SO MANY WAYS TO STAY FIT, ACTIVE + CONNECTED!



beenbline virue

Stephanie Freedman 704-944-6891 stephanie.freedman@charlottejcc.org

Mandarin Chinese for Preschoolers

3-5 year olds

Kids will learn Chinese in this fun, interactive class.

Mondays • 1:15-2pm

October 21-December 2 (7 weeks)

Family Place

7-wk Session: M/\$77 B/\$60 NM/\$94

Little Chefs

3-5 year olds A drop-off cooking class for kids. Transfers available from CJP.

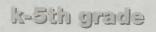
Tuesdays • 1:15-2pm

October 22-December 3 (7 weeks)

7-wk Session:

M/\$78 B/\$60 NM/\$90

704-944-6891 • stephanie.freedman@charlottejcc.org



J-Tribes

K-5th Grade

J-Tribes is a father/child program designed to foster relations between fathers & their kids in exciting ways.

Father/child pairs are placed in 'tribes' of 12 pairs. "All-Tribe" programs include seasonal outings, volunteer opportunites, and a Spring camping trip.

Sunday, October 13

The Amazing Maize Maze

Father/child "pair" per school year: M /\$100 NM/\$150 (+\$50 per additional child) 704-944-6733 • mitch.ormand@charlottejcc.org

Club "45"

Calling all 4th-5th Graders

Come have some Saturday Night FUN with friends. This month, we'll meet at Camp Mindy for pizza, then have more fun than you can possibly imagine with the return of "Over-the-Counter Improv!"

Saturday, October 5 • 6pm **Meet at Camp Mindy**

M/\$20 NM/\$25

704-944-6733 • mitch.ormand@charlottejcc.org

Family Night - Pizza & a Movie

K-5th Graders & their Families Fun for the whole family! Join us for a night of pizza and a family-friendiy new release movie.

Saturday, October 12 • 5-7pm Lori Sklut Rec Hall, Camp Mindy

Per Family: M/\$15 B/\$10 NM/\$25 704-944-6738 • mark.didonato@charlottejcc.org

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Jessie Cohen 704-944-6739 jessie.cohen@charlottejcc.org

Jammin' @ the J

6th-8th Grade

We'll have a DJ, basketball,

awesome inflatables, and a snack bar open all night!

Saturday, October 19 • 7-11pm

Year-round Pass: M/\$135 NM/\$150 Or \$15 per ticket

Teen Leadership Council

6th-8th graders (Newcomers welcome!) Looking for a great leadership opportunity? Help create/run programs for the middle school teens. Make new friends, learn how to plan events, and complete community service projects. Meets monthly.

Sunday, October 20 • 5-6pm **LJCC Teen Lounge FREE**

₩ bbvo LJCC & BBYO **Saturday Night Take Over**

6th-8th grades

Swimming, sharbade, basketball, snacks & sodas along with video games in the Teen Lounge. The LJCC is for the Teens tonight!

Saturday, October 5 • 7-10 pm

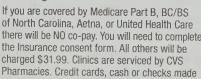
M/\$10 B/\$5 NM/\$15

Flu Shot Clinic Monday, October 7 9:30am-3pm

of North Carolina, Aetna, or United Health Care there will be NO co-pay. You will need to complete the Insurance consent form. All others will be charged \$31.99. Clinics are serviced by CVS Pharmacies. Credit cards, cash or checks made out to CVS Pharmacy will be accepted.

704-944-6753 • jodie.iagnocco@charlottejcc.org

No appointment necessary! **Weinberg Adult Center**





Your Ticket to Adults 55+

LJCC & Levine-Sklut Library Book Club

Join us every 3rd Tuesday of the month for an informal, thought provoking, social opportunity. Book selections are chosen by the group. Led by Talli Dippold (& occasional guests).

> Tuesday, October 15 10:30am - Weinberg Center

7pm - Levine-Sklut Judaic Libray

Please RSVP for evening meeting 704-944-6780 • Tdippold@shalomcharlotte.org

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Jodie lagnocco 704-944-6753 jodie.iagnocco@charlotteicc.org

Mah Jongg Classes

Men, women or couples; 4 participants/session min. Learn the basics of how to play this ancient game from an experienced teacher, and you'll be a proin no time. (sessions are 4-weeks)

Tuesdays (PM), 6:30-8:30pm

I: October 1-22 II: Oct 29-Nov 19

Wednesdays (AM), 10am-12pm

1: October 2-23

II: Oct 30- Nov 20

4-week Session: M/\$85 B/\$51 NM/\$95

Mah Jongg - LJCC OPEN PLAY Night All levels welcome.

Join us every 2nd Tuesday of each month. Bring your sets, cards, snacks for a night of fun and friendship. Tuesday, October 8 • 7-9pm FREE!

"Healthy Living, Healthy Aging" Returns

Join us as we initiate our 2nd Annual Healthy Living Healthy Aging Program, where the focus is to keep you healthy at 100! These FREE monthly seminars will show you how to fool Mother Nature and make your adult years the healthiest & best ever. Light healthy snack provided (or bring a dairy/veg. lunch).

"Keepin' Your GI Tract Movin' & Groovin" With Gastroenterologist Dr. Jeffrey Zaidman Tuesday, October 15 • 12-1pm • Rm A110 For Information contact: Nurse Lorrie 704-944-6880 Future Seminar Dates: 11/21, 12/17, 1/21/2014

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OASIS October Fieldtrip: Choir Music at Myers Park UMC

Oasis & LJCC members only. Sponsored by the "Stan Greenspon Charitable Foundation"

Wednesday, October 16th

9:45am-1:30pm (bus departs & returns to LJCC) This month we'll head to the Myers Park United Methodist Church to view a performance of "The Cap & The Collar - A Place in the Choir." For years, Rabbi Yossi & Pastor Paul have been bridging the gap of people of all faiths by entertaining them with their original traditional songs. Lunch provided (\$5).

Space is limited; reservations are necessary! Sign up in the Weinberg Center or contact: 704-944-6735 • Audrey. Herman@charlottejcc.org

Do You Have Questions About Medicare?

Are you confused about the Open Enrollment Period for your Prescription Drug Plan, which runs October 15 thru December 7? FREE counseling is available to help answer all your questions. Services provided by SHIIP (Senior Health Insurance Information Program). To make an appointment for a private consultation: 704-944-6753 or Jodie.lagnocco@charlotteicc.org