

*Come on in, feel at home, and have some fun.*



*Room for all to enjoy many activities and events*

**OUR GOALS**

Sardis Gardens Adult Day and Health Care Center aims to bring purpose and pleasure into the lives of our clients, to promote their health, and to provide their families with peace of mind and respite from their day-to-day caregiving responsibilities.

**OUR PHILOSOPHY**

Founded on a conviction that medical treatment alone is not enough, our philosophy is to create both a beautiful environment and programming that reduces loneliness, encourages participation in life and personal care, as well as focuses on pleasure and possibilities. Still wanting to be sensitive to the challenges, losses, and pains often associated with aging, we want our health care component to work with clients' physicians to monitor changes, to administer medications, and to cooperate with other providers and community resources. All of this because we also believe that clients' families need help in sharing the caregiving.

**OUR PROGRAM:**

- nurtures personal independence
- cultivates emotional well-being
- reduces isolation
- enables the possibilities of living at home



**Sardis Gardens Adult Day & Health Care Center**

Hours of operation: Monday to Friday 8-5  
(hours will change as our clients' needs changes)

Please contact us for a tour and free day  
**704-364-3660**

**SCHEDULE YOUR PERSONAL TOUR TODAY.**

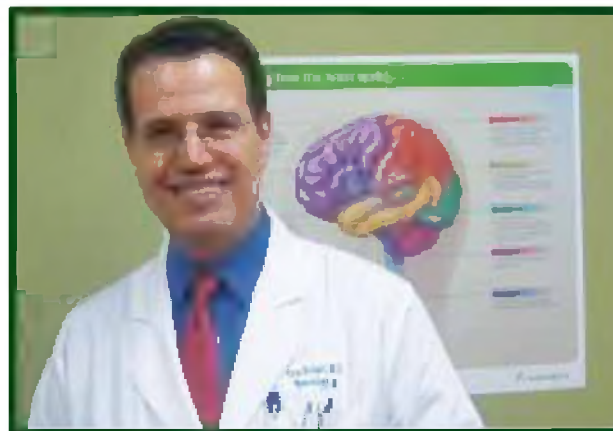
**WWW.SARDISGARDENSADHC.COM**

*Charlotte's only Center dedicated to the comprehensive management of Alzheimer's disease and related dementias*

# ALZHEIMER'S MEMORY CENTER



*Behavioral and General Neurology*



*"My personal commitment to my patients and their families is to ease the burden by providing excellent and personalized care as well as conduct innovative research to help ultimately find a cure."*

*— M. Reza Bolouri, M.D.*

*Just as you schedule your annual physical to maintain good body health, it's time to schedule your evaluation to ensure good brain health. Dr. Bolouri specializes in the diagnosis and treatment of Alzheimer's disease, Parkinson's Disease Dementia, Vascular Dementia, Depression and Lewy Body Dementia.*

**Now offering research medications for Alzheimer's Disease.**

**DR. BOLOURI IS COMMITTED TO:**

*Educating patients and families • Empowering them to make appropriate decisions  
Providing a comprehensive team approach*

**YOU ARE NOT ALONE IN THE JOURNEY.**

**485 N. WENDOVER ROAD • PARK PLACE COMPLEX • CHARLOTTE, NC 28211**

*To make an appointment or to learn more, call*  
**704-364-4000 • www.amcneurology.com**