

A Banner Year for the LJCC Kids Tri

“Way to go!” “Keep up the good work!” “You can do it!” Those were just a few of the many chants heard on Sunday, June 1 as 175 children, ages five to 14, participated in the 3rd Annual LJCC Kids Triathlon at Shalom Park. It was hard to tell who had the biggest smiles on their faces: the participants, the parents, the volunteers, or the staff of the LJCC, the Levine Children’s Hospital (LCH), and the Adaptive Sports and Adventures Program (ASAP). The reasons for those smiles were plentiful.

* This year, the LJCC Kids Triathlon, benefitting pediatric Rehabilitation at LCH and ASAP, raised approximately \$16,000 more than the previous year, bringing in more than \$55,000 to be divided between LCH and ASAP. The Leon Levine Foundation once again awarded a Challenge Grant to the Kids Triathlon: if the Kids Triathlon raised \$45,000, it would be awarded an additional \$15,000 from the Foundation. Through corporate spon-

sorships and individual fundraising, that challenge was met.

* Olympic swimmer Cammille Adams attended the triathlon this year. The kids swarmed around her at the beginning and then smiled from ear to ear as she gave each one a high-five after they completed the swimming portion of the event.

* Seven children from ASAP participated in the event. One athlete, who had participated the first year and had a tough time making it across the pool one time, jumped in as the first swimmer of the day and swam across the pool twice this year.

* Following the race, the participants – proudly wearing their medals around their necks – and their families enjoyed themselves on bounce houses donated by Your Event Source (Y.E.S.), with food and drinks donated by Earth-Fare, Coca-Cola Bottling Company, Publix, Morrison Healthcare, and Whats Water Ice, having their faces painted by young volunteers and socializing



Kids of all ability levels participated in the LJCC Kids Triathlon.

with friends.

* The family of an ASAP participant won the raffle item: a football signed by all of the Carolina Panthers.

* Everyone had a great time: “Thank you for the incredible hard work you did in putting the Triathlon together - it was so fantastic and [my daughter] loved every minute of it. It was quite an undertaking and kudos to you for doing it and making it so successful.” “Today was amazing. It was such a happy day for so many kids. We can’t wait until next year.” “We had so much fun at the Triathlon. [My son] really enjoyed the experience and I overheard many comments about how well run it was.”

After a child suffers a significant injury or illness, he or she often needs inpatient rehabilitation services to regain strength and functional skills necessary to return home or to school. LCH provides the region’s only com-

prehensive inpatient rehabilitation services for youth who have experienced a debilitating illness or injury. With a continuity of care that is unparalleled, LCH offers high level outpatient services once a patient is released by offering the opportunity to participate in ASAP, which is a part of Carolina’s Rehabilitation. This program, open to anyone in the community, is designed to challenge youth with physical disabilities to develop skills that will lead to and enhance an active and productive lifestyle – one without barriers. The LJCC is proud to support LCH and ASAP and to host this event to help bring awareness to the community about the services offered by these amazing organizations.

Special thanks go out to the top individual fundraisers. The first place award, a three-night stay in Orlando and park-hopper passers to Disney – donated by Mann Travels – went to David, Jacob,

and Maegan Taback, triplets who chose to fundraise for their mitzvah project and donate the prize to the Make-a-Wish Foundation. Coming in second was Obi Jewett, winning \$200 to Dick’s Sporting Goods. The third place prize, \$100 to Dick’s Sporting Goods, went to another set of triplets, Charlie, Cooper, and Zachary Kahn.

Additional thanks go out to the corporate sponsors of the event, Carolinas HealthCare Foundation, Vida Vida, PRECOR, Dale and Larry Polsky, Skechers, Action Plus, Bayada Home Health Care, Bob Mayberry Hyundai, Greenhagen Medical, Inc., McGuire Woods, BlueDot Medical, and Laxer, Long and Savage, as well as to in-kind donors, Binders Art Supplies, Dick’s Sporting Goods, Inside Out Sports, Macaroni Kid, TCBY, and St. John Photography.

The LJCC is already looking forward to next year’s event on May 31, 2015.✳

Join Moishe House Charlotte as We Celebrate Our One Year Anniversary with a Slew of Exciting August Events

Moishe House is a nonprofit organization dedicating to promoting community among Jewish young adults in their twenties and early thirties. Moishe House looks to fill the void that often exists after graduating college and prior to “settling down.” The Moishe House Foundation includes 60 houses in 13 countries around the world. The organization brings together groups of three to five Jewish adults who live together and plan local programs, both home-based and external, for other young Jewish adults.

Moishe House Charlotte began in August 2013 and has hosted over 55 events ranging from service projects to social events to Jewish learning. Diana Warth, Elana Congress, Audrey Singer, and Rachel Dilles reside in the house itself.

Listed below are our August events:

1. First Friday Shabbat and Services (Friday, August 1 at 6 PM at Temple Israel for services or 7:45 PM at Moishe House for dinner). Drinks, food, and friends – and services. What better way to ring in Shabbat than with the Moishe House crew? Join us at Temple Israel at 6 PM for Shabbat services. The evening continues with Shabbat dinner at Moishe House at 7:45 PM — come on down with your favorite summer side dish and we’ll provide the main dishes, drinks, and challah.

2. MoHo Game Night (Thursday, August 14, 7-10 PM at Moishe House). Come on over to Moishe House for a night of fun and games. We’ll provide the fun, games, and snacks. Feel free to

bring your favorite game to share.

3. Afternoon in the Park (Sunday, August 17, 2-5 PM at Latta Park). Join MoHoCLT at Latta Park for an afternoon of outdoor activity. Bring friends, pets, balls, and games. We’ll bring the corn hole, and of course, snacks. Meet at Moishe House in case of rain.

4. Jewish Music Workshop with Cantor Mary (Wednesday, August 20 from 7-9 PM at Moishe House). Join Cantor Mary of Temple Beth El and the MoHo Crew as we deepen our Jewish musical knowledge. Possible workshop topics include Shabbat songs, different prayer styles, and daily blessings. Lip-synching at Shul will be a thing of the past after this event.

5. Dor’s Going Away Party (Saturday, August 30 at 8:30 PM at Moishe House). Help us send Dor Hollander, the 2014 Schliach, off with a bang. Enjoy Israeli-themed goodies and just come hang out at Moishe House. Drumming, Cards Against Humanity, or going out to dance are all possibilities depending on where the night takes us. Please bring a beverage to share.

To learn more about Moishe House Charlotte, e-mail us at mohocharlotte@gmail.com, visit the Moishe House Charlotte Facebook page, or our website at www.moishouse.org/houses/charlotte. We look forward to hearing from you. ✳



Kindergarten Families at Temple Beth El

OUR TWO PROGRAMS

Religious School:
25 Sundays a year. Students enroll in either the 8:30-10:30 AM session or the 11:00 AM - 1:00 PM session. This is a child only program.

The Family Experiential School:
17 Saturdays, 8 Sundays, and 8 Friday dinners. This is a parent/child family program.

Temple Beth El has two amazing programs designed just for kindergarten families.

Whether you choose Sunday Religious School or the Family Experiential School, Temple Beth El will partner with your family to give you incredible tools for Jewish living. Contact Susan Jacobs, Director of Education (sjacobs@beth-el.com) or Cantor Mary Thomas (CantorM@beth-el.com) for more information.

