

crunch of the dating scene pick up the phone, call someone and esk them to spot you while you do your sit-ups.

If you're feeling the

To place your Free Instant Ad, call 1-900-370-2016 or complete the coupon in the personals section in this issue





Present this pass or call our FREE Membership Hotline at (704) 565-5096 for ten FREE days at Charlotte's #1 Fitness Center. No Hassles, No Pressure! No obligation - WE PROMISE! **Our "TRY BEFORE YOU BUY" Guarantee** FAMILY DISCOUNT — We recognize ALL families. including domestic partnerships

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Open 24

Charlotte's LARGEST Facility • Charlotte's LOWEST Rates! ALL FEATURES LISTED ARE INCLUDED FREE WITH MEMBERSHIP

- Full Line Of Nautilus
- Aerobics class/video aerobics
- Karate, boxing training
- Regulation boxing ring
- Lounge

- Wide Range of Cardio Equip.
- Huge free weight facility
- 1-on-1 certified trainers
- High tech power sized circuit
- Registered nurse and dietician
- Sauna-Steamroom
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- Huge- safe parking lot
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CORPORATE & STUDENT

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SHORT TERM **MEMBERSHIPS AVAILABLE**