



aquatics tennis racquetball sports leagues seasonal camps teens afterschool programs childcare senior programs

Lacrosse Skills

Grades K-5th

This program will focus on basic and fundamental lacrosse skills. Participants will learn basic drills to help develop skills and play the game properly in a fun, positive environment.

Turn and Burn Lacrosse instructors; all necessary equipment provided.

Wednesdays, 3:30-4:15pm

March 9–May 25 (no class 3/30)

Ostrow Family Athletic Fields

M/\$165 B/\$100 NM/\$220

Questions? 704-944-6743

stephanie.gamer@charlottejcc.org

Total Golf Adventures

Grades K-3rd

Learn the game of golf in a fun, safe, and nurturing environment.

TGA certified golf instructors; all necessary equipment provided.

Thursdays, 5:00-5:45pm

March 10–May 26 (no class 3/31)

Ostrow Family Athletic Fields

M/\$165 B/\$100 NM/\$220

Questions? 704-944-6743

stephanie.gamer@charlottejcc.org

Teens

Seeking Volunteers for Upcoming Purim Carnival

Two shifts available for our community wide Purim Carnival on **Sunday, March 20**. This is a fun way to earn community service hours!

For more details, contact *Jessie Cohen* 704-944-6739, or *jessie.cohen@charlottejcc.org*

Queen Esther's "EPIC" Bat Mitzvah!

Grades 6-8

Dress up and come celebrate Purim! We will have "DJ Ken," an ice cream bar, games, and a costume contest for individuals, duos and groups!

Saturday, March 12

6-10pm • Gorelick Hall

Tickets \$8 (each ticket includes a "plus one" so bring a friend!)

To Register for Programs:

Call 704-366-5007

or visit the Levine JCC

Customer Service Desk

Adults

Fiction Workshop:

"The Art of Crafting Stories"

This 8 week class will teach you how to turn your ideas into engaging well-crafted plots.

Tuesdays, 1:00pm

March 8-April 26

Room A110

M/\$80 B/\$56 NM/\$95

Healthy Living, Healthy Aging:

"You Are What You Eat" **FREE!**

FREE Monthly Lunch-hour Seminars for adults, age 50+

March speaker *Carla D. Spencer*, owner of *2 Your Health, Celebrating Life, Dedicated to your Health*, will share her passion for nutrition and how it impacts your life and contributes to health and longevity. *Light, healthy snack served, or bring bring your own veg/dairy lunch.*

Thursday, March 15

12-1pm • LJCC Board Room

To register, call 704-944-6880

or email *jccnurse@charlottejcc.org*

LJCC Department Directory

Please contact us you have questions!

Membership

Susan Lerner 704-944-6742
susan.lerner@charlottejcc.org

Early Childhood

Patty Torcellini 704-944-6891
patty.torcellini@charlottejcc.org

K-5th Grade Programs

Mitch Ormand 704-944-6733
mitch.ormand@charlottejcc.org

Teen Programs

Jessie Cohen 704-944-6739
jessie.cohen@charlottejcc.org

Adults & Seniors/Oasis

Jill Lipson 704-944-6792
jill.lipson@charlottejcc.org

Sports & Fitness

Stephanie Garner 704-944-6743
stephanie.garner@charlottejcc.org

Aquatics / Swim Team

Joshua Steinberger 704-944-6746
joshua.steinberger@charlottejcc.org

LJCC Tennis / CRUSH

Greg O'Connor 704-944-6748
gregory.oconnor@charlottejcc.org

Visual/Performing Arts

Susan Gundersheim 704-944-6778
susan.gundersheim@charlottejcc.org

J-Childcare

Maxine Serrano 704-944-6726
maxine.serrano@charlottejcc.org

CALLING ALL PARENTS & TEENS
KIDS TRI KICK-OFF
EVENT!

...for the
5th Annual LJCC
Kids Triathlon to benefit
Pediatric Rehabilitative
Services at >>>

Carolinan HealthCare System
Levine Children's Hospital
Adaptive Sports & Adventures Program

GET FIT
FOR A CAUSE
With a "TRI-fecta"
of Workouts:

THREE 1/2 HOUR CLASSES
(ZUMBA • YOGA • CYCLE)
PLUS Shopping
(KENDRA SCOTT • RODAN+FIELDS)

Sunday, March 13
3-5pm

Suggested donation: \$20/person
To register call 704-366-5007, or in person.

Questions? 704-944-6730 • *julie.rizzo@charlottejcc.org*

OASIS ENRICH ENLIGHTEN ENJOY

Senior Enrichment

MON-FRI • 9am-5pm
Weinberg Senior Adult Center

*** Game Days**
*** Enrichment Activities**
*** Educational Seminars**
*** Painting Classes**
*** Monthly Field Trips**
*** Exercise Classes**
*** M/W/F Lunch**

Please read our monthly newsletter online or pick up a hard copy in Weinberg Center.

If you have questions, contact: *Jill Lipson* • 704-944-6792
jill.lipson@charlottejcc.org

Shalom Green & LJCC Cares present...
A FABULOUS PROGRAM
FOR FAMILIES!

Eating Green, Growing Green

Presented by *Katherine Pair*,
Garden Coordinator at the
Urban Farm Collaborative
at Garinger High School

growing Education

Come on out and learn just how easy it is to grow & eat GREEN!

Meet us in the Shalom Park Community Garden to make mini-greenhouses for early plant starts. Gaining access to nutritious and delicious foods that your children will eat is easier than you think!

Sunday, March 6
12:15pm & 1:15pm
Shalom Park Community Garden
\$5 per family
To register, call 704-366-5007 or visit LJCC Customer Service Desk

SHALOM GREEN
Social Action = LJCC CARES
challenge JCC

like us! • facebook.com/levinejcc

* An annual administration fee of \$20 per individual or \$35 per family is required for non-member participation in programs and services.