

## Playing Doctor Was So Delicious.

You remember: it was scary, tantalizing. We usually took off our clothes. Back then, we were so open to each other, so trusting. We gave each other such delight.

As we grew up, we closed a little year by year. Sex lost its innocence. Even worse, we learned not to be intimate — physically or emotionally.

Now there's a workshop that helps gay and bisexual men break through the barriers we've erected that block our ability to love ourselves and others unconditionally. In this safe and nurturing workshop, we learn again to openly enjoy sensuality, closeness, massage. We look at assertiveness, personal myths, empowerment.

Actually, we've had unconditional love in us all along. We just have to learn how to find it again. Please join us.

Introduction to CONNECTIONS workshops: Mondays, 7:30 p.m.

Level 1 (no nudity): Sept. 13-14 or Nov. 8-9.

Level 2 (some nudity): Sept. 26-27-28, Oct. 24-25-26, or Dec. 5-6-7.

For price and registration details, call Clay Felts, 704/553-0735.

An Experience Of  
Intimacy For Men

### CONNECTIONS



CONNECTIONS, 5901 Linford Dr.,  
Charlotte, N.C. 28210

To arrange a CONNECTIONS workshop in your area, please call or write.



## Kooyman Warns Of Signs Of Infection By AIDS Virus

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condom if it helps relieve the awkwardness. It boils down to being honest and telling someone, for instance, "Hey, I think you're really hot. And I want to spend some time with you. But I'm trying to take care of my health and I won't risk yours either." That can open up things right there. If the other person has a negative attitude toward safe sex . . . well, you really shouldn't want to go to bed with them no matter how hot they are. It can all still be magical and fun and spontaneous if you discuss it before you get to someone's home.

**Q-NOTES: What else do you feel people need to know about AIDS?**

**Kooyman:** They need to understand that this is not something that happens to "other people." It is happening right here in Charlotte and it touches a lot of lives and is growing. In 1984 there were only 17 known cases in all of North Carolina. In 1985 there were 64 confirmed cases. This year we could see 30 cases more than last year. We are finding more test-positive people. AIDS-related complex (ARC) is increasing.

**Q-NOTES: Since there is no real test to determine in advance that a person has the disease, when should people be concerned if they suspect something is wrong?**

**Kooyman:** That's difficult to answer, but there are some guidelines. We each need to see a doctor who is knowledgeable and sympathetic to our concerns as gay men. You need to let your doctor know you are gay. That's really hard for some people to do. That's why we maintain a referral list for people who contact our hot-line. Now, as far as

when someone should be concerned about their health, usually AIDS symptoms are pretty severe. It could include swollen glands — the neck, arm pits and groin, usually two of the three. Probably excessive diarrhea that persists two or three weeks. Also thrush, (a white coating on the inside of your mouth) along with a sore throat perhaps. Additionally, many people go to their doctor complaining of extreme fatigue to the point where they don't feel like getting out of bed in the morning.

**Q-NOTES: What is the first step that the doctor will want to take to confirm or deny that these symptoms may be as a result of AIDS?**

**Kooyman:** The first thing you may be asked to do is to take the test to see if you have been exposed to the AIDS virus. That's when you say, "Okay, but I'll take the test anonymously at the health department." That's because you don't want that as part of your medical record. In fact, that's the only time we recommend that you take the test — if your doctor requests the information.

**Q-NOTES: Are people overly concerned?**

**Kooyman:** At times. All of us have some of these symptoms from time to time . . . fatigue, sweating at night or simple diarrhea. It's the severe symptoms that are persistent, perhaps a combination of symptoms, that need checking out. The best thing to do, if you are concerned, is to talk to someone about it. Call our hot-line, talk to a doctor, and, above all, be honest.

# OLEEN'S

A Charlotte Landmark For 17 Years  
At 1831 South Boulevard ☐ 373-9604

### September Specials

#### WEDNESDAYS

"C&W Night"

- Country Music All Night
- Pool Tournament — \$20 Prize
- House Drinks \$1.50
- Schnapps 75¢

#### THURSDAYS

"New Wave Night"

- Party With DJ Mark
- New Wave Music All Night
- All The Canned Beer You Want
- \$5 Members, \$6 Guests

#### SUNDAYS

Open At 3 p.m.

- Free Pool 'Til 8
- House Drinks \$1.50
- Schnapps \$1
- Win One Of Oleen's Hand-Made Pound Pooches

### September Shows

SEPT. 5-6

Gerri O'Neal, Tina Terrell

SEPT. 12-13

Sasha Tate, Gypsy Starr

SEPT. 19-20

Jerry Holiday & Puppets as well as Lola

SEPT. 27

Tina Terrell's 12th Anniversary Party



Jerry Holiday And Friend  
Performing Sept. 19 and 20