



aquatics tennis racquetball sports leagues seasonal camps teens , afterschool programs childcare senior programs

Teens

Spring Youth Soccer Leagues

Girls and Boys (9th–12th Grade)

Member Registration opens February 2

Non-member Registration opens February 19

March 12 – May 22

M/\$175 B/\$105 NM/\$215

704-944-6867 • daniela.becker@charlottejcc.org

Teen Camp Reunion

6th–7th Grade (that attended Teen Camp 2016)

2016 Campers will meet at Sports Connection for pizza, to discuss trip and activity ideas for this summer, and then enjoy some bowling, arcades, and laser tag. Drop-off and Pick-up at the LJCC Teen Lounge or meet us at 6:30pm at Sports Connection.

February 11 • 6–9:30pm

FREE

College 101

9th–12th Grade

De-mystify the college admission process. Choose 3 seminars from a wide selection of topics such as: an overview of college admissions, determining college fit, writing the college essay, and financial aid. For more information visit: www.collegeadmission101.org

February 12 • 2–5:15pm

\$60 individual or \$120 per family by February 3

After 2/3, \$70 individual or \$140 per family

Mitzvah Program

6th–8th Grade

Volunteer to do your part in Tikkun Olam, “healing the world”. Pizza lunch is included.

February 20 – Adopt a Street Program and making party bags for Bright Blessings

10am–12pm • LJCC Teen Lounge

Bright Blessings

Join us for a service project to bring joy, care and hope to more than 8,000 homeless children this year.

Sunday, February 5 • 1:30–3pm

1150-C Crews Road Matthews, NC

Adults

Ladies' Night Out

Belk Theater Event – *The Bodyguard*

Smash musical hit based on the movie! Must register by Friday, March 3.

Thursday, March 9

Meet for dinner at 6:15pm (Restaurant TBD)

M/\$38 B/\$35 /NM \$40

704-944-6737 • robin.stier@charlottejcc.org

Painting & Beyond Art Class

Adults 50+

1st, 2nd & 3rd Mondays of the month

10-11:30am • Room A110

Oasis/M/ \$5 per class NM/ \$10 per class

Register with LJCC Customer Service 704-366-5007

Masters Swim Program

Mondays/Wednesdays/Fridays • 6–7am

2 classes per week: M/\$40 NM/\$55

Unlimited classes per week: M/\$60 NM/\$75

It's a Novel Thing!

LJCC & Levine-Sklut Judaic Library Adult Book Club

3rd Tuesday of each month, 10:30am • Free

For more information or location, contact the

Levine-Sklut Judaic Library at (704) 944-6780

Writing Class: Tales to Treasure - How to Discover and Write Compelling Family Stories

Adults 21+

Tuesdays, 7–8pm • March 7 – 28 (4 classes)

Room A110 • Instructor: Dana Kumerow

M/\$54 B/\$48 NM/\$60

Register with LJCC Customer Service 704-366-5007

by Thursday, March 2. 704-944-6753 or

shari.benjamin@charlottejcc.org

SHIIP Seniors' Health Insurance Information Program

Free Medicare Counseling Available year round! Please call Senior & Adult Director Jill Lipson at 704-944-6792 for information



American Red Cross[®] Lifeguard Class



Please note: For each class you must attend all dates and times to satisfy the course requirements.

Lifeguard Training

■ **A** Monday 2/6/17 – Thursday 2/9/17
4:30–9pm

■ **B** Monday 4/10/17 – Thursday 4/13/17
(during Spring Break)
Mon:10am–3:30pm • Tue:1:30–5:30pm
Wed:1:30–7:30pm • Thu:1:30–6:30pm

■ **C** Monday 5/15/17 – Thursday 5/18/17
4:30–9pm

■ **D** Monday 6/12/17 – Thursday 6/15/17
4:30–9pm

Lifeguard Recertification

■ **A** Wednesday 3/1/17 – Thursday 3/2/17
4–9pm

■ **B** Wednesday 4/26/17 – Thursday 4/27/17
4–9pm

■ **C** Wednesday 5/24/17 – Thursday 5/25/17
4–9pm

Certification M/\$179 B/\$99 NM/\$199

Recertification M/\$169 B/\$89 NM/\$189

704-944-6746 • joshua.steinberger@charlottejcc.org

Exploring Meditation

Adults 21+

Come learn how to calm your mind, cultivate greater presence and compassion, and focus in your daily life. Each hour-long class will focus on a different type of meditation practice technique. Take one class, or take them all, to discover what practice resonates with you.

Tuesdays, 6–7pm

February 7 – Breath Meditation

Breathing and breath-focused meditation practice

March 7 – Yoga Nidra

Guided body scan meditation practice

April 4 – Metta Meditation

Loving-Kindness meditation practice

M/\$12 B/\$10 NM/\$15

Register online, at the LJCC Customer Service Desk or call 704-366-5007

704-944-6753 or
shari.benjamin@charlottejcc.org

LJCC Department Directory

Please contact us you have questions!

Membership

Susan Lerner 704-944-6741
susan.lerner@charlottejcc.org

Early Childhood

Patty Torcellini 704-944-6891
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K-5th Grade Programs

Mitch Ormand 704-944-6733
mitch.ormand@charlottejcc.org

Teen Programs

Jessie Cohen 704-944-6739
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Adults & Seniors/Oasis

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Sports

Stephanie Garner 704-944-6743
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Aquatics / Swim Team

Joshua Steinberger 704-944-6746
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LJCC Tennis / CRUSH

Greg O'Connor 704-944-6748
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Visual/Performing Arts

Susan Gundersheim 704-944-6778
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J-Childcare

Maxine Serrano 704-944-6726
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Social Action

Julie Rizzo 704-944-6730
julie.rizzo@charlottejcc.org

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*An annual administration fee of \$20 per individual or \$35 per family is required for non-member participation in programs and services.