

InTouch

body therapy

Our goal is to help restore your quality of life by alleviating pain and stress through the proper application of therapeutic massage and related modalities.

These include:

Neuromuscular Massage... Deep tissue bodywork focused on dysfunctions of the muscular system caused by improper body alignment, repetitive movement, overuse, hyperextension and other factors.

Reflexology... Healing form focused on the zones of the hands and feet.

Acupressure... Healing form focused on the qi points throughout the body. (This form is essentially acupuncture without the needles.)

Reiki... Healing form focused on the body's seven energy centers (chakras).

Gift certificates available:

Half hour
\$30

Hour
\$55

Hour and a half
\$80



David Stout,
LMBT # 2204

As a state licensed and nationally certified massage therapist, I understand the importance of good health and am committed to helping you enjoy life to the fullest. I strive to provide the best services that money can buy at rates everyone can afford.

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Center director to resign

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director from 1995-2001. Following his departure the organization eventually folded. Since that time Kirsch's energies have been directed towards CLGCC.

Located at 1401 Central Ave., the space boasts 3,640 square feet that includes community, conference and resource rooms and office space for four other lesbian and gay organizations. Together, Kirsch and the CLGCC board raised over \$120,000 to cover all construction costs. With a grand opening on Feb. 1, 2003, the first year saw over 7,000 visits to more than 480 programs, events and meetings.

CLGCC has recently started a successful campaign that allows donors to make a three-year commitment to finance programs and operations (budget is around \$180,000 per year) and is also launching its annual member campaign this month.

"We appreciate what Dan has helped the community build in such a short time,"

Whiteside continued. "The center is financially healthy, has strong working relationships with area lesbian and gay organizations and most every day hosts programs or events that benefit the community. Dan will assist with the search for the new director and we expect a smooth transition. Our board is actively involved and is committed to continuing and growing the success of the center."

Although Kirsch has confirmed he will indeed leave this summer, no firm date has been set as of yet.

"Helping create the [LGBT] Center from the ground up has been a remarkable opportunity," said Kirsch. "I am so proud of what's been accomplished and know that The Center will impact many lives in the years to come."

CLGCC has begun a national search for the executive director. The job notice is posted at www.gaycharlotte.com/communitycenter.

Mark Smith contributed to this report.

A poll results

and the survey says ...

If you could change your sexual orientation by simply taking a pill, would you?

20% > Yes 80% > No

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