadership Council

Grades 6-8; open to newcomers

Sunday, May 19 • 5-6pm • Teen Lounge

Become involved! Bring new ideas & leadership.

Last one

'til Fall!

Our Newest Adult Program!

C3 = Culture • Cocktails • Cuisine

Liven up your Saturday Nights w/social events around town & here at the J!

KICK-OFF EVENT: Come see our very own LJCC Director of Performing Arts, Susan Cherin Gundersheim in:

Saturday, June 8 • 5:30pm \$30/ticket • \$55/2 tickets (\$ dinner not included)

Bus departs LJCC 5:30pm, dinner uptown & then the show! 704-944-6778 • susan.gundersheim@charlottejcc.org



At CPCC's Halton Theater

A fun, Farcical story of 3 Female co-workers who concoct a plan to get even with their sexist, egotistical, lying, hypocritical boss. In the process they learn there's nothing they can't do - even in a man's world.

adults

Jewish Holiday Cooking - The Israeli Wav

Your Israeli Cooking

Connection! Local, hands-on, private cooking lessons with Israeli Shlicha Roni Amitai. We will swap recipes, photos, and cooking tips with women of Hadera. Then we'll enjoy the meal that we cook at class!

Cooking for Shavuot: Monday, May 13 10:30am

M/\$25 NM/\$30

To register, or inquire about being a host kitchen, contact: 704-944-6739 ariel.krusch@charlottejcc.org



Your Ticket to Staying Young!

Questions? 704-944-6753 or jodie.iagnocco@charlottejcc.org

Mah Jongg Classes

Men, women or couples welcome! Learn the basics of how to play this ancient Chinese tile game from an experienced teacher. Day or evening classes; each session is 4 weeks.

I. May 1-26 • Wednesdays, 10am-12pm (no class 5/15) II. May 7-28 • Tuesdays, 6:30-8:30

Per 4-wk Session: M/\$85 B/\$51 NM/\$95 To register, call 704-366-5007

Healthy Living, Healthy Aging Seminar

Adults 50+ • FREE!

Tuesday, May 14 • 12-1pm • Room A111

"You're in Control of Your Health" w/Dr. Russ Greenfield, MD Light healthy snack served; or bring a dairy/vegetarian lunch.



Questions? 704-944-6753 or jodie.iagnocco@charlottejcc.org

May OASIS Fieldtrip: "Tree House" Vineyards & Picnic

Sponsored by "Stan Greenspon Charitable Foundation" Oasis & LJCC members only.

We will be traveling to Monroe for a tour the picturesque "Tree House Vinevards." After learning about the wine making process we will stay for a picnic lunch & have an opportunity to enjoy the vineyard's beautiful grounds.

Wednesday, May 22 • 10am-2pm

Fieldtrip is FREE; box lunch available for purchase, or bring your own lunch

Limited space • Reservations required Sign up in Weinberg, or call 704-944-6735

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