Adults

Butterfly Project Volunteer Training

Join us to learn about volunteering for the Butterfly Project and/or for a refresher with the new curriculum!

Tuesday, September 6 9:30am - new volunteers 10am - returning volunteers **Family Place** butterflyproject@charlottejcc.org

Feeding the Hungry

Join us during Hunger Action Month to make bag lunches with peanut butter and jelly sandwiches for the Salvation Army's Center of Hope (homeless shelter for women and children.)

Sunday, 10-11:30am September 11 • Gorelick Hall

RSVP to julie.rizzo@charlottejcc.org for the Sign Up Genius link to register.

Music and the Holocaust

Sponsored by Jill and Ed Newman Join us for an ensemble of Charlotte Symphony musicians as they present a program of music significant during this period in history.

September 25 • 4-6pm Sam Lerner Center for Cultural Arts Tickets are \$18 available at LJCC **Customer Service Desk**

Adult Night Out

Funny Bus Tour. Laugh and learn about Charlotte! Travel through some of Charlotte's most interesting neighborhoods on an open-air bus. A "comedy style" tour highlights the sights and sounds of the Queen City!

Saturday, September 10 Meet up for dinner at Seventh Street Market (Uptown) where the bus departs. Dinner: 6:45pm Bus tour: 8-9:30pm

\$25 per person

Reservations and payment can be made at the LJCC Customer Service Desk robin.stier@charlottejcc.org

Rock Climbing

Adults 21+

Join fellow LJCC members for a different type of workout! Qualified instructors will guide us through this climbing experience. Wear comfortable clothing and sneakers (climbing shoes will be available for rent.) Light snacks and beverages will be provided.

Wednesday, September 14 6:30-8:30pm **Inner Peaks Climbing Center**

9535 Monroe Road, #170, Charlotte \$25 per person - Please make reservations at the LJCC Customer Service Desk by Wednesday, Sep 7 sharri.benjamin@charlottejcc.org

Adult Fencing Class

Ages 18+

Students will be introduced to learning the skills and footwork of basic fencing moments. Students will preform fencing drills combined with open fencing with other students. Equipment will be provided for use during class.

Wednesdays, 7-8pm September 7 – November 2 **Swimmer Family Aerobics Studio** M/\$160 B/\$96 NM/\$200

Open Bridge

Adults 50+

All levels are invited to play.

Tuesdays, 1-4pm Thursdays, 1-4pm - bring a group to play **Weinberg Adult Center**

Oasis/M/B/FREE NM/\$2 per session jill.lipson@charlottejcc.org

It's a Novel Thing!

Join the LJCC & Levine-Sklut Judaic Library Adult Book Club for this informal yet thought-provoking opportunity to share your love of fiction. Group discussions will be facilitated.

3rd Tuesday of each month 10:30am • FREE

Levine-Sklut Judaic Library 704-944-6780

TO REGISTER FOR PROGRAMS

Call 704-366-5007 OR

Visit the Levine JCC **Customer Service Desk**

Adult Programming

Stop by Weinberg Center on Thursday, Aug 25. from 8:30-10:30am to have a breakfast nosh and to hear about new, upcoming adult programs See you then!



MON-FRI • 9am-5pm Weinberg Senior



- ***** Enrichment Activities
- ***** Educational Seminars
- * Painting Classes
- * Monthly Field Trips
- ***** Exercise Classes
- * M/W/F Lunch

Please read our monthly newsletter online or pick up a hard copy in Weinberg Center.

If you have questions, contact: Jill Lipson • 704-944-6792 jill.lipson@charlottejcc.org







11am-2pm

SHIIP

Seniors' Health Insurance Information Program

Free Medicare Counseling Available year round! Please call Senior & Adult Director Jill Lipson at 704-944-6792 for information