STAY FIT, ACTIVE + CONNECTED AT EVERY AGE!

Preschool

Strollercize Fitness Club

Moms - bring your baby and stroller and join other moms for an energizing outdoor workout. We will include intervals of strengthening and toning using bands and body weight, as well as walking and jogging, all while interacting w/your child & other moms.

Wednesdays • 12:05-12:30pm

April 9 – May 21 (6 weeks)

Meet at LJCC's New Gym

M/\$36 B/\$Free NM/\$54



CAMP MINDY KATAN UNIT

Play Dates with Perks!

12-30 months, with parent
Meet other moms & have organized
fun-filled summer play dates
with your toddler! Themes, crafts,
stories, snacks, circle time with
music & movement, outdoor water
time, Friday Shabbat & much more!

Wed & Frl • 9:15-10:45am

Jun 25-Jul 2 (2 wks) \$60 \$70 Jul 9-Jul 18 (2 wks) \$80 \$90 Jul 23-Aug 1 (2 wks) \$80 \$90 Jun 25-Jul 18(4 wks) \$160 \$170 Jul 9-Aug 1 (4 wks) \$160 \$170 Jun 25-Aug 1 (6 wks) \$240 \$250

Levine JCC Departments Directory

Program Questions? Contact:

- **★ Early Childhood / Preschool** stephanle.freedman@charlottelcc.org 704-944-6891
- **★ K-5th Grade Programs** mark.didonato@charlottejcc.org 704-944-6738
- **★ Teen Programs** Jessle.cohen@charlotteJcc.org 704-944-6739
- * Adults / B.I.S.Y jodle.lagnocco@charlottejcc.org 704-944-6753
- **★ Seniors / Oasis** audrey.herman@charlottejcc.org 704-944-6735

K-5th Grade

2/3 Round-Up and Kids Club "45" Event

2nd-5th Grades

A special one-night-only event for both Kids Club & Round Up! Together we will to watch Paul Marks (Funny Bone Improv), and play games in the Lori Sklut Rec Hall all in one night! Dinner included. Limited space - sign up now.

Saturday, April 5 • 5-8pm Camp Mindy

M/\$20 B/\$15 NM/\$25

CMS Holidays: Spring Break Camp

K-5th Grades
Each day will include a field trip or special activity, arts & crafts, sports, swimming and plenty of friends and

fun! Please bring a bathing suit, towel and dairy lunch each day.

• Mon, April 14 - Nature Museum

- & Freedom Park (no PM care)Thu, April 17 Bowling
- Fri, April 18 Adventure Landing

Full day: 9am-4pm
Extended Care: 7-9am & 4-6pm
Camp Mindy Activity Center #1
Per day: M/\$55 B/\$33 NM/\$65

(AM Care:\$5 PM Care:\$5)

Teens

Jammin' at the J

Middle School only!
Come hang out for the night! DJ, basketball, inflatables, snack bar, and all your friends!

Saturday, April 5 • 7-11 pm \$15 per ticket

Teen Advisory Group Meeting

6th-8th Grades (newcomers welcome!)
Exercise your leadership skills! Come
share your ideas for new teen programs
YOU want to see at the J!!
FREE!

Sunday, April 6

1-2pm • Teen Lounge

Teen Extreme: Scavenger Hunt

6th-8th Grades

Explore Uptown and enjoy the spring weather as we make our way through the different parks on a scavenger hunt. Register by Tue 4/8.

Monday, April 14 • 9am-4pm Drop-off/pick-up @Teen Lounge M/\$40 B/\$30 NM/\$50

Cooking With Matzah

6th-8th Grades Come create delicious new recipes with Matzah! Register by Fri 4/11.

Thu-Frl, April 17-18 10am-2pm • Teen Lounge

M/\$40 B/\$30 NM/\$50

Teen Issues/Parent Awareness: Teens & Risk Management

Parents with teenagers
Learn skills and ways to discuss drug
and alcohol abuse with your teens.

FREE!

Thursday, April 24 7:30-9:30pm • Levine JCC

FREE - Open to the Community! To RSVP call: 704-366-5007

Saturday Night Out!

6th-8th Grades

Join the LJCC & BBYO Connect on a night out at Sports Connection. Please register by Tue 4/22.

Saturday, April 26 6-10pm

Drop-off at Portico Entrance M/\$10 B/\$5 NM/\$15

Adults

Group Ex "LITE" 50+ fitness

New, Lighter Versions of our Group Exercise Classes!

See our current Group Exercise Schedule: charlottejcc.org

"Healthy Living, Healthy Aging" Lunch & Learn Adults 50+

April's Topic: "Breathe Easy!"

Presented by
Dr. Selwyn Spagenthal,
(Charlotte Lung & Health Center)

Thursday, April 24 12-1pm • Room A111

Light healthy snack served; or bring a dairy/veg lunch.

Future Seminars: 5/20 & 6/19 Nurse Lorrie 704-944-6880

Seniors

OASIS Senior Passover Seder

Made possible & sponsored by "The Stan Greenspon Charitable Foundation" Recognizing Needs in our Community

Please join us for a delicious Passover luncheon and community Seder led by Rabbis Raucher and Frierich, with musical accompaniments by Miss Patty.

Friday, April 4 • 12-2pm Gorelick Hall • \$5/plate

*Advanced reservations necessary by Mon 3/31. Contact: 704-944-6735 or audrey.herman@charlottejcc.org

LJCC & Levine-Sklut Library Book Club

Join us for this informal, thoughtprovoking, social opportunity. Book selections are chosen by the group. Led by Talli Dippoid & guests. Free!

Tuesday, April 29 • 10:30am Weinberg Adult Center 704-944-6780 Tdippold@shalomcharlotte.org

OASIS Fieldtrip: Shopping & Lunch

Sponsored by Stan Greenspon Charitable Foundation Oasis & LJCC members only.

Join us for a morning of fun as we head off to "Steinmart" for light refreshments and a brief fashion show with our very own participants as models. A boutique specialist will fill us in on "What's Hot, What's Not", and "How to Accessorize" and then you can SHOP, SHOP, SHOP. After our spree, we will enjoy lunch together at Macaroni Grill.

Wednesday, April 30th 9:30am Bus departs LJCC 2:15pm Bus returns

Fieldtrip is free; lunch cost on your own Space is limited; RSVP required. Sign-up in the Weinberg Center or contact Audrey Herman 704-944-6735, or audrey.herman@charlottejcc.org

AARP "Smart Driver" Program

Cars have changed and so have traffic rules & driving conditions. It's time to get up to speed! You will learn driving techniques, new traffic laws, rules of the road, how to deal with aggressive drivers and handle problem situations.

Thursday, May 1 9:30am-2pm (30 mln. lunch break) Weinberg Adult Center

AARP Member/\$15 Non-mem/\$20

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