



## Jewish Family Services



### Join JFS in October

#### Love and Logic Parenting Workshops

Tired of arguing with your kids? Had it with your kids not listening? Wish your kids would help with chores? Join JFS and Love and Logic® Facilitator Wendy Petricoff to learn fun and easy-to-use parenting techniques to help put the fun back into parenting. You will learn practical tips and skills to avoiding arguments with your children, discover ways to share control, and arm yourself with all the Love and Logic® tools you need to be an effective parent. Early Childhood workshop: October 9, 16, 23, and 30, 7-9 PM; Teens and Tweens Crash Course: November 17, 1-4 PM. All workshops held in Teen Meeting Room.

#### Special Needs Panel Discussion

Tom Fields-Meyer is the author of *Following Ezra*, the riveting story of a father and his autistic son on a ten-year adventure, from Ezra's diagnosis to the dawn of his adolescence. Mr. Fields-Meyer will be joined by child therapists, psychologists and other professionals in a panel discussion for parents of children with special needs. A joint program with Temple Israel. October 13, 10 AM-12 noon, Sam Lerner Cultural Center.

#### Free Lunch and Learn:

#### Medicare, Medicaid and Senior Housing Options

Do I qualify for Medicaid? Can someone help me with the appli-

cation? What will my Medicare and Medicaid pay for? What senior living communities in Charlotte accept Medicaid? Join representatives from Mecklenburg County Department of Social Services, SHIP, and Brookdale Senior Living Solutions. October 17, 11:30 AM - 1 PM, Weinberg Senior Center.

#### LJCC and JFS Present Teen Issues/Parent Awareness Seminars

#### Parent Seminar for Parents of 8th-12th Graders: How to Handle School Stress

In an effort to help parents keep up with the issues that teenagers in our community face on a daily basis, we have created a series of seminars just for parents and their teens. Oftentimes school can be a place where students struggle to compete against their peers and friends to have the best grades or take the best classes. Here, you will be taught healthy strategies to help your teen deal with this unnecessary stress. Also, learn strategies to help your teen use time management skills and balance school work with other extracurricular activities. Seminar is free of charge but pre-registration is required. October 10, 7:30 PM, JCC. Register with LJCC: 704-366-5007.

#### Domestic Violence Awareness Month

#### Film & Interfaith Panel Discussion - I BELIEVE YOU:

#### Faiths' Response to Intimate Partner Violence

This nationally acclaimed interfaith documentary explores the stories of survivors of abuse and the response of faith groups to address their needs. This one-hour free film will be followed by an interfaith panel discussion with local clergy. Collaborative event with JFS, Mecklenburg Ministries, Shalom Bayit, Levine-Sklut Judaica Library, Charlotte Jewish Film Festival, and Jewish Federation of Greater Charlotte. October 6, 5 PM Film Screening followed by Interfaith Panel Discussion. Sam Lerner Cultural Center.

#### Parent Workshop: Help Your Tween/Teen Feel Safe

What age group is at greatest risk of sexual assault? When is texting abusive and how many teens experience it? Where is dating violence most likely to occur? To whom do teens go when it happens? Learn about prevention; familiarize yourself with the world of cyber-abuse/textual harassment; the signs and symptoms of an abused or abusive person; and what you can do to help. A must for any parent. Collaborative event with JFS, LoveSpeaksOut, Jewish Family Services, and Shalom Bayit. October 27, 1:30 PM, Sam Lerner Cultural Center

#### Other News from JFS

Save Thousands with Go-PlaySave Citipass Coupon Books  
Stop by JFS Monday-Friday 9 AM-5 PM to pick up your book

#### Please Help the Jewish Community

Only three months remain for the 2013 Family to Family Annual Campaign. Donations to the campaign allow members of the Jewish community to receive the help they need when they need it, and the skills to help themselves moving forward. Thank you to the families who have already made their donations and pledges to this year's campaign. JFS volunteers will continue to make calls throughout the campaign to ask for your support and answer any questions you may have.

\* Your gift provides counseling to a family who is grieving the loss of their wife and mother, even when they don't have insurance.

\* Your gift helps the single mother who was just diagnosed with cancer receive benefits and financial assistance from DSS, United Family Services, and Social Security.

\* Your support ensures that every homebound Jewish senior remains connected to the Jewish community.

\* Your donation gives free help to the newly unemployed couple to set up a budget and fill out food stamp applications.

If you have not yet made your pledge, please email beth.cupp@jfscharlotte.org, call 704-364-6594, or go online to www.jfscharlotte.org. Payments are not due until December 31 and are 100% tax-deductible. ☆



Jewish Family SERVICES

All Events Take Place on Shalom Park and Require Pre-Registration. Contact JFS at info@jfscharlotte.org or 704-364-6594 full details and registration information

## Join Us As TEMPLE EMANUEL CELEBRATES 100 YEARS

### Marshall Rauch To Receive Wisdom of Solomon Lifetime Achievement Award

Temple Emanuel of Gastonia invites you to join our celebration at this November's 100 Year Anniversary Gaia Dinner Dance. As part of the festivities, former N.C. Senator Marshall Rauch will receive the coveted Wisdom of Solomon Lifetime Achievement Award for his countless contributions to our state, our region and the Jewish community.

Temple Emanuel's rich history began in 1913 when a young David Lebovitz from Lithuania settled in Gastonia and bought a department store that is now known as Lebo's. He became the first president of the Hebrew Congregation of Gastonia, a step that marked the beginning of the official Jewish Community of Gaston County. Over the last century, Temple Emanuel has continued its strong traditions of worship, fellowship, community service and religious education in Gaston, Lincoln and Cleveland counties.

As we reflect on our humble start and our community's remarkable growth in faith, let's celebrate this 100-year milestone together. Join us this November for dinner, dancing and an evening of commemoration one century in the making:

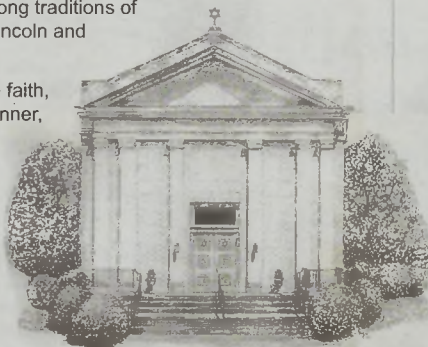
Gaston Country Club

November 16, 2013

Festivities begin at 6:30 p.m.

Live entertainment by The Alan Kaufman Swing Band

Tickets are \$125 each or \$1,000 for a table of 8. For tickets or commemorative book ads, contact Alan Nash at alanenash@gmail.com or 617-510-1334. Sponsorships are also available.



Mark your calendar for these free upcoming events at Temple Emanuel

October 13, 7 p.m.  
Cultural Evening featuring Viva Klezmer, a fun Jewish musical treasure

November 9, 10 a.m.-2 p.m.  
Shabbat worship followed by a study group led by Rabbi Rick Jacobs, President of the URJ

December 5, 7 p.m.  
Dr. Amy-Jill Levine, award-winning speaker and Professor of New Testament and Jewish Studies, Vanderbilt University



Temple Emanuel

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www.templeemanuelgastonia.org