Youth Visions

Hebrew High

The first two sessions of 5775 have flown by. Our classes were filled with Jewish teens learning, questioning and staying connected. Many classes focused on "Jewish Community." The students worked hard, in diverse media, to develop their own personal connection to Judaism and our community.

Leadership has extended to the entire student body. This year our large and active student council is ably led by Rob Sisson, advisor extraordinaire, and Talia Weinstein, president. A dedicated group of teens meet monthly to plan special events, create ruach, and be our spokespeople to the community at large. Look for them at the community-wide Purim carnival on March 1. They will be running our booth and doing a special tzedakah project.

Despite a national trend away from supplemental Jewish teen education, our school continues to attract a large number of teens.



Student council president Talia Weinstein.



The Hebrew High Student Council wore orange on February 11 to support healthy relationships among teens.

That is in large measure due to the support we get from our founding institutions (Temple Beth El and Temple Israel). We rely on the clergy from the temples to teach our students and help write curricula. Our strength also comes from the excellent teaching staff, whose innovation and patience make every hour at Hebrew High meaningful.

Parents are a very important part of the Hebrew High community. Without parent support, we couldn't have our social time each week. The snacks that you bring help fuel our teens' interactions with their Jewish peers. Please remember to bring your snack on your assigned date. Thanks, too, for supporting your child's Jewish education. You will reap the rewards for a lifetime.

And now it is time to look forward to our next session. This time, we will focus on our con-

nection to the Jewish people throughout the world. Through music, art, drama, and great conversations, we will build a bridge between our teens and their counterparts worldwide. Hebrew High participates in many community events. These include:

- * Purim Carnival
- * Our annual Purim party
- * Teen Shabbat
- * Shalom Bayit initiatives
- * Charlotte Jewish Film Festival
- * Joint project with Friendship Circle Young Adults
- * Stand With Us Advocating for Israel
- * J Serve Annual day of Jewish Teen Community Service

* Teen Coalition member

Together, parents, teachers, clergy, and students make up the amazing experience that is Hebrew High. It is definitely the place to be on Wednesday nights. ❖



Zumba for FD

By Natalie Cohen

My sister, Frannie Cohen, has a rare genetic condition called Familial Dysautonomia (FD). There is a foundation in New York that specializes in research for FD and is working hard to find treatments and even a cure. On March 28 from 4:30-7:30 PM, I am hosting the 2nd annual Zumba for FD fundraiser. The three hours will consist of Zumba led by a licensed Zumba instructor, various dance games, and water breaks (the water will be provided). All of the money raised will be donated to the Dysautonomia Foundation. Last year, thanks to everybody who supported the event, we raised over \$2,000. This year, help me increase that number by supporting this event, either through your attendance or donation. The link below takes you to the website where you can either donate or sign up. You may also sign up at the door. Can't wait to see everybody there.

Where: Levine Jewish Com-



Natalie and Frannie Cohen

munity Center, 5007 Providence Road, Charlotte, NC 28226

When: Saturday, March 28, 4:30-7:30 PM

Price: \$20 per person to be paid either online or at the door

Sign up here: http://www.familialdysautonomia.org/zumbaforfd/

Three things restore a person's good spirits: beautiful sounds, sights, and smells.

- Talmud: Berakhot 57b

