

tantalizing. We usually took off our clothes. Back then, we were so open to each other, so trusting. We gave each other such delight.

As we grew up, we closed a little year by year. Sex lost its innocence. Even worse, we learned not to be intimate physically or emotionally.

Now there's a workshop that helps gay and bisexual men break through the barriers we've erected that block our ability to love ourselves and others unconditionally. In this safe and nurturing workshop, we learn again to openly enjoy sensuality, closeness, massage. We look at assertiveness, personal myths, empowerment.

Actually, we've had unconditional love in us all along. We just have to learn how to find it again. Please join us.

Introduction to CONNECTIONS workshops: Mondays, 7:30 p.m. Level 1 (no nudity) weekends: July 12-13, Aug. 9-10 or Sept. 13-14. Level 2 (some nudity) weekends: Sept. 26-27-28 or Oct. 24-25-26.

For price and registration details, call Clay Felts, 704/553-0735.



CONNECTIONS, 4901 Linford Dr., Charlotte, N.C. 28210

To arrange a CONNECTIONS workshop in your area, please call or write.

"A Cruise To Remember," they're called, and they'll take place Feb. 14-21 and March 21-28, 1987, on the SS Bermuda Star. But the February cruise is booked up; the March cruise has only relatively expensive cabins left.

The first one ever in early months of 1986 brought together more than 700 gay men cruising from New Orleans to Key West and Cozumel. Next year, a company called RSVP Travel Productions Inc. will do it

Charlotte's lucky. There are 18 members of a group called International Gay Travel Associates in the United States, and Kim Frankenfield of International Travel Club on Third Street is one of them.

Frankenfield and International Travel Club are not in the business of finding the lowest fare for you to Atlanta ... or anywhere else. But Frankenfield can help you arrange one of the most reliable, hassle-free gay or lesbian vacations of your life. So can other travel agency professionals in Charlotte who happen to be gay. But Frankenfield is the only Charlottean who is a member of IGTA. And he works for a rare firm indeed — one that makes no secret of having an agent who can readily serve the gay market.

And he can assist if you want to participate in "A Cruise To Remember." He makes the point that for the cruise a voter's registration card and/or a passport are required. Voter registration cards are free at the Board of Elections. A passport, good for ten years, costs \$50 and a photograph must be provided

Prices for the cruise itself, departing from New Orleans, range up to \$1,595, depending on cabin location and occupancy. Lodging per night at the Hotel Mendien in New Orleans before and after the trip is from \$55 to \$105.

You make your own arrangements getting to New Orleans.

Want to be a part of 1987's "A Cruise To Remember"? Call Frankenfield at 372-5200 and ask him to send a brochure.

This column will be a regular feature of Q-Notes. Each month, a different vacation idea will be presented from a gay and lesbian perspective. And each month, there will be a question-and-answer section. We'll take your questions and present them to travel professionals who can be upfront about their gay-

ness and whom they work for. Also: we want commentary from travel agents AND travelers. Travel agents can be guest columnists. highlighting subjects of their choice. Travelers: we want to hear of good and bad experiences you've had on "gay" or "lesbian" vacations, tours, cruises and the like.

If you must, we'll consider an anonymous letter for publication. But you must sign your name and provide your day and night phone numbers and mailing address. NOT TO WORRY! We won't publish anything about you without your permission. Telling us who you are and how to reach you simply helps us verify that you sent something and aren't just joshing.

Send written questions for the Q&A section as well as commentary to Q-Notes Travel Column, c/o Don King, 331 East Blvd. #3, Charlotte 28203. (Sorry, we can't take ques-

tions by phone).

Closed
Saturdays Starting July 5 CAROLINA NO-ATH 3018 THE PLAZA MONDAYS. Movies, munchies, bar specials. TUESDAYS. 75-cent beer. WEDNESDAYS. 50-cent schnapps and wine. THURSDAYS. 25-cent draft. SUNDAYS. Open 2 p.m. for volleyball and buffet. The school of the school FRIDAYS. 25-cent draft. New Memberships Due First July Visit \$5 BEFORE JULY 1

Open Wednesdays! Now