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Hadassah Health Night 2014

The Charlotte Chapter of Hadassah presents Women: Wellness 2014 on February 11 at Temple Israel from 7-9 PM.

This program is free and open to all members of Hadassah, their guests, and members of the greater Charlotte community.

We have an outstanding panel of health care professionals presenting. Each presenter will showcase their topic with a Power Point presentation, followed by an open question and answer session.

Barret Butler, RD/ Signature HealthCare

Barret Butler is a Registered Dietician, and her presentation is on Women/Weight/Wellness. Barret received her MPH at the University of North Carolina at Chapel Hill. She is a Private Nutrition Practitioner in Charlotte, and is often a guest speaker at Reids Fine Foods.

Dr. David Framm, Mecklenburg Medical Group/cardiology

Dr. Framm is returning due to popular request, and is speaking about Women and Healthy Hearts. Dr. Framm graduated from George Washington Medical School, did his residency in Internal Medicine at Cedars-Sinai Medical Center and his Cardiology fellowship at the University of Arizona.

Dr. Rina Roginsky, Novant Health: Carmel OB/Gyn

Dr. Roginsky is presenting on a very noteworthy and timely topic, The Importance of the Annual Exam. Dr. Rogisnsky attended medical school at Ohio State University and completed her residency in OB/GYN at the Medical University of South Carolina.

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The Charlotte Jewish Film Festival: Building Community One Film at a Time

With the 10th Anniversary upon us, it's safe to say that the Charlotte Jewish Film Festival has gotten it right. Over the past decade, the festival's directors -Debby Block (2005-2006), Jodi Greenwald (2007-2011), Jeff Turk (2012-2013) and Rick Willenzik (current) have worked tirelessly with their dedicated teams of volunteers, united by the singular vision of creating a cul-

tural event that would excite, educate and engage our community.

So how has an all-volunteer based organization grown from a one-day event in 2005 into a month-long cultural celebration in 2014?

Debby, Jodi, Jeff, and Rick all agree that the CJFF would not be possible without the round-the-clock efforts of its committee members and volunteers as well as the continuing support from sponsoring organizations, corporate partners, patrons, community partners, and of course, audience members.



"Hunting Elephants"

The directors also agree on the reasons that the festival earns the dedication and loyalty of filmgoers of all ages. The CJFF provides an insular, non-threatening access point for people to plug into their community, whether it's for social, cultural, or religious reasons. Film is the perfect medium to help them connect and identify with their friends, neighbors, and community members. By choosing movies that have stories, characters, and themes with universal appeal, the CJFF has made it easy for people from all walks of life to get together to laugh, cry, think, feel, and learn.

What does the future hold for the CJFF? Debby, Jodi, Jeff. and Rick firmly believe that if the festival ended tomorrow, the community wouldn't stand for it. There would be such an outcry that someone would pick up the reins and start everything up again very quickly – the CJFF has become that intricate and

important to our community. Now one of Charlotte's most acclaimed and respected film festivals, the CJFF is well positioned to break new ground as it continues to attract wider audiences and bring the best of the world's cinema to our region.

The above was consolidated from a January 2 interview with Debby Block, Jodi Greenwald, and Jeff Turk as well as a Q&A with Rick Willenzik













Remembering Sharon.

See pages 22-24.

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5007 Providence Road, Suite #112 Charlotte, NC 28226 Change Service Requested The 2014 Jewish Federation
Annual Campaign is in full
swing. Thanks to The Leon
Levine Foundation new and
increased gifts will be
matched dollar-for-dollar!
See page 2.

